Job Task Analysis

Employer:	Stanislaus County
Occupation:	Library Assistant
Classification:	I & II
Company Contact:	Risk Management 1010 10 th Street Modesto, California 95354 (209) 525-5770
Date:	February 2010; Updated May 2019
Analysis Provided By:	Lyle Andersen, PT, CWCE Andersen Physical Therapy, Inc. 1917 Coffee Road Modesto, California 95355 (209) 549-4626

INTRODUCTION:

A complete job description is available through Stanislaus County Human Resources. The environmental factors, physical and functional demands for this Job Task Analysis were documented by Andersen Physical Therapy, Inc. The methodology for documentation consisted of on-site visits, using various measuring devices such as dynamometers and scales, as well as observation and interviews with employees and managers. A detailed record was made of the physical and functional demands of the job in terms of force pounds, weight, frequency, height, distance, anthropometric measurements, stamina, and degrees of range of motion. The determination of the frequencies of functional activities is based on standards provided by the National Institute for Occupational Safety and Health (NIOSH) and the Work Practice Guide for Manual Lifting (U.S. Department of Commerce, National Technical Information Service).

The Job Task Analysis is organized as follows: General work description; safety requirements; equipment; environmental factors; and physical/functional demands.

GENERAL WORK DESCRIPTION:

The frequency of the following activities may vary according to the physical requirements of the specific job tasks that the employee may be required to perform at random intervals.

Under the general supervision of the department manager, the *Library Assistant I & II* performs a wide variety of duties, including the ordering and cataloging of library barrowed inventory, and other collection maintenance activities such as discarding and mending of barrowed inventory.

SPECIFIC DUTIES: Available through the Human Resources Department at the County of Stanislaus.

http://www.stancounty.com/riskmgmt/risk-dm-jta-class-sub-main.shtm

<u>Safety Requirements</u>: All employees are required to observe company safety procedures and standards to insure individual and collective safety, in addition to avoiding unnecessary risk to oneself, co-workers, customers, and property.

Equipment:

- 1. 3-D printer
- 2. Bar code reader
- 3. Binders
- 4. Books
- 5. Box cutter
- 6. Cart
- 7. Cash register
- 8. CD player
- 9. Computer keyboard
- 10. Computer monitor
- 11. Computer mouse
- 12. Computer terminal
- 13. Copiers
- 14. Counter stools
- 15. Facsimile machine
- 16. File cabinets
- 17. iPad
- 18. Laminator. (PAT only 2)
- 19. Laptop/projector

- 20. Microfilm crank/dial
- 21. Microfilm machines
- 22. Paper cutter
- 23. Pens and pencils
- 24. Printer
- 25. Product lift jack
- 26. Safety ladder
- 27. Scissors
- 28. Staple remover
- 29. Stapler
- 30. Step stool
- 31. Tape dispenser
- 32. Telephone desk and cell phone
- 33. Televisions
- 34. Three hole punch
- 35. Vehicle
- 36. Video player/DVD player
- 37. Virtual reality
- 38. Wii game system

All employees within the **Library Assistant I & II** positions are required to provide physical assistance for all weight and frequency requirement needs of all job tasks in order to maintain a safe work environment. Employees must be physically capable of working in any of the job tasks within the **Library Assistant I & II** positions.

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ENVIRONMENTAL FACTORS

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The following percentages are given in terms of an eight-hour workday:

Seldom = 1% - 2% **Occasional** = 3% - 33%
 Frequent =
 34% - 66%

 Constant =
 67% - 100%

	ENVIRONMENTAL FACTORS	MAXIMUM FREQUENCY
1.	Unprotected heights: Step stool, step ladder	Seldom
2.	Being around moving machinery: Laminator, traffic	Occasional
3.	Exposure to marked changes in temperature and humidity:	Not Applicable
4.	Exposure to dust, fumes, smoke, gases, or other irritating substances (specify):	Not Applicable
5.	Driving: Vehicle	Occasional
6.	Exposure to excessive noise:	Not Applicable
7.	Exposure to radiant or electrical energy:	Not Applicable
8.	Exposure to solvents or chemicals:	Seldom
9.	Exposure to slippery or uneven walking surfaces:	Seldom
10.	Working below ground: Basement at Modesto Library only	Constant
11.	Unusual fatigue factors:	Not Applicable
12.	Working with explosives:	Not Applicable
13.	Excessive vibration:	Not Applicable
14.	Working with hands in water or other substance:	Not Applicable
15.	Working proximity:Alone: Closely with others:	Not Applicable Constant
16.	Working inside:	Constant
17.	Working outside: Selected employees may perform on an occasional basis	Not Applicable

