

# ***In-Home Services***

In-Home Services are services that are designed to keep the senior safe in their home. Tasks may include basic domestic chores such as vacuuming, dusting, laundry, meal preparation and clean up; personal care which may include tasks such as assistance with bathing, dressing, ambulation, medications; and paramedical tasks such as wound care.

There are a variety of public and private agencies that offer different levels of In-Home and/or Home Health services. In-home assistance can be costly when you pay privately. Insurance may cover short-term Home Health. Those with limited assets and income may be eligible for 'no cost' Medi-Cal and In-Home Supportive Services. There are also a few programs that offer some limited in-home assistance for the elderly.

## ***The options for In-Home Assistance are described below.***

- 1. Private pay:** Can range from \$20 - \$34/hour, often with 3-4 hours minimum per visit.  
**A list of private-in-home agencies begins on page 2.**  
**Note:** Medicare often covers short-term home health for skilled nursing or therapy. Some insurances cover in-home assistance as caregiver respite for a live-in family caregiver. Check with your insurance to see if it will cover some of the costs.
- 2. Homemaker Program (Catholic Charities)** Offers 2 hours of assistance with light housekeeping once every 2 weeks, to frail elderly aged 60 or older who live alone. There is no fee for the service but donations are encouraged. Limited availability; often a waiting list for services. For more information call: **(209) 529-3784.**
- 3. In Home Supportive Services (IHSS)**  
For persons who are aged, blind, or disabled, and are limited in their ability to care for them and cannot live safely at home without help. In-Home Supportive Services provides a wide range of assistance to meet your individual needs and assure that you can live safely at home. Services may include housekeeping, meal preparation, shopping, laundry and personal care. This help may be provided at no cost /or may have share of cost for Medi-Cal eligible persons through In-Home Supportive Services (IHSS).  
***Who provides the services?*** You may hire a relative or a friend, or find someone new to you. Adult Services Link2Care can also assist you in finding a provider.  
**To apply for In-Home Supportive Services call (209) 558-2637, Monday through Friday between 8:30 am to 4:30 pm.** A social worker will come to your home to discuss what help you may need and determine what costs, if any, you may have to pay for the services. The social worker usually conducts a needs assessment on the initial home visit.
- 4. Respite (Family Caregiver Support Program)**  
A break for non-paid family caregivers of a senior 60 or older, or Alzheimer's patient of any age. Care receiver must require assistance with some daily activities to qualify. Provides maximum of 30 hours annually of paid in-home assistance from contracted private in-homehealth agency.  
For more information **Call Senior Information Line (209) 558-8698**

# ***In Home and Home Health Services***

## ***ACCESS SENIOR HOME CARE***

**P.O. Box 4901, Modesto, CA 95352**

**Telephone: (209) 918-8010 or Toll free 1 - 855-509-2273**

### **Our Special Services**

Access Home Care is a private duty home care provider with one goal in mind: helping individuals to live to their fullest ability in the comfort of their own home. Our services include, but are not limited to the following

#### **Safety Supervision**

- \* Bathing Supervision
- \* Walking Assistance
- \* Dementia and Alzheimer's Care

#### **Housekeeping**

- \* Dusting, Mopping, Vacuuming,
- \* Changing Linens
- \* Laundry, Cleaning Bathrooms

#### **Personal Care**

- \* Bathing, Showering, Dressing, Appointments Personal Hygiene, Foot and back Massage, and Companionship Events

#### **Medication Management**

- \* Blood Pressure Monitor
- \* Medication Compliance
- \* Assisting with Medication Refills

#### **Planning and Preparing Meals**

- \* Following a Prescribed Diet
- \* Meal Preparation

#### **Transportation**

- \* Help to and from Doctor
- \* Grocery Shopping
- \* Activities
- \* Social

Access Home Care is licensed, bonded, and insured. Our caregivers are protected in your home with workers compensation, and they are employees of Access Home Care. We do drug screen, do criminal background checks, handle employees' taxes, and thoroughly analyze the skill set of each person hired to work for Access Home Care.

