

JOB TASK ANALYSIS

Employer:	Stanislaus County	
Occupation:	Food Service Worker	
	Lead Food Service Worker	
Company Contact:	CEO-Recruitment Unit	
Date:	May 2002	
Analysis Provided By	 y: Lyle Andersen, PT, CWCE Andersen & Baim Physical Therapy, Inc. 3500 Coffee Road, Suite 3 Modesto, California 95355 (209) 549-4626 	

INTRODUCTION:

The job description for this document was provided by Stanislaus County. The environmental factors, physical and functional demands for this Job Task Analysis were documented by Andersen & Baim Physical Therapy, Inc. The methodology for documentation consisted of on-site visits, using various measuring devices such as dynamometers and scales, as well as observation and interviews with employees and managers. A detailed record was made of the physical and functional demands of the job in terms of force pounds, weight, frequency, height, distance, anthropometric measurements, stamina, and degrees of range of motion. The determination of the frequencies of functional activities are based on standards provided by the National Institute for Occupational Safety and Health (NIOSH) and the Work Practice Guide for Manual Lifting (U.S. Department of Commerce, National Technical Information Service).

The Job Task Analysis is organized as follows: General work description and specific duties; safety requirements; uniform/equipment; required job-related knowledge, education, ability, and experience; union; environmental factors; and physical/functional demands.

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GENERAL WORK DESCRIPTION:

The frequency of the following activities may vary according to the physical requirements of the specific job tasks that the employee may be required to perform at random intervals.

Under the general supervision of the department manager, the Food Service Worker and Lead Food Service Worker, has the overall supervisory responsibility of a food service operation. Basic responsibility includes the supervision of inmate staff in the implementation and coordination of food service that ensures high standards of nutrition, food production and food service.

ESSENTIAL FUNCIONS - SPECIFIC DUTIES

Food Service Worker:

The Following Reflects the Essential Job Task Functions:	Essential/Marginal Task(s)
Task 1: Cleans and prepares vegetables and fruit.	Essential
Task 2: Operates kitchen equipment.	Essential
Task 3: Prepares sandwiches, coffee, custards, and jellos, bakes pies and cakes,	Essential
slices meat.	
Task 4: Serves food on cafeteria line and works inmate tray line, placing food,	Essential
drinks and condiments on each tray.	
Task 5: Follows special diets in preparing inmate trays properly arranges and	Essential
apportions food servings on trays and attractively garnishes as required.	
Task 6: Loads meal trays on tray carts, delivers carts, serve trays to inmate, and	Essential
returns used trays and carts to kitchen.	
Task 7: Performs a variety of cleaning and custodial work, (i.e. washes and	Essential
sanitizes dishes, pots, pans and kitchen utensils, mops floors, cleans kitchen and	
refrigerator, walls and floors, and disposes of garbage in compactor or dumpster.	
Task 8: Stores, rotates and distributes food supplies.	Essential
Task 9: Loads and unloads dishes from dishwasher and operates and cleans	Essential
dishwasher.	
Task 10: Delivers food to various locations in the County.	Essential

Lead Food Service Worker:

The Following Reflects the Essential Job Task Functions:	Essential/Marginal Task(s)
Task 1: Confers with Food Service Supervisor regarding duties, standards,	Essential
procedures and other matters relating to Food Service.	
Task 2: Checks menus for all meals according to diet sheet, updates cardex,	Essential
explains special diets to cooks.	
Task 3: Prepares daily tallies of food orders and records on productions sheet.	Essential
Task 4: Checks trays that have been filled on tray line for attractiveness and	Essential
accurate compliance with instructions on diet cards.	
Task 5: Loads trays on carts to be taken to destination.	Essential
Task 6: Assists in staff scheduling and instruction, i.e. proper methods of	Essential
performing duties, proper operation of kitchen equipment, arrangement and	
appointment of food on trays and sanitation and safety standards, designated in	

charge of all Food Service Operations in the absence of the Food ServiceManager and Custodial Cooks.Task 7: May provide Food Services Manager with input for worker's evaluations.Task 8: May fill in for Food Service Workers when necessary.Essential

Safety Requirements: All employees are required to observe company safety procedures and standards to insure individual and collective safety, in addition to avoiding unnecessary risk to oneself, co-workers, customers, and property.

