Your Money Doesn't Grow on Trees
...Spend It Wisely!

Primary Care Physician (PCP)

You will save money, avoid filing claims, and receive the highest level of benefits when you use providers who participate in the UMR network.

To search for a provider you can:

➤ Visit www.umr.com and select "Find a Provider"
➤ Search using the "UnitedHealthcare Choice Plus" Network
➤ Choose Medical or Behavioral Health Providers to create a custom directory
➤ Find a provider on-the-go using the umr.com mobile site
➤ You can also call UMR's Customer Service at 1-800-207-3172 for assistance

November 1, 2017

Referrals From Your Doctor

If your PCP refers you to a specialist or facility, it remains your responsibility to make sure the new provider is in the UMR network. Using an in-network provider protects you from unexpected costs.

Before you receive treatment it is best to:

➤ Check the referral provider's status either online at www.umr.com or by calling UMR at 1-800-207-3172

If the referral provider is out of network, you can either get a list of in-network providers from the website, Customer Service, or ask your PCP for an in-network referral.

If you receive a referral to a lab, hospital, or testing center please make sure that the location is also in network.

Telehealth Program

If it's late at night or you're traveling and you need routine medical care, Amwell brings the doctor to you! Board Certified practitioners are available 24/7/365 to treat a variety of less-complex conditions such as flu or infections and are able to prescribe medications. Download the mobile app or visit www.amwell.com to log in and register: Either choose **UMR** from the dropdown **Insurance** menu or enter one of the following Service Keys:

➤ HDHP Participants use—SCHDP
➤ EPO Participants use—SCEPO

For HDHP participants the cost is $49 if you haven't met your deductible and $20 if you have. For EPO participants the cost is $20. Standard Rx charges may apply.