

*Alleviate out-of-pocket medical, dental and vision expenses by enrolling in a Flexible Spending Account!*

## WHAT IS A HEALTH FLEXIBLE SPENDING ACCOUNT?

A Health Flexible Spending Account (FSA) allows you to set aside a portion of your pay pre-tax to use for medical, dental and vision expenses that are not covered by insurance, or only partially covered. Because it is deducted from your pay before taxes, you can save up to 30% on your dollar (depending on your tax bracket)! Estimate how much you usually spend on these types of expenses in a year and set aside that dollar amount into your FSA.



### Health FSA

Covers the cost of medical, dental, and vision expenses incurred by you and or your eligible dependent(s). Eligible expenses include deductibles, co-pays, prescriptions, eyeglasses, and dental work. For a complete list of eligible expenses please visit [www.padmin.com](http://www.padmin.com) or click here.

*The complete FSA brochure is available for you on the P&A Group website at [www.padmin.com](http://www.padmin.com).*

## WHEN YOU ENROLL

When you enroll you determine the amount of expenses you anticipate for the upcoming year. The benefits you elect are paid with pre-tax dollars deducted from your paycheck each payroll period. These dollars are subtracted from your gross earnings before taxes are taken out.

**NOTE:** You do not need to be enrolled in your company's health insurance plan in order to participate in the FSA.

## WHOSE EXPENSES ARE ELIGIBLE

Under the plan, only the expenses of a participant, a participant's spouse or a participant's dependent(s) qualify for pre-tax treatment. If you are unsure if a person qualifies as an eligible dependent, please refer to the P&A Group website at [www.padmin.com](http://www.padmin.com) for a more detailed definition.

# FLEXIBLE SPENDING ACCOUNT

## P&A BENEFITS CARD

Your employer offers a Benefits MasterCard for employees who participate in the plan. The Benefits MasterCard works like a debit card. When you incur an eligible expense present your Benefits Card to the provider of the goods or services you are purchasing. Swipe your card at the point-of-service and the expense will automatically be deducted from your FSA balance. If you are unable to use your Benefits Card you can still be reimbursed for all eligible expenses. Save your receipt and submit a claim to P&A Group using one of the methods below. For all purchases we encourage you to save your receipts in case documentation is requested. NOTE: This card cannot be used at an ATM machine to withdraw cash.



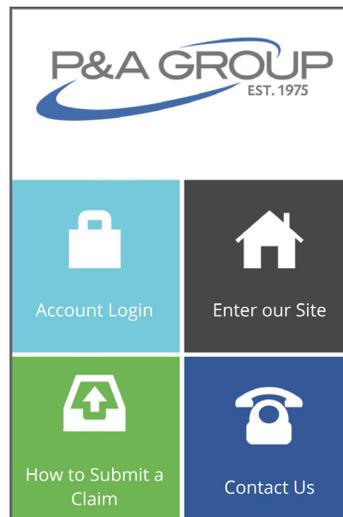
Your debit card is valid for three years from the date of issue. If this is your third year enrolling with P&A Group, you may be receiving a new benefits card in the mail. When it is time for you to receive a new card your card will automatically be mailed to your home address in a plain white envelope.

## HOW TO SUBMIT A CLAIM

### QuikClaim

Instantly submit claims and receipts directly from your smartphone.

1. Capture a picture of your receipt or other supporting documentation of your eligible expense.
2. Log into your P&A Account at [www.padmin.com](http://www.padmin.com) from your mobile device. Select **How to Submit a Claim** and follow the prompts on your screen.



### Electronic Claim Upload

Submit claims directly online at P&A's website [www.padmin.com](http://www.padmin.com) by logging into your P&A account. Select **Upload a Claim** under the **Member Tools** tab.

### Fax or Mail a Paper Claim

Claim forms are available online at [www.padmin.com](http://www.padmin.com).

FAX: (877) 855-7105

MAIL: P&A Group 17 Court St. Ste 500 Buffalo, NY 14202

*When submitting a claim make sure to include proof of service/documentation (itemized receipt, etc).*

## HOW TO ENROLL

Participants can enroll in an account during their Open Enrollment. This is the period of time determined by your employer when employees can elect their benefits and determine how much money to put into an FSA.

## FSA CALCULATOR

Use this online tool to help estimate your calculated savings when you sign up for an FSA. Log into your account at [www.padmin.com](http://www.padmin.com) to access the calculator or go to [www.padmin.com](http://www.padmin.com), select **Benefit Programs**, then **Tools & Resources**.

## TEXT MESSAGING FEATURES

Log into your online P&A Account and update your profile with your mobile number. Then text one of the codes below to the number 70626 and you'll receive a text message with your account information!

Account balance - text BAL

Claim status - text CLM

Deposit update - text DEP

## QUESTIONS?

Customer service hours are M - F, 8:30AM - 10:00PM ET.

PH: (800) 688-2611

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