Job Task Analysis

Employer:	Stanislaus County
Occupation:	Fire Prevention Specialist
Classification:	I, II, III
Company Contact:	Risk Management 1010 10 <sup>th</sup> Street Modesto, California 95354 (209) 525-5770
Date:	January 2007; August 2018
Analysis Provided By:	Lyle Andersen, PT, CWCE Andersen Physical Therapy, Inc. 1917 Coffee Road Modesto, California 95355 (209) 549-4626

# INTRODUCTION:

A complete job description is available through Stanislaus County Human Resources. The environmental factors, physical and functional demands for this Job Task Analysis were documented by Andersen Physical Therapy, Inc. The methodology for documentation consisted of on-site visits, using various measuring devices such as dynamometers and scales, as well as observation and interviews with employees and managers. A detailed record was made of the physical and functional demands of the job in terms of force pounds, weight, frequency, height, distance, anthropometric measurements, stamina, and degrees of range of motion. The determination of the frequencies of functional activities is based on standards provided by the National Institute for Occupational Safety and Health (NIOSH) and the Work Practice Guide for Manual Lifting (U.S. Department of Commerce, National Technical Information Service).

The Job Task Analysis is organized as follows: General work description; safety requirements; equipment; environmental factors; and physical/functional demands.

#### GENERAL WORK DESCRIPTION:

The frequency of the following activities may vary according to the physical requirements of the specific job tasks that the employee may be required to perform at random intervals.

Under the general supervision of the department manager, the Fire Prevention Specialist I, II, III performs a variety of duties and support of fire Prevention and education. Inspects residential, commercial, and industrial buildings in a thorough and adequate manner. Detects fire hazards and deviations from fire codes and standards. Performs related duties as assigned.

**SPECIFIC DUTIES:** Available through the Human Resources Department at the County of Stanislaus.

#### https://www.governmentjobs.com/careers/stanislaus/classspecs

<u>Safety Requirements</u>: All employees are required to observe company safety procedures and standards to insure individual and collective safety, in addition to avoiding unnecessary risk to oneself, co-workers, customers, and property.

#### Equipment:

- 1. Calculator
- 2. Computer
- 3. Cones/barricade/signs
- 4. Fire extinguisher
- 5. Flashlight
- 6. Hand-held electronic device
- 7. Hydrant diffuser
- 8. Hydrant wrench

- 9. Keyboard/mouse
- 10. Radio
- 11. Reel tape/measure
- 12. Ruler
- 13. Safety ladder
- 14. Tape (measure/pocket)
- 15. Vehicle ladder

All employees within the **Fire Prevention Specialist I, II, & III** position are required to provide physical assistance for all weight and frequency requirement needs of all job tasks in order to maintain a safe work environment. Employees must be physically capable of working in any of the job tasks within the **Fire Prevention Specialist I, II, & III** position.

# **ENVIRONMENTAL FACTORS**

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# The following percentages are given in terms of an eight-hour workday:

**Seldom** = 1% - 2% **Occasional** = 3% - 33% Frequent =34% - 66%Constant =67% - 100%

	ENVIRONMENTAL FACTORS	MAXIMUM FREQUENCY
1.	Unprotected heights: Ladder, rooftop	Seldom
2.	Being around moving machinery: Traffic, construction site	Occasional
3.	Exposure to marked changes in temperature and humidity: outside temperatures may seasonally vary between 28-110 degrees.	Occasional
4.	Exposure to dust, fumes, smoke, gases, or other irritating substances (specify): Respiratory protection is available	Seldom
5.	Driving: Vehicle	Frequent
6.	Exposure to excessive noise: <i>Hearing protection is available</i>	Occasional
7.	Exposure to radiant or electrical energy:	Not Applicable
8.	Exposure to solvents or chemicals: Refer to MSDS document.	Seldom
9.	Exposure to slippery or uneven walking surfaces:	Occasional
10.	Working below ground:	Seldom
11.	Unusual fatigue factors:	Not Applicable
12.	Working with explosives:	Seldom
13.	Excessive vibration:	Not Applicable
14.	Working with hands in water or other substance:	Seldom
15.	Working proximity:Alone: Closely with others:	Frequent Frequent
16.	Working inside:	Frequent
17.	Working outside:	Frequent

# **FUNCTIONAL ACTIVITIES**

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The frequency of the following activities may vary according to the physical requirements of the specific job tasks the employee may be required to perform at random intervals.