We can also provide a free home safety evaluation; evaluate the home for hazards, make sure there are safe pathways throughout the home, and make suggestions to increase your or your loved one's safety.

## ***ADDUS HOMECARE***

**3501 Coffee Road, Suite 3**

**Modesto, CA 95355-2817**

**Telephone: (209) - 526-8451 or 1 - 800 - 776-4381**

**Fax : (209) - 574-6116**

**[www.addus.com](http://www.addus.com)**

### **Supportive Services include:**

Respite care, check-in services, overnight care, as well as bathing, dressing, laundry, shopping, meal preparation, feeding, hair/skin care, errands, and light housekeeping. PRN Home Health Services: RN's, LVN's, Home Health Aids, up to 24 hour direct nursing skilled visits: Patient/family teaching, dressing changes, care for stroke patients, catheters/colostomy or personal care, range motion, light housekeeping. Transportation, meal preparation, and therapy services: PT, OT, ST, and MSW. Ventilator care, AIDS and Rehab services, head injury, burns and hip fractures.

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## ***ALEGRE HOME CARE***

**1400 Florida Avenue, Suite 206**

**Modesto, CA 95350**

**Telephone: (209) - 846-3610**

**Fax: (209) - 857-5208**

**[www.alegrecare.com](http://www.alegrecare.com)**

**[coriem@alegrecare.com](mailto:coriem@alegrecare.com)**

### **Services:**

Complimentary Care Assessments, Recovery from Illness, Bathing, Dressing, Medication Reminders, Meal Preparation, Light Housekeeping, Transportation to Appointments/Errands, Walking and Exercise, Caregiver Supervision

All Caregivers are Screened, bonded and insured by the Agency. Each caregiver is specifically selected to meet your personal home care needs. We courtesy send invoices/caregiver notes to client's long term care insurance.

We provide services to clients eligible for VA benefits.

We provide visits, hourly and live in care to meet client's needs.

Corie Moyers Director of Client Services

## ***ALL WAYS CARING HOME CARE***

**1101 Sylvan Avenue Suite 210**

**Modesto, CA 95350**

**Phone (209)210-2252**

**<https://www.allwayscaring.com/locations/California/Modesto/93/>**

All Ways Caring Home Care offers homecare for people of all ages and different needs. Our individualized services make us able to provide the right care at the right time, always.

The All Ways Caring difference is our people. Caregiving demands a special combination of heart skills and professional skills. We strive to be an extension of your home and family so clients will truly feel the care. And it is comforting to know that our quality of care is always supported by the strength of resources you expect from one of the nation's finest health care organizations.

From companion services to personal care, we take pride in assisting seniors and any individuals who need extra support. Our services can be tailored to meet your specific needs.

- Companionship
- Light housekeeping and laundry
- Meal preparation
- Bathing and hygiene
- Recreational services
- Errands and shopping
- Respite care for primary family caregivers
- Hourly, daily, weekly, overnight and live-in care

## ***APEXCARE***

**Stockton Office:**

**1111 W Robinhood Drive Suite B**

**Stockton, CA 95207**

**Telephone: (209) 478-9111 Fax 209-478-9011**

**[www.apexcare.com](http://www.apexcare.com)**

### **Services:**

Our Caregivers can assist you with the following:

Companionship, Activities, Meal Preparation, Medication monitoring, light Housekeeping and Laundry, Transportation to Outings and Appointments.

Personal Care: Bathing, Dressing, Grooming, and Toileting.

Emergency Monitoring: Emergency Response Systems can be added to provide an instant connection to family, friends and neighbors when the caregiver is not on duty. Online eldercare directory, facility staff and family caregiver training, free personal assessment. Free care facility referrals.

