

# ADDITIONAL PEI COMMUNITY- BASED SERVICES

## International Rescue Committee Afghan Path Towards Wellness (APTW)

Screenings for emotional distress, social adjustment support groups, and managed referrals to behavioral health services for Afghan adult women.

(209) 667-2378

## Center for Human Services Resiliency and Prevention Program(RaPP)

Classroom-based prevention practices, individual student support sessions, parent engagement & support sessions, capacity-building & well-being focused groups.

(209) 526-1476

## BHRS A.R.T. (Aggression Replacement Training)

The Aggression Replacement Curriculum (A.R.T.) uses an approach similar to Cognitive Based Therapy models combined with Social Learning Theory as a means to connect with and impact the decision making skills of youth to reduce aggression and impact school failure, drop out rates which in the long run will likely improve their changes of gaining meaningful employment and thereby reducing the odds of homelessness.

(209) 525-5315

## Sierra Vista LIFE Path

A program designed to provide Early Intervention services for 14 – 25 year-olds who have experienced initial symptoms of psychosis. The program provides intensive treatment for consumers, families, caregivers, and significant support persons.

(209) 312-9580

## National Alliance for Mental Illness (NAMI)

Education to reduce stigma related to mental health. The program focuses on providing presentations to diverse communities and potential responders, and utilizes individuals with lived experience to present.

(209) 558-4555

## BHRS/CHS School Consultation

A model utilized at various school districts and communities to identify and implement mental health prevention and early intervention services.

(209) 525-5315

## Sierra Vista Youth Assessment Center

The project goal is to engage identified youth from targeted communities (specifically South and West Modesto) who are involved in the juvenile justice system with low criminal offenses, and to prevent youth and their families from formally entering into the justice system by providing effective, community-based prevention services.

(209) 492--9785

# NATIONAL SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)

# CONTACT US

Stanislaus County Behavioral  
Health & Recovery Services

Prevention & Early

Intervention 820 Scenic Drive,  
Building K Modesto, CA 95350

(209) 525-5315

[www.stanbherspvention.com](http://www.stanbherspvention.com)

Programs funded through:  
Stanislaus County Behavioral Health &  
Recovery Services  
Mental Health Services Act  
Prevention & Early Intervention



Behavioral Health and  
Recovery Services



WELLNESS • RECOVERY • RESILIENCE

STANISLAUS COUNTY  
BEHAVIORAL HEALTH  
& RECOVERY SERVICES

# PREVENTION & EARLY INTERVENTION (PEI)

MENTAL HEALTH  
COMMUNITY-BASED  
PROGRAMS & RESOURCES



Information provided in this brochure is subject  
to change without notice. Revised **07/17/2020**

# RAIZ PROMOTORES MENTAL HEALTH PREVENTION PROGRAM

**RAIZ Promotores** invite individuals to strengthen their well-being and community leadership, build friendships, share their talents, create art, plan activities and cultural festivities, and support each other in their groups. RAIZ aims to prevent and reduce mental health stigma and discrimination by strengthening natural communities of support.

**Airport Partnership**  
(209) 214-5883

**Ceres/Keyes Partnership**  
(209) 541-0101

**Denair/Hickman/Waterford**  
(209) 883-2027 or (209) 874-8450

**Grayson/Westly FRC**  
(209) 690-3100

**Hughson/Empire**  
(209) 883-2027

**Newman/Crowslanding/  
Riverdale Park Tract/Monterey Park Tract**  
(209) 862-0295

**North Modesto/Salida FRC**  
(209) 338-0279

**Oakdale FSN**  
(209) 847-5121

**Patterson FRC**  
(209) 690-3100

**Riverbank OVHD**  
(209) 847-5121

**South Modesto FRC**  
(209) 273-2280

**Turlock FRC**  
(209) 668-6118

**West Modesto FRC**  
(209) 549-8193

# CROSS-COMMUNITY COLLABORATIVES

Cross-community collaborative groups promote the well-being of their members by integrating the communities' own assets and resources, including the sharing of personal talents and gifts, the support of faith communities, often connecting to cultural and traditional protective factors.

**Assyrian Wellness Collaborative**  
(209) 535-0225

**City Ministry Network**  
(209) 217-1955

**Invest in Me**  
(209) 204-4323

**Khmer Youth of Modesto**  
(209) 613-3985

**LGBTQ Collaborative**  
(209) 372-3056 Ext. 4

**Manos Unidas**  
(209) 968-1591 / (209) 681-7302

**Mujeres Latinas de Stanislaus**  
(209) 605-5979

**She Became**  
(209) 918-6300

**SMYL (South Modesto Youth Leadership)**  
(209) 681-6013

**Stanislaus Asian American Community  
Resource**  
(209) 996-9438

# BRIEF INTERVENTION COUNSELING

Brief Intervention Counseling (BIC) is short duration and low intensity, and can be provided via individual sessions or group sessions. Collateral services to parents or other family members may also be part of BIC.

**Sierra Vista (South Modesto)**  
(209) 538-7111

**Sierra Vista (Central & West Modesto)**  
(209) 492-9785

**El Concilio (Waterford, Oakdale, &  
Oakdale)**  
(209) 523-2860

**Sierra Vista (Hughson, Denair, Empire &  
Keyes)**  
(209) 883-2027

**Golden Valley Corner of Hope for the  
Homeless**  
(866) 682-4842

**Golden Valley Integrated Behavioral  
Health**  
(866) 682-4842

Participating sites: Turlock West , Ceres East,  
Robertson Road, and Hanshaw  
*\*Services for established patients only*

**Parents United**  
(209) 524-4858

*\*Services related to sexual abuse*

**Aging and Veteran Services  
Project Hope**  
(209) 558-8698  
*\*Supporting older adults*