FUNCTIONAL ACTIVITIES

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The frequency of the following activities may vary according to the physical requirements of the specific job tasks the employee may be required to perform at random intervals.

PHYSICAL AND FUNCTIONAL REQUIREMENTS

FREQUENCY DEFINITIONS	<u>SELDOM</u>	OCCASIONAL	FREQUENT	CONSTANT
Percent of the Day	1-2%	3-33%	34-66%	67-100%
Material Handling	1-4 Reps	5-32 Reps	33-250 Reps	251-2,000 Reps
Non Material Handling	1-4 Reps	5-32 Reps	33-250 Reps	251-2,000 Reps
Repetitive & Static Work	1-50 Reps	51-250 Reps	251-1,000 Reps	1,001-20,000 Reps

1.) **<u>PUSH</u>**: Pushing activities may require use of the back in conjunction with leg and arm musculature.

	MAXIMUM REQ	<u>UIREMENT</u>	
0-10 pounds:	Occasional		
11-25 pounds:	Seldom		
26-100 pounds:	Not Required	Maximum Force:	25 Pounds

Assistive Devices: 4-wheeled cart, hand truck. Additionally, one-person assistance is available with forces greater than 25 pounds.

Comments: Pushing is utilized with activities such as retrieving, returning, storing, adjusting, moving, and/or transporting equipment, and supplies (e.g. cart, door). The employee exerts up to 25 pounds of force in a horizontal plane from waist to shoulder height of a distance up to 200+ feet when performing job tasks (e.g. travel with cart to/from library barrowed inventory and/or basement; open/close door; table; chair placement).

2.) **PULL:** Pulling activities may require use of the back in conjunction with leg and arm musculature.

MAXIMUM REQUIREMENT			
0-10 pounds:	Occasional		
11-25 pounds:	Seldom		
26-100 pounds:	Not Required	Maximum Force:	<u>25</u> Pounds

Assistive Devices: 4-wheeled cart, hand truck. Additionally, one person assistance is available with forces greater than 25 pounds.

Comments: Pulling is utilized with activities such as retrieving, returning, storing, adjusting, moving, and/or transporting equipment, and supplies (e.g. cart, door). The employee exerts up to 25 pounds of force in a horizontal plane from waist to shoulder height of a distance up to 200+ feet when performing job tasks (e.g. travel with cart to/from library barrowed inventory and/or basement; open/close door; table; chair placement). *Pushing is the preferred method of moving carts.*

3.) **STAND-UP LIFT**: Lifting weighted objects between floor and waist height.

MAXIMUM REQUIREMENT

0-10 pounds: Seldom 11-100 pounds: Not Required

Maximum Force: <u>10</u> Pounds

Assistive Devices: One or more person(s) assistance is available with weights greater than 10 pounds.

Comments: A stand-up lift is utilized with activities such as retrieving, returning, storing, moving, transporting, equipment and supplies (e.g. library barrowed inventory). The employee lifts items weighing between <1 pound and 10 pounds from/to the floor or lower shelf when performing job tasks (e.g. books, pamphlets, binders, DVD/video/audio). *Safe lifting is performed by utilizing a posture of partial squatting and a straight back.*

4.) **<u>LEVEL LIFT</u>**: Lifting weighted objects from between waist and chest height level for a maximum horizontal distance of up to four feet.