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## ***ASSURED CARE INC.***

**3300 Tully Road, Suite B-7**

**Modesto, CA 95350**

**Telephone: (209) 579-5540**

**Fax: (209) - 579-5541**

**Email: assuredcare2@sbcglobal.net**

**[www.assuredcareinc.com](http://www.assuredcareinc.com)**

Assured Care provides non-medical care to individuals who require some assistance with their everyday activities.

Our Caregivers are experienced in providing services that will enhance the quality of life, without interrupting the client's daily routines, such as:

Housekeeping, Meal Preparation, Shopping/Errands/Transportation

Laundry, Changing Linens, Medication reminders, Assist with bathing and dressing, Medication reminders

Available 24/7 days a week

## ***CAREGIVER TO YOU***

**801 15<sup>th</sup> Street Suite B**

**Modesto, CA 95354**

**Telephone 800-869-4373**

[www.caregivertoyou.com](http://www.caregivertoyou.com)

Caregiver To You is a fully-licensed Home Care Organization that leverages community connections to provide the best possible care. Our decision to provide caregiving services began with a genuine desire to improve the lives of those we serve: clients, families AND caregivers.

Services offered: Personal Care, Housekeeping, Companionship, Meal Preparation, Shopping Assistance, Transportation Services, Medication Assistance, Tele-Visit Options, Certified Caregivers, Check-In Services, Pet Care, Home Care Handyman, Alzheimer's, Dementia, and Memory Care

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## ***COMFORT KEEPERS***

**5831 Stoddard Road, #802**

**Modesto, CA 95356**

**Telephone: (209) - 543-0444**

[www.comfortkeepers.com](http://www.comfortkeepers.com)

### **Services:**

In-Home companionship care, meal preparation, light housekeeping, errand services, grocery shopping, incidental transportation, daily "TLC" phone calls, laundry & linen washing, clothes shopping, recreational activities, grooming & dressing guidance & organize incoming mail.

## ***COVENANT CARE AT HOME***

**125 N Broadway Ste 1B, Turlock, CA 95380**

**Telephone: (877) 341-4984 Fax: (209) - 669-6507**

[TSBoom@CovenantCareatHome.org](mailto:TSBoom@CovenantCareatHome.org)

[www.CovenantCareatHome.org](http://www.CovenantCareatHome.org)

### **A Complete Range of Exceptional Services.**

Our services are provided by well-trained, thoroughly screened, and dependable health care professionals. Your customized Plan of Care is developed with your input, the collaboration of physicians and family, and always with the supervision of Registered Nurses – an important step in our rigorous quality control standards.

#### **Services may include:**

- \* Personal and Clinical Care:
- \* Personal Care – Bathing, grooming, oral hygiene, assistance with dressing and mobility. Try our “Get Up & Go” services, which include dressing and grooming assistance for beginning of your day.
- \* Medication Reminders, we organize your medications to insure compliance with all physician orders.
- \* Companionship – Person relationships are important to health, vitality, social and emotional well-being. Or caregivers will provide companionship, engage in mind, and provide spiritual support.

## ***HOME CARE SPECIALISTS***

1608 Sunrise Avenue, Suite E  
Modesto, CA 95350  
Telephone: (209) – 523-7779  
Fax: (209) – 523-7794

### **CARE MANAGEMENT**

Geriatric Home Care Specialists will come to your home and assess your personal needs. Our consultation schedule is flexible for your convenience. We are experts in long term care insurance.

### **CUSTODIAL SERVICES**

Home Care – Hourly, Overnight, and Live-in.  
Bathing, Dressing, Laundry, Transportation (Shopping, Errands, Doctor Appointments), Meal Preparation, Medication Reminders, Light House Cleaning, Nursing Home Visitation.

