

Job Task Analysis

Employer:	Stanislaus County
Occupation:	Conservator Investigator
Company Contact:	CEO-Recruitment Unit
Date:	May 2001; February 2016
Analysis Provided By:	Lyle Andersen, PT, CWCE Andersen Physical Therapy, Inc. 1917 Coffee Road Modesto, California 95355 (209) 549-4626

INTRODUCTION:

A complete job description is available through STANISLAUS COUNTY Human Resources. The environmental factors, physical and functional demands for this Job Task Analysis were documented by Andersen Physical Therapy, Inc. The methodology for documentation consisted of on-site visits, using various measuring devices such as dynamometers and scales, as well as observation and interviews with employees and managers. A detailed record was made of the physical and functional demands of the job in terms of force pounds, weight, frequency, height, distance, anthropometric measurements, stamina, and degrees of range of motion. The determination of the frequencies of functional activities is based on standards provided by the National Institute for Occupational Safety and Health (NIOSH) and the Work Practice Guide for Manual Lifting (U.S. Department of Commerce, National Technical Information Service).

The Job Task Analysis is organized as follows: General work description; safety requirements; equipment; environmental factors; and physical/functional demands.

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GENERAL WORK DESCRIPTION:

The frequency of the following activities may vary according to the physical requirements of the specific job tasks that the employee may be required to perform at random intervals.

Under the general supervision of the department manager, the Conservator Investigator, investigates and makes recommendations to place individuals on a Lanterman-Petris-Short (LPS) conservatorship status. The Conservator Investigator evaluates the financial, social and mental conditions of individuals and determines appropriateness and eligibility of LPS conservatorship.

SPECIFIC DUTIES: Available through the Human Resources Department.

http://www.co.stanislaus.ca.us/HR/PDF/JobSpecifications.pdf

<u>Safety Requirements</u>: All employees are required to observe company safety procedures and standards to insure individual and collective safety, in addition to avoiding unnecessary risk to oneself, co-workers, customers, and property.

Equipment:

- 1. Cell phone
- 2. Copy machine.
- 3. Desktop.
- 4. Fax.
- 5. Keyboard.

- 6. Monitor.
- 7. Mouse.
- 8. Telephone.
- 9. Vehicle.

All employees within the **Conservator Investigator** position are required to provide physical assistance for all weight and frequency requirement needs of all job tasks in order to maintain a safe work environment. Employees must be physically capable of working in any of the job tasks within the **Conservator Investigator** position.

ENVIRONMENTAL FACTORS



The following percentages are given in terms of an eight-hour workday:

 Seldom =
 1% - 2%
 Frequent =
 34% - 66%

 Occasional =
 3% - 33%
 Constant =
 67% - 100%

	ENVIRONMENTAL FACTORS	MAXIMUM FREQUENCY
1.	Unprotected heights:	Not Applicable
2.	Being around moving machinery: Road traffic	Occasional
3.	Exposure to marked changes in temperature and humidity: outside temperatures may seasonally vary between 28-110 degrees.	Not Applicable
4.	Exposure to dust, fumes, smoke, gases, or other irritating substances (specify):	Seldom
5.	Driving:	Occasional
6.	Exposure to excessive noise: Hearing protection is available	Not Applicable
7.	Exposure to radiant or electrical energy:	Not Applicable
8.	Exposure to solvents or chemicals: *Refer to MSDS document.*	Not Applicable
9.	Exposure to slippery or uneven walking surfaces: Underdeveloped ground, clutter, water, debris	Seldom
10.	Working below ground:	Not Applicable
11.	Unusual fatigue factors:	Not Applicable
12.	Working with explosives:	Not Applicable
13.	Excessive vibration:	Not Applicable
14.	Working with hands in water or other substance: Hand protection is available	Not Applicable
15.	Working proximity:	Occasional Constant
16.	Working inside:	Frequent
17.	Working outside:	Occasional

FUNCTIONAL ACTIVITIES



The frequency of the following activities may vary according to the physical requirements of the specific job tasks the employee may be required to perform at random intervals.