	MAXIMUM RE(<u>)UIREMENT</u>	
0-10 pounds:	Frequent		
11-100 pounds:	Not Required	Maximum Force:	<u>10</u> Pounds

Assistive Devices: Hand truck/4-wheeled cart. Additionally, one or more person(s) assistance is available with weights greater than 10 pounds.

Comments: A level lift is utilized with activities such as retrieving, returning, storing, moving, transporting equipment and supplies (e.g. library barrowed inventory). The employee lifts items weighing between <1 pound and 10 pounds when performing job tasks (e.g. books, pamphlets, binders, DVD/video/audio; lift/drag chair).

5.) <u>WEIGHT CARRY</u>: Carrying weighted objects between waist and chest height beyond a distance of four feet.

 MAXIMUM REQUIREMENT

 0-10 pounds:
 Occasional

 11-100 pounds:
 Not Required
 Maximum Force:
 10 Pounds

Assistive Devices: Hand truck/4-wheeled cart. Additionally, one or more person(s) assistance is available with weights greater than 10 pounds.

Comments: Weight carry is utilized with activities such as retrieving, returning, storing, moving, transporting equipment and supplies (e.g. library barrowed inventory). The employee carries items weighing between <1 pound and 10 pounds between 5 feet and 200+ feet when performing job tasks (e.g. books, pamphlets, binders, DVD/video/audio; lift/drag chair).

6.) **<u>OVERHEAD LIFT/PULL DOWN</u>**: Lifting weighted object from/to chest and overhead height level.

	<u>MAXIMUM RE</u>	<u>QUIREMENT</u>	
0-10 pounds:	Occasional		
11-100 pounds:	Not Required	Maximum Force:	10 Pounds

Assistive Devices: A vertical ladder/step ladder/or step stool is available to bring items to eye or shoulder level. Additionally, one-person assistance is available with weights greater than 10 pounds.

Comments: Overhead lift/pull down is utilized with activities such as retrieving, returning, storing, adjusting, moving, transporting, equipment and supplies (e.g. library barrowed inventory). The employee lifts items weighing between <1 pound and 10 pounds to a maximum height of 84 inches when performing job tasks (e.g. books, binders, pamphlets, DVD/audio/video). *Variables to overhead reaching will be the employee's height and anthropometric reach*.

7.) OVERHEAD REACH:

MAXIMUM FREOUENCY: Occasional

Comments: Overhead reach is performed to a maximum height of 84 inches when retrieving, returning, storing, adjusting, transporting equipment and supplies (e.g. books, magazines, binders, DVD/videos, audio). *A ladder* (*appropriate height*) or step stool may be utilized to bring items to eye or shoulder level. Variables to overhead reaching will be the employee's height and anthropometric reach.

8.) FORWARD REACH:

MAXIMUM FREQUENCY: Frequent

Forward reach is performed to a maximum distance of 28 inches when retrieving, returning, storing, adjusting, moving, transporting, equipment and supplies (e.g. desktop work; reach for books, magazines, binders, videos, audio s, DVD, pamphlets, forms, documents, files, drawers, cabinets, cart; open/close door; lift, push/pull). *The degree of elbow extension required for reaching will vary according to the employee's anthropometric reach*.

9.) STOOP:

MAXIMUM FREQUENCY: Occasional

Comments: Stooping is performed when retrieving, returning, storing, adjusting, moving, transporting equipment and supplies (e.g. books, magazines, binders, videos, audio s, DVD, pamphlets, forms, documents, files, drawers, cabinets). *Variable to stooping will be the employee's height. Stooping of the head, trunk and knees can be minimized or avoided by substituting alternate positions of squatting, kneeling or bending when performing job tasks.*

10.) SOUAT: (Unloaded)

MAXIMUM FREQUENCY: Seldom

Squatting is performed when retrieving, returning, storing, adjusting, moving, transporting, equipment and supplies (e.g. books, magazines, binders, videos, audio, DVD, pamphlets, forms, documents, files, drawers, cabinets). Squatting may be minimized or avoided by substituting alternate positions of sitting, bending or kneeling. Partial squatting is a preferred lifting posture.