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## ***INTERIM HOME STYLE SERVICE***

1521 North Carpenter Road, Suite D-2  
Modesto, CA 95351  
Telephone: (209) - 577-5936  
Fax : (209) - 544-8895  
[www.interimhealthcare.com](http://www.interimhealthcare.com)

**Medical Services:** RN's, LVN's, AIDS, IV therapy

**Interim Home style Care Services:** Light domestic housework, laundry, shopping, errands, and transportation to medical appointments.



## ***LEGACY HOME CARE***

**5330 Pirrone Road Ste 114**

**Salida, CA 95368**

**Phone (209)800-7333**

**Fax (209)800-2505**

**<https://www.legacyhcs.com/>**

Legacy Home Care services bring together home care professionals with a combined 40 plus years of experience dedicated to providing the best home care to our clients. Legacy Home Care provides a wide variety of Private Duty Home Care Services, including:

Bathing and personal hygiene

Dressing

Toileting Assistance

Medication Oversight

Meal Planning and Preparation

Housekeeping

Shopping / Errands

Care Plan Coordination

Home Safety Assessment

Accompaniment to Doctors Appointments

Communication with Family / Support Team

At Legacy we take pride in training our caregivers to a standard of excellence we would expect for our own families. We apply vigorous standards to our home care services. Our caregivers are highly trained through our Legacy Academy.

## ***PROVIDENT CARE***

**1025 14<sup>th</sup> Street**

**Modesto, CA 95354**

**Telephone: 209-578-1210 or 1 (800) 632-4663**

**Fax: 209-549-9364**

***www.providentcare.com***

*Provident Care- Caring for today and planning for tomorrow.*

Provident Care has been providing Home Care service since 2000. Provident care is the #1 Home Care provider in the Valley. We believe that seniors thrive more in their own home and our team of Caregivers and Registered Nurses have been making that dream of staying home a reality, even for clients with dementia, diabetes, stroke and surgery. We perform ongoing home visits to monitor quality of care in addition to your scheduled care. Our services include but are not limited to the following:

**Activities of daily living:** Bathing & Dressing assistance, Personal Hygiene Toileting Assistance, Meal Planning & Preparation, Housekeeping & Laundry Care and Companionship Safety & Supervision

**Transportation:** Doctor's Appointments, Grocery Shopping and Social Activities

**Disease Management Assistance:** Diabetes, Dementia/Alzheimer's, Blood Pressure Monitoring, Medication Coordination, Ambulatory & Transfer Assistance, Hospice Care, Stroke Recovery, Fall Prevention Post-Surgery Care

Our caregivers and certified nursing assistants are managed, bonded and insured.

All caregivers go through a rigorous background check and a screening process that includes drug testing, written and physical testing. We match clients with caregivers who best fit both skill need and personality.

The care your loved one needs to live a happy, healthy life in the comfort of their own home is just a call away. Call Provident Care today for a free Home Consultation!

***RIGHT AT HOME***  
***In Home Care & Assistance***

**611 Scenic Drive**  
**Modesto, CA 95350**  
**Telephone: (209) 579-9445**  
**Fax: (209) 579-9430**  
**[www.rahmodesto.com](http://www.rahmodesto.com)**

We provide trained, insured and bonded caregivers for a variety of eldercare services. It may be for extra assistance after a stay in the hospital. An aging parent who needs extra help or companionship to remain in Their own home, or as a respite for a husband or wife who cares for spouse, we can help with home health care needs.

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***Sequoia Home Companion Care***

**2020 Standiford Avenue F3**  
**Modesto, CA 95350**  
**Phone: (209)532-5122**  
**<https://sequoiahomehealth.net/companion-care.html>**

Sequoia Companion Care is licensed, bonded and insured, and our caregivers undergo extensive background checks. We are RN owned and operated, and our sister company, Sequoia Home Health, has nurses and physical therapists who provide our Companion Care caregivers with additional training. We offer a variety of in-home care services to give our clients the specific care they need. We work with you to tailor your in-home care plan to your needs. Home Care services can include:

- Housekeeping
- Personal Care Assistance with Activities for Daily Living
- Medication Reminders
- Meal Preparation
- Companion Services
- Personal Care

## **SUTTER CARE at HOME**

**Formerly, VNA**

**1316 Celeste Drive, Suite 140**

**Modesto, CA 95355**

**Telephone: (209) - 571-1055 or 1-800-209-6877**

**Fax: (209) - 557-9581**

### **Services Include:**

- \* Registered nurses
- \* Licensed vocational nurses
- \* Behavioral Health nurses
- \* Rehabilitation therapists
- \* Certified home health aides
- \* Medical social workers
- \* Nutrition services
- \* Infusion therapies
- \* Chaplain services

### **Support Services**

Out staff of certified home health aides, dietitians, and medical social workers provides safe and valuable support services to help patients recuperate at home.

### **Nurses Aides**

Bathing, personal grooming, help with dressing, exercising, light housekeeping, laundry, shopping, medication reminders, meal preparation.

### **Sleep-Over**

Bedtime and wake-up assistance, overnight stays  
(ask for details).

## ***Valley Home Care***

### **In Home Companion Care**

**909 15<sup>th</sup> Street Suite 2A**

**Modesto, CA 95354**

**Phone: (209) 526-5658 Fax: (209) 526-5659**

Locally owned and operated by nursing and rehabilitation professionals.  
Client satisfaction is our highest priority.

### **SERVICES:**

- \*Assistance with dressing, bathing and personal hygiene
- \*Assistance with transfers such as; wheelchair, bed, bathroom
- \*Meal preparation
- \*Medication reminders
- \*Transportation
- \*Housekeeping
- \*Laundry
- \*Companionship

Every situation is unique. Valley Home Care will work with you and your loved ones to develop a plan that meets both budget and need.

Services are available from 1 hour per week to 24 hours per day.

All caregivers go through a thorough background screening and are licensed, insured and bonded.

### **Valley Home Health / Medical Services**

Valley Home Health is committed to helping each of our patients reach their highest possible quality of life.

Skilled Nursing

Physical Therapy- Speech & Occupational Therapy

Medical Social Worker –

Valley Home Health accepts Medicare, Workers' Compensation, and Private Insurances.

## ***Visiting Angels***

**3453 Brookside Road #C**

**Stockton, CA 95219**

**Phone: (209)208-4132**

<https://www.visitingangels.com/stockton/home-care-modesto>

Visiting Angels Stockton has been providing seniors in Stanislaus County with superb in-home senior care services for over two decades. Our number one goal at Visiting Angels Stockton is to help seniors receive continual comfort and enjoyment in their lives. If deteriorating mobility, or a struggle with an illness is impeding on their daily life, we are here to help with basic needs, chores, tasks, and more.

### **Some home care services we provide include:**

- Bathing and Grooming
- Getting Around the House
- Getting Dressed and Undressed
- Maintaining the Home with Light Housekeeping
- Meal Planning and Preparation
- Reminders to Take Medication
- Transportation to Appointments

The in-home caregivers at Visiting Angels Stockton can provide comfort and care to your senior, as well as companionship and support in activities like taking walks, watching television together, and more. If your senior has an event to go to, our registered caregivers can drive them and lend a helping hand. If your senior loved one struggles with managing a chronic illness, Alzheimer's, dementia, and other challenges of old age, our caregivers are here to maintain, help, and keep track of their condition. Your loved one's health and trust come first.

Our compassionate caregivers at Visiting Angels Stockton are here to help your loved one safely and comfortably age in place in Modesto. We can customize and create a schedule for you and your senior's convenience when we can assist with running errands, help with daily tasks, and more. We are here to make sure your senior remains comfortable and independent in their home.

This is only a partial list of agencies. The information provided does not reflect an endorsement.  
Stanislaus County Aging & Veterans Services 209 558-8698 March 2021