PHYSICAL AND FUNCTIONAL REQUIREMENTS

FREQUENCY DEFINITIONS	SELDOM	OCCASIONAL	FREQUENT	CONSTANT
Percent of the Day	1-2%	3-33%	34-66%	67-100%
Material Handling	1-4 Reps	5-32 Reps	33-250 Reps	251-2,000 Reps
Non Material Handling	1-4 Reps	5-32 Reps	33-250 Reps	251-2,000 Reps
Repetitive & Static Work	1-50 Reps	51-250 Reps	251-1,000 Reps	1,001-20,000 Reps

1.) PUSH: Pushing activities may require use of the back in conjunction with leg and arm musculature.

MAXIMUM REQUIREMENT

0-10 pounds: Occasional **11-25 pounds:** Seldom

26-100 pounds: Not Required **Maximum Force:** <u>15</u> Pounds

Assistive Devices: Not Required.

Comments: Pushing is utilized with activities such as retrieving, returning, storing, adjusting, moving and/or transporting equipment, and supplies (e.g. cart, door). The employee exerts up to 15-pounds of force in a horizontal plane from waist to shoulder height of a distance up to 3 feet when performing job tasks (e.g. up to 15-pounds of force to travel with cart; open/close door, drawer, gate, file, cabinet).

2.) PULL: Pulling activities may require use of the back in conjunction with leg and arm musculature.

MAXIMUM REQUIREMENT

0-10 pounds: Occasional **11-25 pounds:** Seldom

26-100 pounds: Not Required **Maximum Force:** <u>15</u> Pounds

Assistive Devices: Not Required.

Comments: Pulling is utilized with activities such as retrieving, returning, storing, adjusting, moving and/or transporting equipment, and supplies (e.g. cart, door). The employee exerts up to 15-pounds of force in a horizontal plane between waist and shoulder height of a distance up to 3 feet when performing job tasks (e.g. up to 15 pounds of force to travel with cart; open/close door, drawer, gate, file, cabinet). *Pushing is the preferred method of moving carts*.

3.) STAND-UP LIFT: Lifting weighted objects between floor and waist height.

MAXIMUM REQUIREMENT

0-10 pounds: Seldom

11-100 pounds: Not Required **Maximum Force: 5** Pounds

Assistive Devices: One person assistance is available with weights greater than 5 pounds.

Comments: A stand-up lift is utilized with activities such as retrieving, returning, storing, adjusting, moving and/or transporting equipment, and supplies (e.g. file, chart, document). The employee lifts items weighing between <1-pound and 5-pounds from the floor when performing job tasks (e.g. miscellaneous reference documents, file, binder). Safe lifting is performed by utilizing a posture of partial squatting and a straight back.

4.) <u>LEVEL LIFT</u>: Lifting weighted objects from between waist and chest height level for a maximum horizontal distance of up to four feet.

MAXIMUM REQUIREMENT

0-10 pounds: Occasional

11-100 pounds: Not Required Maximum Force: <u>5</u> Pounds

Assistive Devices: One person assistance is available with weights greater than 5-pounds.

Comments: A level lift is utilized with activities such as retrieving, returning, storing, adjusting, moving and/or transporting equipment and supplies (e.g. file, chart, document). The employee lifts items weighing between <1-pound and 5-pounds when performing job tasks (e.g. miscellaneous reference documents; miscellaneous desktop items, file, binder).

5.) WEIGHT CARRY: Carrying weighted objects between waist and chest height beyond a distance of four feet.

MAXIMUM REQUIREMENT

0-10 pounds: Seldom

11-100 pounds: Not Required Maximum Force: <u>5</u> Pounds

Assistive Devices: One person assistance is available with weights greater than 5-pounds.

Comments: Weight carry is utilized with activities such as retrieving, returning, storing, adjusting, moving and/or transporting equipment, and supplies (e.g. file, chart, document). The employee carries items weighing between <1-pound and 5-pounds between 5 feet and 600+ feet when performing job tasks (e.g. miscellaneous reference document to/from meeting, courtroom, collaborating agency and/or colleague)

6.) OVERHEAD LIFT/PULL DOWN: Lifting weighted object from/to chest and overhead height level.