#### PHYSICAL AND FUNCTIONAL REQUIREMENTS

FREQUENCY DEFINITIONS	<u>SELDOM</u>	<b>OCCASIONAL</b>	<b>FREQUENT</b>	<b>CONSTANT</b>
Percent of the Day	1-2%	3-33%	34-66%	67-100%
Material Handling	1-4 Reps	5-32 Reps	33-250 Reps	251-2,000 Reps
Non Material Handling	1-4 Reps	5-32 Reps	33-250 Reps	251-2,000 Reps
Repetitive & Static Work	1-50 Reps	51-250 Reps	251-1,000 Reps	1,001-20,000 Reps

1.) **<u>PUSH</u>**: Pushing activities may require use of the back in conjunction with leg and arm musculature.

MAXIMUM REQUIREMENT			
0-10 pounds:	Occasional		
11-25 pounds:	Seldom		
26-100 pounds:	Not Required	<b>Maximum Force:</b>	<u>25</u> Pounds

#### Assistive Devices: Not Required.

*Comments:* Pushing is utilized with activities such as adjusting equipment (e.g. door). The employee exerts up to 25 pounds of force in a horizontal plane between waist and shoulder height of a distance up to 5 feet when performing job tasks (e.g. open/close door, drawer, file, cabinet; gate).

2.) <u>PULL</u>: Pulling activities may require use of the back in conjunction with leg and arm musculature.

MAXIMUM REQUIREMENT				
0-10 pounds:	Occasional			
11-25 pounds:	Seldom			
26-100 pounds:	Not Required	Maximum Force:	<u>25</u> Pounds	

#### Assistive Devices: Not Required.

*Comments:* Pulling is utilized with activities such as adjusting equipment (e.g. cart, door). The employee exerts up to 25 pounds of force in a horizontal plane between waist and shoulder height of a distance up to 5 feet when performing job tasks (e.g. open/close door, drawer, file, cabinet; gate). *Pushing is the preferred method of moving carts.* 

#### 3.) STAND-UP LIFT: Lifting weighted objects between floor and waist height.

MAXIMUM REQUIREMENT				
0-10 pounds:	Seldom			
11-25 pounds:	Seldom			
26-35 pounds:	Seldom			
36-50 pounds:	Seldom			
51-100 pounds:	Not Required	Maximum Force:	<u>40</u> Pounds	

Assistive Devices: One or more person(s) assistance is available with weights greater than 40 pounds.

*Comments:* A stand-up lift is utilized with activities such as retrieving, returning, storing, adjusting and/or transporting equipment (e.g. safety ladder, vertical ladder). The employee lifts items weighing between <1 pound and 40 pounds from/to 36 inches off the floor when performing job tasks (e.g. brief case/satchel for code compliance at construction site; office documents; code books; files; plan document; fire extinguisher; hydrant diffuser). *Safe lifting is performed by utilizing a posture of partial squatting and a straight back.* 

4.) **LEVEL LIFT:** Lifting weighted objects from between waist and chest height level for a maximum horizontal distance of up to four feet.

MAXIMUM REQUIREMENT				
0-10 pounds:	Occasional			
11-25 pounds:	Seldom			
26-35 pounds:	Seldom			
36-50 pounds:	Seldom			
51-100 pounds:	Not Required	Maximum Force:	<u>40</u> Pounds	

Assistive Devices: One or more person(s) assistance is available with weights greater than 40 pounds.