11.) FORWARD BEND:

MAXIMUM FREQUENCY: Occasional

Comments: Bending forward at the waist is performed when retrieving, returning, storing, adjusting, moving, transporting, equipment and supplies (e.g. books, magazines, binders, videos, audio s, DVD, pamphlets, forms, documents, files, drawers, cabinets; lift). Maximum forward trunk flexion required is 45 degrees. *Employee may minimize or avoid excessive forward bending of the trunk up to 80 degrees by using alternate positions of bending at the hips, kneeling, half kneeling, stooping, sitting or squatting.*

12.) **<u>TWIST</u>:**

MAXIMUM FREQUENCY: Occasional

Comments: Twisting at the waist is performed when retrieving, returning, storing, adjusting, moving, transporting, equipment and supplies (e.g. books, magazines, binders, videos, audio s, DVD, pamphlets, forms, documents, files, drawers, cabinets; drive vehicle). *Twisting at the waist may be minimized by turning the whole body, including the feet and working from a swivel chair.*

13.) <u>TURN</u>:

MAXIMUM FREQUENCY: Occasional

Comments: Turning is performed when retrieving, returning, storing, adjusting, moving, transporting equipment and supplies (e.g. books, magazines, binders, videos, audio s, DVD, pamphlets, forms, documents, files, cabinets).

14.) KNEEL:

MAXIMUM FREQUENCY: Seldom

Comments: Kneeling is performed when retrieving, returning, storing, adjusting, moving, transporting equipment and supplies (e.g. books, magazines, binders, videos, audio s, DVD, pamphlets, forms, documents, files, drawers, cabinets). *Kneeling may be minimized or avoided by substituting alternate positions of bending, sitting, squatting, or half kneeling.*

15.) <u>CRAWL</u>:

MAXIMUM FREQUENCY: Not Required

Comments: Crawling is not required to perform job tasks.

16.) STAIR CLIMB:

MAXIMUM FREQUENCY: Not Required

Comments: Stair climb is not required in order to perform job tasks. Elevators are available.

17.) **LADDER CLIMB**:

MAXIMUM FREQUENCY: Seldom

Comments: Ladder climbing is required to perform job tasks (e.g. create and/or maintain bulletin board; store and retrieve book, audio, video, DVD). *Variables to overhead climbing will vary according to the employee's height and anthropometric reach. Safety ladder is available. Additionally, 2-step stool is available.*

MAXIMUM FREQUENCY: Frequent

Comments: Walking is performed when retrieving, returning, storing, adjusting, moving, transporting, equipment and supplies (e.g. management of inventory; security check; locate miscellaneous circulation and/or reference barrowed inventory; customer assistance; push/pull carts). Walking length varies between 3 feet and 200+ feet depending on job task.

19.) **SIT**:

MAXIMUM FREQUENCY: Frequent

Comments: Sitting is performed for a maximum of 120-minute intervals when performing job tasks (e.g. desktop work; research; read to children). Travel between library sites maybe required occasionally.

20.) STAND: (Static)

MAXIMUM FREQUENCY: Frequent

Comments: Static standing is performed for a maximum of 120-minute intervals when retrieving, returning, storing, adjusting, moving and/or handle barrowed inventory, equipment, controls, and supplies (e.g. stand to monitor reference desk operation, locate miscellaneous circulation and/or reference barrowed inventory; handle customer queries for library barrowed inventory, services and/or policies).

21.) **BALANCE:**

MAXIMUM FREQUENCY: Frequent

Comments: Adequate balance is required for safe walking, standing, climbing, reaching and lifting.

22.) HAND/FOOT CONTROL:

MAXIMUM REQUIREMENT

HAND:	
Right:	Occasional
Left:	Occasional
Both:	Occasional
Either:	Not Required
FOOT:	
Right:	Occasional
Left:	Seldom
Both:	Not Required
Either:	Not Required

Comments: Hand/Foot controls are required to perform job tasks (e.g. drive vehicle).

