



Important Numbers:

Benefits/Claim Status

Capitol Administrators

(877) 789-8499

www.capitoladm.com

Provider Questions

SCPH Providers

(877) 830-7470

www.scpartnersinhealth.org

MultiPlan Providers

(888) 342-7427

www.multipan.com

Physician Referrals

DMC Hospital

(888)-284-6641

www.dmc-modesto.com

Rx Drug Coverage

CVS Caremark

(800) 875-0867

www.caremark.com

Employee Benefits

(209) 525-5717

countybenefits@stancounty.com

SCPH Newsletter

The Difference Between HDHP & EPO Health Plans

HDHP

A high deductible health plan has an annual deductible and lower premiums than the EPO. It is the only plan that accompanies a personal Health Savings Account (HSA) with employer contributions that are used to help pay for qualified medical expenses. HDHP participants pay for initial medical expenses until the deductible is met at which point, you pay on a fixed co-payment schedule similar to an HMO.

EPO

An exclusive provider organization plan offers a higher level of benefits at a higher cost, similar to an HMO. There is no annual deductible and all benefits are based on a fixed co-payment, which is the amount you are required to pay out-of-pocket for office visits, services and prescription drugs. EPO plan participants are not eligible for a personal HSA with contributions from the County.

Bariatric Surgery Centers of Excellence Program

Surgeries to help lose weight have become a useful way to help individuals manage life-threatening medical conditions like diabetes and hypertension. In order to maximize the potential these surgeries can offer, SCPH is pleased to announce a new Center of Excellence program. Effective June 1, 2014, all bariatric surgeries must be performed at a Bariatric Surgery Accreditation and Quality Improvement Program accredited facility (MBSAQIP) in order to be covered. Members currently receiving pre-surgery testing and counseling are still allowed to have their surgery at a non-MBSAQIP accredited facility contingent the surgeries are pre-certified prior to May 1, 2014. The following facilities are MBSAQIP accredited:

- **Doctors Hospital of Manteca**
- **Fresno Heart and Surgical Hospital**
- **University of California San Francisco Medical Center**

By obtaining services through a MBSAQIP accredited facility, SCPH members can be assured that they will receive the highest level of care and the expertise of clinicians who have obtained the highest level of certification.

What is PHCS/MultiPlan?

PHCS/MultiPlan is the national network for care administered OUTSIDE of Stanislaus County. Providers contracted with MultiPlan are considered in network if their offices are NOT located in Stanislaus County. MultiPlan's providers include over 4,000 hospitals and 500,000 physicians nationwide. To access a provider directory, visit the SCPH website at www.scpartnersinhealth.org and click on "Find a Provider."

In-Network Providers

If you require care from a medical provider, it's your responsibility to verify that the physician is an active participant in the SCPH or MultiPlan network. MultiPlan's online directory is continuously updated, however certain providers may occasionally appear in the directory that no longer participate in the network. Therefore, it is important to verify the provider's participation in the MultiPlan network when making an appointment. **You may be responsible for out-of-network medical plan costs if you do not verify your provider's network participation.**



Healthcare ID Replacement Cards

To order a new ID card or check on the status of your replacement card, contact Capitol Administrators and a customer service representative will assist you with your questions.

**Capitol
Administrators
(877) 789-8499**

Make sure to verify your mailing address on file to ensure your ID card will be delivered to you promptly and without delay.

Take Control of Your Prescription Drug Costs

Mail Order Drug Program

Prescription drug compliance is an important part of managing chronic medical conditions. Medication adherence simply entails taking medications prescribed to you by your physician on a regular basis. The daily drugs you take for things like hypertension, high cholesterol, diabetes, asthma and others not only help you stay healthy, but also help prevent these conditions from advancing to a much more serious state.

With maintenance medications, it's often easy to forget to refill prescriptions let alone find time to pick them up at the pharmacy during normal business hours. CVS Caremark's mail-order drug (MOD) program is a great solution to ensure that you never run out of prescription medications. By enrolling in the MOD program, you can have your maintenance drugs delivered right to your mailbox in both a convenient and cost-effective manner.

Sign up online, by mail or by phone at **(800) 875-0867**.



Pharmacy Network

CVS Caremark is the Pharmacy Benefit Manager for SPCH. Its retail pharmacy network is comprised of an expansive list of national chains including:

- CVS
- Walgreens
- Rite Aid
- Costco
- Wal-Mart

In addition to over 80 local pharmacies.

Online Portal

Access specific plan and prescription drug information online through CVS's member portal. Find important information related to your drug costs and utilization such as:

- Pharmacy directory
- Historical prescriptions
- Current medications
- Mail Order Drug refills
- Prescription drug coverage

Sign up online at www.caremark.com.

Prescription Payment Options

For online prescription drug orders, payments may be divided among multiple credit cards including your Wells Fargo HSA. However, if you are using a Flexible Spending Account (FSA) debit card through WageWorks, you must use your entire FSA fund before the remaining prescription balance may be applied to another credit card.