*Comments:* A level lift is utilized with activities such as retrieving, returning, storing, adjusting and/or transporting equipment (e.g. safety ladder, vertical ladder). The employee lifts items weighing between <1 pound and 40 pounds when performing job tasks (e.g. inspect for code compliance at construction site; office documents; code books; files; plan document; fire extinguisher; hydrant diffuser).

5.) <u>WEIGHT CARRY</u>: Carrying weighted objects between waist and chest height beyond a distance of four feet.

MAXIMUM REQUIREMENT			
0-10 pounds:	Seldom		
11-25 pounds:	Seldom		
26-35 pounds:	Seldom		
36-50 pounds:	Seldom		
51-100 pounds:	Not Required	Maximum Force:	<u>40</u> Pounds

Assistive Devices: One or more person(s) assistance is available with weights greater than 40 pounds.

*Comments:* Weight Carry is utilized with activities such as retrieving, returning, storing, adjusting and/or transporting equipment (e.g. safety ladder, vertical ladder). The employee carries items weighing between <1 pound and 40 pounds between 5 feet and 25 feet when performing job tasks (e.g. inspect for code compliance at construction site; office documents; code books; files; plan document; fire extinguisher; hydrant diffuser).

#### 6.) **<u>OVERHEAD LIFT/PULL DOWN</u>**: Lifting weighted object from/to chest and overhead height level.

MAXIMUM REQUIREMENT0-100 pounds:Not RequiredMaximum Force:0Pounds

*Comments:* Overhead lift/pull down is not required when performing job tasks. *Variables to overhead reaching will be the employee's height and anthropometric reach.* 

#### 7.) OVERHEAD REACH:

MAXIMUM FREQUENCY: Seldom

*Comments:* Overhead reach is performed to a maximum height of 84 inches when inspecting code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. reach overhead for attic door access; ladder climb; locate door listing labels). *A ladder (appropriate height) or step stool may be utilized to bring items to eye or shoulder level. Variables to overhead reaching will be the employee's height and anthropometric reach* 

#### 8.) FORWARD REACH:

#### MAXIMUM FREQUENCY: Frequent

*Comments:* Forward reach is performed up to a distance of 28 inches when inspecting code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. reach lateral or forward to measure; ladder climb; drive vehicle; desktop work; evaluate fire extinguisher, hose cabinet, fire alarm, hood and duct system). *The degree of elbow extension required for reaching will vary according to the employee's anthropometric reach.* 

#### 9.) <u>STOOP</u>:

#### MAXIMUM FREQUENCY: Seldom

**Comments:** Stooping is performed when inspecting for code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. stoop to reach below waist height to inspect pressure gauge, plumbing, electrical outlets, vent, attic, crawl space). Variable to stooping will be the employee's height. Stooping of the head, trunk and knees can be minimized or avoided by substituting alternate positions of squatting, kneeling or bending when performing job tasks.

#### 10.) SOUAT: (Unloaded)

MAXIMUM FREQUENCY: Seldom

**Comments:** Squatting is performed when inspecting for code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. squat to reach below waist height to inspect pressure gauge, plumbing, electrical outlets, vent, attic, crawl space). Squatting may be minimized or avoided by substituting alternate positions of bending or kneeling. Partial squatting is a preferred lifting posture.

## 11.) FORWARD BEND:

MAXIMUM FREQUENCY: Occasional

**Comments:** Bending forward at the waist is performed when inspecting for code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. bend to reach below waist height to inspect pressure gauge, plumbing, electrical outlets, vent, attic, crawl space). Maximum forward trunk flexion required is 60 degrees. *Employee may minimize or avoid excessive forward bending of the trunk up to 80 degrees by using alternate positions of bending at the hips, kneeling, half kneeling, stooping, sitting or squatting.* 

### 12.) **<u>TWIST</u>:**

MAXIMUM FREQUENCY: Occasional

*Comments:* Twisting at the waist is performed when inspecting for code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. twist to reach below waist height to inspect pressure gauge, plumbing, electrical outlets, vent, attic, crawl space, drive vehicle). *Twisting at the waist may be minimized by turning the whole body, including the feet and working from a swivel office chair.* 

## 13.) <u>TURN</u>:

#### MAXIMUM FREQUENCY: Occasional

*Comments:* Turning is performed when inspecting for code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. turn to reach below waist height to inspect pressure gauge, plumbing, electrical outlets, vent, attic, crawl space).