UNIFORM:

- 1. Black slacks, shirt with patches on sleeve
- 2. Hair net
- 3. Apron
- 4. Black shoes
- 5. Protective freezer wear
- 6. Protective eyewear
- 7. Black belt
- 8. Latex gloves

EQUIPMENT:

- 1. Ameripak tray sealing machine
- 2. Baking racks
- 3. Blast chill freezer
- 4. Traulsen refrigerator-reach in type
- 5. Cleveland combi oven
- 6. Carter-Hoffman retherm ovens
- 7. Cleveland tumble chill equipment
- 8. Conveyor
- 9. Cold food tables
- 10. Coffee urn/maker
- 11. Can openers
- 12. Cookie machine
- 13. 200-gallon cook chill kettle
- 14. 100-gallon tilting kettle
- 15. Dough divider
- 16. Dollies
- 17. Food warmer
- 18. Floor jack manual and motorized
- 19. Food carts
- 20. Sponges/brushes
- 21. Broom/mops/mop buckets

- 1. Forklift
- 2. Hobart slicer
- 3. Hobart Mixer
- 4. Hobart dishwasher
- 5. Ice maker
- 6. Juice dispenser
- 7. Tilgin fry pan/skillet
- 8. Scales
- 9. Pot washer
- 10. Spiral dough mixer
- 11. Rack oven
- 12. Ranges
- 13. Toaster
- 14. Dish drying racks
- 15. Walk-in refrigerators
- 16. Steam tables
- 17. Refrigerated truck
- 18. Ladders
- 19. Tray carts
- 20. Pump fill stations
- 21. Hobart food cutter

Required Job-Related Experience:

EXPERIENCE/QUALIFICATIONS:

- 1.) Maintain confidential information according to legal standards and/or County regulations as required.
- 2.) Successful completion of a post-offer, pre-placement physical abilities test.

All employees within the Food Service Worker and Lead Food Service Worker Position are required to provide physical assistance for all weight and frequency requirement needs of all job tasks in order to maintain a safe work environment. Employees must be physically capable of working in any of the job tasks within the Food Service Worker and Lead Food Service Worker Position.

WORK HOURS:

40 hour work week Variable schedules as needed

UNION:								
American	Federation	of	State,	County,	and	Municipal	Employees,	Optional

ENVIRONMENTAL FACTORS

The following percentages are given in terms of an eight-hour workday:

Seldom =	1% - 2%	Frequent =	34% - 66%
Occasional =	3% - 33%	Continuous =	67% - 100%

	ENVIRONMENTAL FACTORS	FREQUENCY
1.	Unprotected heights: loading dock up to 46 inches in height.	Seldom
2.	Being around moving machinery: Grinder, slicer, food processor, chopper	Occasional
3.	Exposure to marked changes in temperature and humidity: walk-in 5-degree freezer, 35-degree refrigerator, 32-degree cooler, 34-degree cooler.	Occasional
4.	Exposure to dust, fumes, smoke, gases, or other irritating substances (specify):	Not Applicable
5.	Driving material handling and cleaning equipment: van	Seldom
6.	Exposure to excessive noise:	Not Applicable
7.	Exposure to radiant or electrical energy:	Not Applicable
8.	Exposure to solvents or chemicals: cleaning agents	Seldom
9.	Exposure to slippery or uneven walking surfaces: water, ice, spills	Occasional
10.	Working below ground: basement (jail)	Seldom
11.	Unusual fatigue factors:	Not Applicable
12.	Working with explosives:	Not Applicable
13.	Excessive vibration:	Not Applicable
14.	Working with hands in water or other substance: hand washing protection is available.	Occasional
15.	Working proximity: Alone - Closely with others -	Occasional Continuous
16.	Working inside:	Continuous
17.	Working outside:	Seldom

FUNCTIONAL ACTIVITIES

The frequency of the following activities may vary according to the physical requirements of the specific job tasks the employee may be required to perform at random intervals.