MAXIMUM REQUIREMENT

0-100 pounds: Not Required **Maximum Force: 0** Pounds

Assistive Devices: Not Required.

Comments: Overhead lift/pull down is not utilized required to perform job tasks. Variables to overhead reaching will be the employee's height and anthropometric reach.

7.) OVERHEAD REACH:

MAXIMUM

FREQUENCY: Not Required

Comments: Overhead reach is not required to perform job tasks. A ladder (appropriate height) or step stool may be utilized to bring items to eye or shoulder level. Variables to overhead reaching will be the employee's height and anthropometric reach.

8.) FORWARD REACH:

MAXIMUM FREQUENCY: Frequent

Comments: Forward reach is performed up to a distance of 28 inches when retrieving, returning, storing, adjusting, moving and/or transporting equipment and supplies (e.g. miscellaneous file, chart, document; miscellaneous desktop item; drive vehicle; open/close drawer, gate, door, file; reading and/or research; operate business machine). The degree of elbow extension required for reaching will vary according to the employee's anthropometric reach.

9.) **STOOP**:

MAXIMUM FREQUENCY: Not Required

Comments: Stooping is not required to perform job tasks. Variable to stooping will be the employee's height. Stooping of the head, trunk and knees can be minimized or avoided by substituting alternate positions of squatting, kneeling or bending when performing job tasks.

10.) **SOUAT:** (Unloaded)

MAXIMUM FREQUENCY: Not Required

Comments: Squatting is not required to perform job tasks. Squatting may be minimized or avoided by substituting alternate positions of bending or kneeling. Partial squatting is a preferred lifting posture.

11.) **FORWARD BEND**:

MAXIMUM FREQUENCY: Seldom

Comments: Bending forward at the waist is performed when retrieving, returning, storing, adjusting, moving and/or transporting supplies (e.g. miscellaneous stored document). Maximum forward trunk flexion required is 45 degrees. Employee may minimize or avoid excessive forward bending of the trunk up to 80 degrees by using alternate positions of bending at the hips, kneeling, half kneeling, stooping, sitting or squatting.

12.) **TWIST**:

MAXIMUM FREQUENCY: Seldom

Comments: Twisting at the waist is performed when retrieving, returning, storing, adjusting, moving and/or transporting supplies (e.g. miscellaneous document in storage shelves, cabinets and files; drive vehicle). Twisting at the waist may be minimized by turning the whole body, including the feet and working from a swivel office chair.

13.) **TURN**:

MAXIMUM FREQUENCY: Seldom

Comments: Turning is performed when retrieving, returning, storing, adjusting, moving and/or transporting supplies (e.g. miscellaneous document in storage shelves, cabinet and file).

14.) **KNEEL**:

MAXIMUM FREQUENCY: Not Required

Comments: Kneeling is not required to perform job tasks. Kneeling may be minimized or avoided by substituting alternate positions of bending, squatting, sitting or half kneeling.

15.) **CRAWL**:

MAXIMUM FREQUENCY: Not Required

Comments: Crawling is not required to perform job tasks.

16.) **STAIR CLIMB**:

MAXIMUM FREQUENCY: Occasional

Comments: Stair climb is required in order to go to/from the private residence or business. Public buildings provide elevators. Maximum number of 21 steps is climbed.

17.) **LADDER CLIMB**:

MAXIMUM FREQUENCY: Not Required

Comments: Ladder climbing is not required to perform job tasks. *Variables to overhead climbing will vary according to the employee's height and anthropometric reach.*

18.) **WALK:**

MAXIMUM FREQUENCY: Occasional

Comments: Walking is performed when performing job tasks (e.g. to/from parking lot, court house, private residence, county counsel office, behavioral health center, public or private business meetings with collaborating agencies and/or colleagues). Walking length varies between 3 feet and 600+ feet depending on job task.

19.) **SIT**:

MAXIMUM FREQUENCY: Frequent

Comments: Sitting is performed for a maximum of 120-minute intervals when retrieving, returning, storing, adjusting, moving and/or transporting equipment and supplies (e.g. desktop work, court house appearance; private residence, public or private business visit; drive vehicle; meetings with collaborating agencies and/or colleagues).

