



STANISLAUS COUNTY LIBRARY

Vanessa Czopek
County Library Director

1500 I Street, Modesto, CA 95354
209-558-7801 Fax: 209-529-4779
www.stanislauslibrary.org

PRESS RELEASE

June 5, 2013

FOR IMMEDIATE RELEASE:

For more information, contact:
Lauren Hall, 558-7817

Yoga at the Denair Library

Activate your mind and body through learning beginner yoga at the Denair Library on Thursdays in June and July at 5 p.m. Yoga will be taught in a fun and welcoming environment by yoga instructor Pam Young. These classes are free and open to the public! Please remember to consult a physician before beginning any exercise routine.

For more information, please call the Denair Library at 634-1283 or visit the library's information desk.

#