The following percentages are given in terms of an eight-hour workday:

Seldom = 1% - 2%**Occasional** = 3% - 33% **Frequent** = 34% - 66% **Continuous** = 67% - 100%

1) <u>PUSH</u>: Pushing activities may require use of the back flexors and extensors in conjunction with bicep/tricep musculature.

MAXIMUM REQUIREMENT

0-10 Pounds:	Occasional
11-25 Pounds:	Occasional
26-35 Pounds:	Occasional
36-50 Pounds:	Occasional
51-75 Pounds:	Not Required
76-100 Pounds:	Not Required

MAXIMUM FORCE: 40 Pounds

Assistive Devices: 4-Wheeled Cart, Hand Truck. Additionally, one or more person(s) assistance is available with forces greater than 40 pounds.

Comments: Pushing is utilized with activities such as retrieving, returning, storing, and/or transporting product, equipment, merchandise, and supplies (e.g. trash cans, carts, baking carts, portable salad bar cart, dining room tables; walk in cooler doors). The employee exerts up to 40 pounds of force in a horizontal plane from waist to shoulder height of a distance up to 200 feet when performing job tasks (e.g. pushing trash carts to/from disposer sites; moving carts of prepared food and ingredients; open/close doors; 4-wheeled food transportation carts up to 300 pound loads on carts at the PSC jail).

2) <u>PULL</u>: Pulling activities may require use of the back flexors and extensors in conjunction with bicep/tricep musculature.

	MAXIMUM REQUIREMENT		
0-10 Pounds:	Occasional		
11-25 Pounds:	Occasional		
26-35 Pounds:	Occasional		
36-50 Pounds:	Occasional		
51-75 Pounds:	Not Required		
76-100 Pounds:	Not Required	MAXIMUM FORCE:	40 Pounds

Assistive Devices: 4-Wheeled Cart, Hand Truck. Additionally, one ore more person(s) assistance is available with forces greater than 40 pounds.

Comments: Pulling is utilized with activities such as retrieving, returning, storing, and/or transporting product, equipment, merchandise, and supplies (e.g. trash cans, carts, baking carts, portable salad bar cart, dining room tables; walk in cooler doors). The employee exerts up to 40 pounds of force in a horizontal plane from waist to shoulder height of a distance up to 200 feet when performing job tasks (e.g. pulling trash carts to/from disposer sites; moving carts of prepared food and ingredients; open/close doors; 4-wheeled food transportation carts up to 300 pound loads on carts at

3) <u>STAND-UP LIFT</u>: Lifting from/to floor and waist height level.

	MAXIMUM REQUIREMENT
0-10 Pounds:	Occasional
11-25 Pounds:	Occasional
26-35 Pounds:	Seldom
36-50 Pounds:	Seldom
51-75 Pounds:	Not Required

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MAXIMUM FORCE: 40 Pounds

Assistive Devices: One or more person(s) assistance is available with weights greater than 40 pounds. *Comments:* A stand-up lift is utilized with activities such as retrieving, returning, storing, adjusting, and/or transporting product, equipment, merchandise, and supplies (e.g. food ingredients, prepared food, utensils, miscellaneous cleaning tols, dish racks). The employee lifts items weighing between <1 pounds and 40 pounds from/to 36 inches off the floor when performing job tasks (e.g. lift up to 40-pound box of fruit/vegetable; up to 10-pound individual box wrapped, canned, miscellaneous product; up to 50- bags of sugar, flour, hamburger, rice and powdered milk; 35-pound cased and caned fruit and vegetables).

4) **LEVEL LIFT**: Lifting weight from waist height level to waist height level for a maximum of four feet.