# 14.) <u>KNEEL</u>:

MAXIMUM FREQUENCY: Seldom

*Comments:* Kneeling is performed when inspecting for code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. kneel to reach below waist height to inspect pressure gauge, plumbing, electrical outlets, vent, attic, crawl space). *Kneeling may be minimized or avoided by substituting alternate positions of bending, squatting, or half kneeling.* 

#### 15.) CRAWL:

MAXIMUM FREQUENCY: Seldom

Comments: Crawling is required when performing job tasks (e.g. attic, crawl spaces).

### 16.) STAIR CLIME:

MAXIMUM FREQUENCY: Occasional

*Comments:* Stair climb is required in order to go to/from the above story structures during inspection). Maximum number of 24 steps per story is climbed.

#### 17.) **LADDER CLIMB**:

MAXIMUM FREQUENCY: Seldom

*Comments:* Ladder climbing is performed onto/off of safety ladders or steps to access utilities, structures, components, equipment and controls (e.g. climb when inspecting for code compliance and/or documenting utilities, structures, components, equipment and controls). *Variables to overhead climbing will vary according to the employee's height and anthropometric reach*.

## 18.) <u>WALK</u>:

#### MAXIMUM FREQUENCY: Frequent

*Comments:* Walking is performed when inspecting code compliance and/or documenting utilities, structures, components, equipment and controls (e.g. walk to measure distance; evaluating electrical outlet; site inspection; to/from office/jobsite). Walking length varies between 3 feet and 600+ feet depending on job task.

# 19.) <u>SIT</u>:

MAXIMUM FREQUENCY: Frequent

*Comments:* Sitting is performed for a maximum of 120-minute intervals when traveling or performing documentation office work for code compliance (e.g. sit to drive vehicle; file; customer service at plan check and permit counter; desktop work). *Specific work tasks may require up to frequent sitting and/or walking.* 

#### 20.) STAND: (Static)

MAXIMUM FREQUENCY: Occasional

*Comments:* Static standing is performed for a maximum of 15-minute intervals when evaluating work site or assisting customers (e.g. stand for site observation; inspect for code compliance; handwrite reports on site).

#### 21.) **BALANCE:**

MAXIMUM FREQUENCY: Frequent

Comments: Good balance is required for safe walking, standing, climbing, reaching and lifting.

#### 22.) HAND/FOOT CONTROL:

	MAXIMUM REQUIREMENT
HAND:	
Right:	Frequent
Left:	Frequent
Both:	Frequent
Either:	Not Required
FOOT:	
Right:	Frequent
Left:	Seldom
Both:	Not Required
Either:	Not Required

*Comments:* Hand controls are utilized to operate equipment (e.g. tool, vehicle) when inspecting site for code compliance (e.g. tape measure; valve, hydrant wrench; drive vehicle). Foot controls are utilized to operate equipment (e.g. drive vehicle).

# 23.) UPPER AND LOWER EXTREMITY COORDINATION:

#### MAXIMUM REQUIREMENT

Simple Grasp:	Frequent
Firm Grasp:	Seldom
Fine Manipulation:	Frequent
Eye/Hand Coordination:	Frequent
Hand/Foot Coordination:	Frequent

*Comments:* Grasping and coordination activities are performed when performing documentation for code compliance inspection (e.g. desktop work, drive, inspect).

**Simple grasping** is utilized to perform job tasks (e.g. lift and manipulate objects weighing less than 5 pounds; remove/replace electrical power covers; drive vehicle; screw driver operation).

