

PROGRAM OVERVIEW



**MY TEEN  
MENTAL HEALTH**

# PROGRAM OVERVIEW



209-791-7241      ADMISSIONS  
209-579-3311      FAX

[admissions@modestorecovery.com](mailto:admissions@modestorecovery.com)

## PRIMARY FOCUS

Mental Health Outpatient Program for Teens Aged 14-17

## LEVELS OF CARE

Intensive Outpatient Program (IOP): Monday-Friday, 4:00 PM - 7:30 PM

## KEY SERVICES WITHIN FIRST 48 HOURS

Psychiatry evaluation, individual therapy, and group therapy

## ADDITIONAL SUPPORT

Drug testing, family therapy, family support services

# NEXT STEPS

Contact our admissions team to verify insurance, discuss personalized care, or schedule an intake.

We are committed to providing compassionate, evidence -based treatment tailored to your needs.

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