20.) **STAND**: (Static)

MAXIMUM FREQUENCY: Occasional

Comments: Static standing is performed for a maximum of 30-minute intervals when performing job tasks (e.g. meeting or interview with referral client, collaborating agency and/or colleague).

21.) **BALANCE**:

MAXIMUM FREQUENCY: Frequent

Comments: Adequate balance is required for safe walking, standing, and lifting.

22.) HAND/FOOT CONTROL:

MAXIMUM REQUIREMENT

HAND:

Right: Occasional
Left: Occasional
Both: Occasional
Either: Not Required

FOOT:

Right: Occasional
Left: Seldom
Both: Not Required
Either: Not Required

Comments: Hand controls are utilized to operate equipment (e.g. vehicle) when adjusting controls (e.g. driving vehicle). Foot controls are utilized to operate equipment (e.g. vehicle).

23.) UPPER AND LOWER EXTREMITY COORDINATION:

MAXIMUM REQUIREMENT

Simple Grasp: Frequent
Not Required
Fine Manipulation: Frequent
Eye/Hand Coordination: Frequent

Hand/Foot

Coordination: Occasional

Comments: Grasping and coordination activities are performed when performing job tasks (e.g. desktop work; field investigation; drive vehicle).

Simple grasping is utilized to perform job tasks (e.g. lift and manipulate objects weighing less than 5 pounds). **Firm grasping** is not utilized to perform job tasks.

Fine manipulation is utilized to perform job tasks (e.g. keyboard, mouse, telephone; handwrite, page turn, sort, file). **Eye/hand coordination** is utilized to perform job tasks (e.g. keyboard, mouse, telephone; handwrite, page turn, sort, file, drive vehicle).

Hand/foot coordination is utilized to perform job tasks (e.g. drive vehicle).

Depending on individual hand dominance, one hand may be used more frequently than the other when performing job tasks.

24.) **CERVICAL (NECK) MOVEMENT:**

MAXIMUM REQUIREMENT

Static Neutral Position: Frequent
Flexing: Frequent
Occasional
Extending: Seldom

Comments: Neck movement is required when performing job tasks (e.g. desktop work; interview; observation and investigation during field site visit; drive vehicle). Participation in the observation of the work environment allows for safe working conditions. Full cervical range of motion is required to safely perform the job tasks.



STANISLAUS COUNTY

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The following is a summary of the physical demands of the Job Task Analysis that were obtained for the position of:

CONSERVATOR INVESTIGATOR

Functional Activities	Maximum Requirements	Functional Activities	Maximum Requirements
Push (Force)	15 pounds	Stair Climb ¹	Occasional
Pull (Force) 1	15 pounds	Ladder Climb ¹	Not Required
Stand Up Lift ¹	5 pounds	Walk ¹	Occasional
Level Lift ¹	5 pounds	Sit ¹	Frequent
Weight Carry ¹	5 pounds	Stand (Static) 1	Occasional
Overhead Lift/Pull Down	0 pounds	Balance ¹	Frequent
Overhead Reach	Not Required	Hand Control ¹	Occasional
Forward Reach ¹	Frequent	Foot Control ¹	Occasional
Stoop	Not Required	Simple Grasp ¹	Frequent
Squat (Unloaded)	Not Required	Firm Grasp	Not Required
Forward Bend ¹	Seldom	Fine Manipulation ¹	Frequent
Twist ¹	Seldom	Eye/Hand Coordination ¹	Frequent
Turn ¹	Seldom	Hand/Foot Coordination ¹	Occasional
Kneel	Not Required	Cervical (neck) Movement ¹	Frequent
Crawl	Not Required		

¹ The critical demands of the job.

Lyle andersen,	PT		
Lyle Andersen, PT, CWCE	Date:	Contact Person	_ Date:
Preparer Signature		Title	
Jayre Nunes	Date: 3/1/16		Date:
Jayne Nunes		Contact Person Title	
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