

EQ TRAINING CALENDAR

All County Employees

Please choose one session below.



**Leading with
EQ Mini**
Course Code:
IEQ100

OPEN TO
ALL
EMPLOYEES

Session IEQ100 0006 @ CCIII

Wed 7/26/23, 8-5pm

OR

Session IEQ100 0007 @ CCIII

Wed 10/11/23, 8-5pm

OR

Session IEQ100 0008 @ CCIII

Thurs 2/8/24, 8-5pm

Supervisors, Managers and Senior Leadership

Please choose one session below.



NEW
COURSE

**Building Team
Effectiveness**
Course Code:
IBTE

Session IBTE 0002 @ CCIII

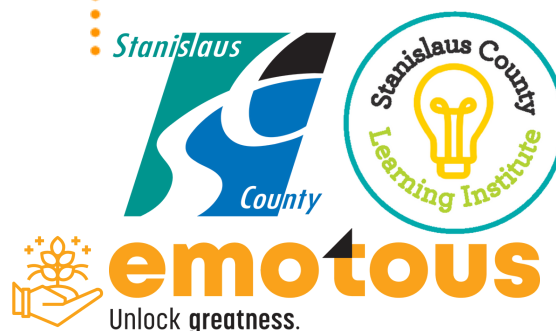
Wed 10/25/23, 8-5pm

OR

Session IBTE 0003 @ CCIII

Tues 11/14/23, 8-5pm

NOTE: Must complete Leading with EQ
(or EQ Mini) before Building Team Effectiveness



FAQs on back

Frequently Asked Questions

What is EQ?

EQ stands for Emotional Intelligence. EQ is the ability to understand and manage emotions to guide behavior.

What will these trainings cover?

- **Leading with EQ:** During this course, participants will learn the foundations of EQ, complete an EQ profile, and grow their EQ competencies.
- **Building Team Effectiveness:** In this session, participants will explore how to use EQ principles with their teams, including coaching and trust building for individual and team wellbeing and performance. This is an abbreviated, updated version of the previously offered Leader as Coach training.

Who are the trainings for?

- **Leading with EQ Mini:** Now offered to all county employees
- **Building Team Effectiveness:** Managers, Supervisors, and Senior Leadership

Where will the trainings take place?

The trainings will be held in-person at the following County training facilities:

- **CCIII** - 917 Oakdale Rd, Modesto, CA 95355
- **1013 Training Room** - 1010 10th St, Modesto, CA 95354

How do I register?

Register via Peoplesoft: PS Self-Service > Learning & Development > Request Training Enrollment. Enter course code and session number. Please make sure your supervisor approves the training. All sessions are available on a first-come first-served basis.

What if the session that I want to attend is full?

Email the Learning Institute (LearningInstitute@stancounty.com) with the session you are interested in attending and request to be added to the waitlist. You will be contacted if a spot becomes available.

Have I taken these trainings before? And if so, should I take them again?

Re-taking trainings is not required but employees are more than welcome to re-take courses. You can look up your training record in PeopleSoft: PS Self-Service > Learning & Development > Training Summary.

Will I need any materials for these trainings?

Any workbooks and/or handouts required for the training will be emailed to you and also available on the Emotous Connect platform once your profile has been created. You will need to print or have access to these materials prior to your session, as you will be referring to them throughout the training. You may also want Post-It notes handy and a binder or folder in which to keep all EQ training materials.

Have additional questions?

Please email the Learning Institute (LearningInstitute@stancounty.com)



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