Stanislaus County Senior Luncheon

The senior luncheon is *more than just a meal*, it's an opportunity to meet others and have some fun!



There are 12 lunch sites in Stanislaus County. The Senior luncheon offers freshly made, healthy meals. These are high quality healthy meals – planned and approved by a Registered Dietitian.

COST: <u>There is no fee for the meal</u> however, we offer a donation box and have a \$3.00 meal suggested donation - voluntary contribution. No eligible participant will be denied a meal due to inability to contribute. *Open to seniors 60 or older & their spouse of any age.

Open to seniors 60 or older & their spouse of any age.

(Guests under 60 are welcome but must pay the full cost of the meal, currently \$6)

SENIOR LUNCHEON Café Locations:

- Coffee Road Café @ Veterans Center Modesto Mon-Wed 480-7363
- Community Center Café Ceres (Mon Wed) 480-4508
- Gladys Lemmons Center, Oakdale (Monday Friday) 480-3759
- Hammond Center, Patterson (Monday Friday) 480-6371
- Hughson Senior Center (Closed) 480-7549
- Mancini Hall, Modesto (Monday Friday) 480-4389
- McConnell Center, Newman (Monday Friday) 862-2158
- Modesto Senior Center, Modesto (Monday Thursday) 480-4337
- Riverbank Community Center (M, T, Th) 480-6690
- Turlock Salvation Army (Monday Friday) 480-5170
- Turlock Senior Center (Mon-Wed) 558-8698
- United Community Center, Grayson (M, W, F) 480-5709

Note: <u>Reservations are Encouraged. Please call</u> at least one day prior to ensure number of meals prepared. Please call the site and leave a message with your name and day you plan to attend or call the **Senior Information Line** for more information **209 558-8698.**

Hours of Operation: Sites open early for coffee & conversation. Usually 10:00-1:00 p.m. Meal service time varies by site but generally is served between 11:30 and 12:00 noon.

*Eligibility Congregate Lunch Sites: A spouse under 60, or a disabled dependent adult, that resides with and attends the lunch with an eligible senior is also eligible for the meal service.

Meals on Wheels - home delivery

Meals on Wheels provides home delivered box of frozen meals for eligible homebound older adults.

Eligibility: To qualify for a home-delivered meal a person must be *60 years of age or older and be primarily home-bound due to physical or cognitive limitations. Those seniors that **live alone, are older & frail** are the highest priority for the home delivery service.

To apply for Home Delivery in Stanislaus County call the Senior Information Line 209 558-8698

What to expect: *The Home Delivered meals are produced by GA Foods. A <u>weekly box</u> of 5 frozen entrees, with milk, fruit or juice and a mini loaf of bread will be delivered **once a week** on a scheduled day/time (Generally Monday - Friday between 8:00 a.m. and 5:00 p.m.) depending on route assignment. Once approved, GA foods call center will contact you to notify you of your expected delivery day & time.





Above photo is example of a typical GA Foods van & delivery and a sample entrée. *Newman Crows Landing area offer fresh meals delivered daily weekdays.

For General Information about the senior meal's program call:

Stanislaus County Area Agency on Aging Senior Information Line 209 558-8698

*Eligibility: A spouse under 60, or a disabled dependent adult, that resides with an eligible senior may also be eligible for the meal service.



April 2023