**Firm grasping** is utilized to perform job tasks (e.g. lift and handle objects weighing 5 pounds or greater; ladder climb; screw driver operation).

Fine manipulation is utilized to perform job tasks (e.g. handwrite, tape measure, keyboard, mouse, page turn).

**Eye/hand coordination** is utilized to perform job tasks (e.g. drive vehicle, handwrite, keyboard, mouse, page turn, sort, file; screw driver operation).

Hand/foot coordination is utilized to perform job tasks (e.g. drive vehicle, ladder climb).

Depending on individual hand dominance, one hand may be used more frequently than the other when performing job tasks.

# 24.) CERVICAL (NECK) MOVEMENT:

#### **MAXIMUM REQUIREMENT**

Static Neutral Position:FrequentFlexing:OccasionalRotating:FrequentExtending:Occasional

*Comments:* Neck movement is required when performing job tasks (e.g. drive vehicle, observe site and structure for code compliance, desktop work). *Participation in the observation of the work environment allows for safe working conditions. Full cervical range of motion is required to safely perform the job tasks.* 



# Stanislaus County

# JOB TASK ANALYSIS SUMMARY

FREQUENCY DEFINITIONS	<b>SELDOM</b>	<b>OCCASIONAL</b>	FREQUENT	<u>CONSTANT</u>
Percent of the Day	1-2%	3-33%	34-66%	67-100%
Material Handling	1-4 Reps	.5-32 Reps	33-250 Reps	251-2,000 Reps
Non Material Handling	1-4 Reps	5-32 Reps	33-250 Reps	251-2,000 Reps
Repetitive & Static Work	1-50 Reps	51-250 Reps	251-1,000 Reps	1,001-20,000 Reps

The following is a summary of the physical demands of the Job Task Analysis that were obtained for the position of:

# Fire Prevention Specialist I, II, III

Functional Activities	Maximum Requirements	Functional Activities	Maximum Requirements
<b>Push</b> (Force) <sup>1</sup>	25 pounds	Stair Climb <sup>1</sup>	Occasional
<b>Pull</b> (Force) <sup>1</sup>	25 pounds	Ladder Climb <sup>1</sup>	Seldom
Stand Up Lift	40 pounds	Walk <sup>1</sup>	Frequent
Level Lift <sup>1</sup>	40 pounds	Sit <sup>1</sup>	Frequent
Weight Carry <sup>1</sup>	40 pounds	Stand (Static) <sup>1</sup>	Occasional
Overhead Lift/Pull Down	0 pounds	Balance <sup>1</sup>	Frequent
<b>Overhead Reach</b> <sup>1</sup>	Seldom	Hand Control <sup>1</sup>	Frequent
Forward Reach <sup>1</sup>	Frequent	Foot Control <sup>1</sup>	Frequent
<b>Stoop</b> <sup>1</sup>	Seldom	Simple Grasp <sup>1</sup>	Frequent
<b>Squat</b> (Unloaded) $^1$	Seldom	Firm Grasp <sup>1</sup>	Seldom
Forward Bend <sup>1</sup>	Occasional	Fine Manipulation	Frequent
Twist <sup>1</sup>	Occasional	Eye/Hand Coordination <sup>1</sup>	Frequent
<b>Turn</b> <sup>1</sup>	Occasional	Hand/Foot Coordination <sup>1</sup>	Frequent
Kneel	Seldom	Cervical (neck) Movement <sup>1</sup>	Frequent
Crawl	Seldom	-	

<sup>1</sup> The critical demands of the job.

Lyle andersen, PT

Randy L Date: 10/23/13 Fine Manshel Contact Person Title

Date:\_

Lyle Andersen, PT, CWCE Preparer Signature

Date:

Date:

Contact Person Title

LA/gm

Title

Contact Person

Stanislaus County: Fire Prevention Specialist I, II, III Prepared by Andersen Physical Therapy, Inc.