	MAXIMUM REQUIREMENT
0-10 Pounds:	Frequent

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11-25 Pounds:	Occasional
26-35 Pounds:	Seldom
36-50 Pounds:	Seldom
51-75 Pounds:	Not Required

MAXIMUM FORCE: 40 Pounds

Assistive Devices: Forklift, 4-Wheeled Cart, Hand Truck. Additionally, one or more person(s) assistance is available with weights greater than 40 pounds.

Comments: A level lift is utilized with activities such as retrieving, returning, storing, adjusting, and/or transporting product, equipment, merchandise, and supplies (e.g. food ingredients, prepared food, utensils, miscellaneous cleaning tools, dish racks). The employee lifts items weighing between <1 pounds and 40 pounds from/to 36 inches off the floor when performing job tasks (e.g. lift up to 40-pound box of fruit/vegetable; up to 10-pound individual box wrapped, canned, miscellaneous product; up to 50- bags of sugar, flour, hamburger, rice and powdered milk; 35-pound caned fruit and vegetables).

5) <u>WEIGHT CARRY</u>: Carrying weight at waist height level beyond a distance of four feet.

	MAXIMUM REQUIREMENT		
0-10 Pounds:	Occasional		
11-25 Pounds:	Seldom		
26-35 Pounds:	Not Required		
36-50 Pounds:	Not Required		
51-75 Pounds:	Not Required		
		MAXIMUM FORCE:	25 Pounds

Assistive Devices: Forklift, 4-Wheeled Cart, Hand Truck. Additionally, one or more person(s) assistance is available with weights greater than 25 pounds.

Comments: Weight carry is utilized with activities such as retrieving, returning, storing, adjusting, and/or transporting product, equipment, merchandise, and supplies (e.g. food ingredients, prepared food, utensils, miscellaneous cleaning tools, dish racks). The employee carries items weighing between <1 pounds and 25 pounds between 5 feet and 20 feet when performing job tasks (e.g. carry up to 25-pound trays of ingredients and/or prepared food; housekeeping).

6) OVERHEAD LIFT/PULL DOWN:

MAXIMUM REQUIREMENT

0-10 Pounds:	Seldom
11-25 Pounds:	Not Required
26-35 Pounds:	Not Required
36-50 Pounds:	Not Required
51-75 Pounds:	Not Required
76-100 Pounds:	Not Required

MAXIMUM FORCE: 10 Pounds

Assistive Devices: A vertical ladder, step ladder or step stool is available to bring items to eye or shoulder level. Additionally, one person assistance is available with weights greater than 10 pounds.

Comments: Overhead lift/pull down is utilized with activities such as retrieving, returning, storing, adjusting, and/or transporting product, equipment, merchandise, and supplies (e.g. food ingredients, prepared food, utensils, miscellaneous cleaning tools, dish racks). The employee carries items weighing between <1 pounds and 25 pounds between 5 feet and 20 feet when performing job tasks (e.g. lift up to 25-pound trays of ingredients and/or prepared food; housekeeping). *Variables to overhead reaching will be the employee's height and anthropometric reach.*

7) OVERHEAD REACH:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Occasional

Comments: Overhead reach is performed to a maximum height of 84 inches when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. reach to overhead shelves, cabinets; equipment rack/shelf). A ladder (appropriate height) or step stool may be utilized to bring items to eye or shoulder level. Variables to overhead reaching will be the employee's height and anthropometric reach.

8) **FORWARD REACH**:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Continuous

Comments: Forward reach is performed to a distance of 32 inches when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. reach to wash, clean, cook, slice, dice, serve; operate dials, switches, levers; storage room, walk-in cooler; disinfecting, housekeeping; operate food preparation and production line; food serving; clean floors, walk-ins, storage area docks, food lines, hoods, ovens, up to 100 and 200-gallon kettle). *The degree of elbow extension required for reaching will vary according to the employee's anthropometric reach.*

