Stanislaus County Senior Luncheon

The senior luncheon is *more than just a meal*, it's an opportunity to meet others and have some fun!

The Senior luncheon offers freshly made healthy meals planned and approved by a Registered Dietitian.

COST: There is no fee for the meal however, we offer a voluntary contribution box and have a **\$4.00 per meal** suggested amount. No eligible participant will be denied a meal due to inability to contribute.

The Area Agency on Aging will protect the privacy and confidentiality of each recipient's contribution.

*Open to seniors 60 or older & their spouse of any age.
(Guests under 60 are welcome but must pay the full cost of the meal, currently \$7)

SENIOR LUNCHEON Café Locations:

- Coffee Road Café, Veterans Center Modesto (Mon Wed) (209) 480-7363
- Community Center Café, Ceres (Mon Thur) (209) 480-4508
- Gladys Lemons Center, Oakdale (Mon Fri) (209) 480-3759
- Hammond Center, Patterson (Mon Fri) (209) 480-6371
- Hughson Senior Center (Mon, Wed, Fri) (209) 480-7549
- Mancini Hall, Modesto (Mon Fri) (209) 480-4389
- McConnell Center, Newman (Mon Fri) (209) 894-5193
- Modesto Senior Center, Modesto (Mon Thur) (209) 341-2974
- Riverbank Community Center (M, T, Thur) (209) 480-6690
- Turlock Salvation Army (Mon Thur) (209) 480-5170
- Turlock Senior Center (Mon Wed, Fri) (209) 480-7381
- United Community Center, Grayson (Mon, Wed, Fri) (209) 480-5709

Note: Reservations are required. Please call the site you would like to attend at least 1-2 days in advance when the site is open, before 12:00pm to ensure your meal is prepared.

Hours of Operation: Sites open early for coffee & conversation. Usually 10:00-1:00 p.m. Meal service time varies by site but generally is served between 11:30am and 12:00 noon.

*Conditional eligibility: A spouse under 60, or a disabled dependent adult, who resides with and attends the lunch with an eligible senior is eligible for the meal service

^{*}New sites funded with ACPA funds

Meals on Wheels - Home Delivery

Meals on Wheels provides home delivered boxes of frozen meals for eligible <u>homebound</u> older adults.

Eligibility: To qualify for a home-delivered meal a person must be *60 years of age or older and be *primarily home-bound* due to physical or cognitive limitations. Those seniors that **live alone**, **are older & frail** are the highest priority for the home delivery service.

Pick up "To-Go" meals from a local site may be another option. Call for more information.





To apply for Home Delivered Meals in Stanislaus County call, Senior Information Line at: (209) 588-8698

*The Home Delivered meals are delivered by **TRIO Community Meals**. A box of 5 frozen entrees, bread & milk will be delivered **once a week**. Generally, Monday - Friday between 8:00 a.m. and 5:00 p.m.) depending on route assignment.

Note: *Newman Crows landing residents have <u>fresh meals</u> delivered weekdays, between 11:30am-12:30pm.

*Eligibility: A spouse under 60, or a disabled dependent adult, that resides with an eligible senior may also be eligible for the meal service

Information about the senior meals program call:



Senior Information Line: (209) 558-8698