



Stanislaus County
 Department: Behavioral Health and Recovery Services
 MINUTES



Type of Meeting:	Behavioral Health Equity Committee (BHEC)	Date:	December 8, 2025
Place:	1130 12 th Street, Room 16	Starting Time:	11:00 am
Facilitator:	Lezette Ervin	Ending Time:	12:04 pm
Support Staff:	Nicole Portillo		
Attendees:	<p>BHRS Staff: Luz Pulido, Stormy Zavodsky, Colby Zavala, Elizabeth Mendoza, Melissa Ayson, Margarita Ramos, Karyn Clark, Marisol Rios-Moran, David Hudgens, Sandra Vanderwoude, Dan Domeier, Jack Henley, Alma Torres, Isac Soriano</p> <p>Collaborative and Community Based Organizations: Annie Henrich, Virginia Linker, Jessica Parman, Kristin Brown, Carlo Vasquez, Emily Beecroft, Luis Martinez, Laura Urzua, Jose Arevalos, Sergey Tereshchenko, Jamie Brown, Nikita Samra, Maria Lopez, April Gaona, Alicia Mendoza</p> <p>Community Representatives/Guests: Margie Johnson</p>		

Order of Agenda Items	Presenter(s)	Discussion	Scheduled Actions
Welcome, Introductions and Updates	Lezette Ervin	<p>Lezette called the meeting to order, and introductions were made. She directed the committee’s attention to the two newly developed clinical intervention tools and reminded members to remain mindful and check in on others as needed.</p> <p>Lezette also reported that the Behavioral Health Equity Plan is nearing completion and will be presented to the committee at the February 2026 meeting for review and input.</p> <p>Lezette referenced the 2026 meeting calendar that was distributed prior to the meeting. She noted that an amendment may be needed once the official July holiday observance date is confirmed but doesn’t affect the proposed meeting dates.</p>	
Approval of Minutes	All	Lezette asked for a motion to approve November 10, 2025, meeting minutes. Melissa Ayson motioned. Carlo Vasquez seconded. Minutes approved. August 11, 2025, meeting minutes are pending.	

<p>My Teen Mental Health</p>	<p>Nikita Samra & Jamie Brown</p>	<p>Nikita and Jamie provided an overview of the My Teen Mental Health program, which supports adolescents ages 14–17 experiencing primary mental health challenges such as depression, anxiety, PTSD/trauma, bipolar disorder, OCD, ADD/ADHD, insomnia, and schizophrenia. Designed primarily for families with private insurance, the program emphasizes holistic well-being and aims to help teens build confidence, resilience, and long-term coping skills.</p> <p>They outlined the admissions process and described the daily services offered at the facility, noting that the program is highly hands-on and provides a safe, comfortable environment for participants. They also shared that next year the program will expand to support youth starting at age 12 and will introduce an additional level of care to better meet varying clinical needs.</p> <p>Jamie invited committee members to schedule a tour of the facility. A brief Q&A session followed.</p>	
<p>Stanislaus Family Urgent Response System (FURS)</p>	<p>Sergey Tereshchenko</p>	<p>Sergey provided a brief overview of FURS, which offers trauma-informed, immediate support to foster youth, children, and caregivers experiencing crisis or instability. The program is designed to prevent unnecessary law enforcement involvement, preserve family and caregiver relationships, and promote healing and stability.</p> <p>He shared a FURS service flow chart illustrating the process initiated when an individual contacts the State hotline, along with additional resources for members to distribute as needed.</p>	
<p>Community Announcements</p>	<p>All</p>	<p>Due to time constraints, community announcements were not shared.</p>	
<p>Next Meeting</p>		<p>Due to time constraints, the agenda item on ADA Compliance was not discussed and will be carried forward to the next meeting.</p>	
<p>Next Meeting: January 12, 2026 – 1130 12th Street, Room 16, Court Room, Modesto CA 95354 Reminder: The time spent on Quality Services activities can be claimed for reimbursement from enhanced funding. All BHRS staff are asked to code time spent on quality improvement activities and meetings on their time entry each week using organizational code MH60211650 or MH6501170 (for SUD). (Instructions are located on BHRS Intranet – QS TAB/Additional Resources). In addition, be sure to sign the sign-in sheet for these activities.</p>			