

Find Your **THRIVE**



Stanislaus County EQ Training & Supports

WHO: County Management
WHEN: May 2021 — June 2022

PARTICIPATE IN THE TRAININGS



Leading with EQ*

Complete your EQ profile.
Assess and grow your EQ competencies.

* IDEALLY COMPLETED BEFORE THE OTHER TWO TRAININGS



Dare to Lead™

Lead with bravery and authenticity.
Develop a culture of courage on your team.



Leader as Coach

Leverage EQ to optimize team performance.
Build your team's EQ capabilities.



ACCESS THE PLATFORM & SUPPORT RESOURCES

Access EQ training materials, sustain your EQ practice (tools, articles, podcasts, etc.) and join Stanislaus County's EQ conversation — all via one online platform.



“ The tools and resources presented are not only to be used when dealing with others, but also to help ourselves identify what our needs are and take care of ourselves.”

- Stanislaus County Employee