

PROGRAM OVERVIEW



MY TEEN
MENTAL HEALTH

PROGRAM OVERVIEW



PRIMARY FOCUS

Mental Health Outpatient Program for Teens Aged 14-17

LEVELS OF CARE

Intensive Outpatient Program (IOP): Monday-Friday, 4:00 PM - 7:30 PM

KEY SERVICES WITHIN FIRST 48 HOURS

Psychiatry evaluation, individual therapy, and group therapy

ADDITIONAL SUPPORT

Drug testing, family therapy, family support services

209-791-7241 ADMISSIONS
209-579-3311 FAX

admissions@modestorecovery.com

NEXT STEPS

Contact our admissions team to verify insurance, discuss personalized care, or schedule an intake.

We are committed to providing compassionate, evidence-based treatment tailored to your needs.

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