23.) UPPER AND LOWER EXTREMITY COORDINATION:

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Simple Grasp:	Frequent
Firm Grasp:	Occasional
Fine Manipulation:	Frequent
Eye/Hand Coordination:	Frequent
Hand/Foot Coordination:	Occasional

Comments: Grasping and coordination activities are performed when retrieving, returning, storing, adjusting, moving and/or transporting the library collection (e.g. books, carts, magazines, pamphlets, audio-visuals).

Simple grasping is utilized to perform job tasks (e.g. lift and manipulate objects weighing less than 5 pounds; operate miscellaneous office equipment, push/pull cart, handle books, magazines, pamphlets, microfilm, videos, DVD; drive vehicle).

Firm grasping is utilized to perform job tasks (e.g. lift and handle objects weighing 5 pounds or greater; operate miscellaneous office equipment, push/pull cart, handle books, magazines, pamphlets, microfilm, video, DVD).

Fine manipulation is utilized to perform job tasks (e.g. keyboard, mouse; copier, facsimile and audio-visual machine, alarm system, door key padlock, page turn, sort, book turn/flip, handwrite; money handling).

Eye/hand coordination is utilized to perform job tasks (e.g. computer keyboard, mouse; VCR, copier, facsimile machine, alarm system, door key padlock, page turn, book turn/flip, handwrite; drive vehicle).

Hand/foot coordination is utilized to perform job tasks (e.g. drive vehicle).

Depending on individual hand dominance, one hand may be used more frequently than the other when performing job tasks.

24.) CERVICAL (NECK) MOVEMENT:

]	MAXIMUM REQUIREMENT
Static Neutral Position:	Frequent
Flexing:	Frequent
Rotating:	Frequent
Extending:	Occasional

Comments: Neck movement is required when performing job tasks (e.g. desktop work, collection search; operate miscellaneous office equipment, push/pull cart, handle books, magazines, pamphlets, microfilm, videos; drive vehicle). *Participation in the observation of the work environment allows for safe working conditions. Full cervical range of motion is required to safely perform the job tasks.*



Stanislaus County JOB TASK ANALYSIS SUMMARY

FREQUENCY DEFINITIONS

Percent of the Day Material Handling Non Material Handling Repetitive & Static Work SELDOM 1-2% 1-4 Reps 1-4 Reps 1-50 Reps OCCASIONAL 3-33% 5-32 Reps 5-32 Reps 51-250 Reps

34-66% 33-250 Reps 33-250 Reps 251-1,000 Reps

FREQUENT

CONSTANT 67-100% 251-2,000 Reps

251-2,000 Reps

1,001-20,000 Reps

The following is a summary of the physical demands of the Job Task Analysis that were obtained for the position of:

LIBRARY ASSISTANT I & II

Functional Activities	Maximum Requirements	Functional Activities	Maximum Requirements
Push (Force) ¹	25 pounds	Stair Climb	Not Required
Pull (Force) ¹	25 pounds	Ladder Climb ¹	Seldom
Stand Up Lift ¹	10 pounds	<i>Walk</i> ¹	Frequent
Level Lift ¹	10 pounds	Sit ¹	Frequent
Weight Carry ¹	10 pounds	Stand (Static) ¹	Frequent
Overhead Lift/Pull Down	10 pounds	Balance ¹	Frequent
Overhead Reach ¹	Occasional	Hand Control	Occasional
Forward Reach ¹	Frequent	Foot Control	Occasional
<i>Stoop</i> ¹	Occasional	Simple Grasp ¹	Frequent
Squat (Unloaded)	Seldom	Firm Grasp ¹	Occasional
Forward Bend ¹	Occasional	Fine Manipulation ¹	Frequent
Twist ¹	Occasional	Eye/Hand Coordination ¹	Frequent
Turn ¹	Occasional	Hand/Foot Coordination ¹	Occasional
Kneel	Seldom	Cervical (neck) Movement ¹	Frequent
Crawl	Not Required		

¹ The critical demands of the job.

Lyle andersen, PT

Date:	Date:	_
Lyle Andersen, PT, CWCE	Contact Person	
Preparer Signature	Title	
OCAM WONGER 7/2	0 [C] Date:	
Contact Person () () ()	Contact Person	-
Title	Title	

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