9) STOOPING:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Occasional

Comments: Stooping is performed when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. stoop to reach below waist height to clean, cook, bake; to/from storeroom and walk-in cooler shelves; housekeeping; reaching for supplies stored under counters and on lower shelves). *Variable to stooping will be the employee's height. Stooping of the head, trunk and knees can be minimized or avoided by substituting alternate positions of squatting, kneeling or bending when performing job tasks.*

10) <u>SOUATTING</u>: (Unloaded)

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Occasional

Comments: Squatting is performed when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. squat to clean, cook, bake; to/from storeroom and walk-in cooler shelves; housekeeping; reaching for supplies stored under counters and on lower shelves). *Squatting may be minimized or avoided by substituting alternate positions of bending or kneeling. Partial squatting is a preferred lifting posture.*

11) <u>REPETITIVE BENDING</u>:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Occasional

Comments: Bending forward at the waist is performed when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. bend to clean, cook, bake; to/from storeroom and walk-in cooler shelves; housekeeping; reaching for supplies stored under counters and on lower shelves). Maximum forward trunk flexion required is 60 degrees. *Employee may avoid excessive forward bending of the trunk up to 80 degrees by using alternate positions of bending at the hips, kneeling, half kneeling, stooping, sitting or squatting.*

12) TWISTING:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Occasional

Comments: Twisting at the waist is performed when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. cook, bake; reach storeroom and walk-in cooler shelves; housekeeping; reach for supplies stored on counters and racks). *Twisting at the waist may be minimized by turning the whole body, including the feet and working from a swivel chair.*

13) <u>TURNING</u>:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Occasional

Comments: Turning is performed when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. cook, bake; reach storeroom and walk-in cooler shelves; housekeeping; reach for supplies stored on counters and racks).

14) <u>KNEELING</u>:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Seldom

Comments: Kneeling is performed when retrieving, returning, and/or cleaning equipment and controls (e.g. kneeling under counters, racks; cleaning floor drains). *Kneeling may be minimized or avoided by substituting alternate positions of bending, squatting, or half kneeling.*

15) <u>CRAWL</u>:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Not Required

Comments: Crawling is not required when performing job tasks.

16) <u>STAIR CLIMB</u>:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Seldom

Comments: Stair climb is required in order to go to/from the back loading dock; delivering catering to off-site locations; 4-wheeled six and eleven step portable stair case. Maximum number of 22 steps is climbed.

17) LADDER CLIMB:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Seldom

Comments: Ladder climbing is performed onto/off of safety ladders or steps to access equipment and supplies (e.g. 3 and 7-step safety ladder) located 84 inches above floor level (e.g. climb to reach overhead food, cleaning aids; cleaning exhaust hoods, walls, ceiling, fixtures, windows). *Variables to overhead climbing will vary according to the employee's height and anthropometric reach*.

18) <u>WALKING</u>:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Frequent

Comments: Walking is performed when retrieving, returning, storing, adjusting, moving, and/or transporting product, equipment, controls, merchandise, and supplies (e.g. walking to/from task sites; refrigerator, cooler; dock, serving line, basement, off-site locations). Walking length varies between 3 feet and 400 feet depending on job task.

19) <u>SITTING</u>:

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Seldom

Comments: Sitting is required for Lead Food Service Worker when performing job tasks (e.g. desk top work).

20) <u>STANDING</u>: (Static)

MAXIMUM REQUIREMENT

MAXIMUM FREQUENCY: Frequent

Comments: Static standing is performed for a maximum of 30-minute intervals when performing job tasks (e.g. washing, preparing food; serving prepared food; cashier duty).

21) BALANCE:

MAXIMUM FREQUENCY: Continuous

Comments: Good balance is required for safe walking, standing, climbing and lifting.

22) OPERATING HAND/FOOT CONTROLS:

MAXIMUM REQUIREMENT

HAND:	
Right:	Occasional
Left:	Seldom
Both:	Seldom
Either:	Occasional
FOOT:	
Right:	Occasional
Left:	Seldom
Both:	Seldom
Either:	Seldom

Comments: Hand controls are utilized to operate equipment (e.g. ovens, slicer, can opener, food processor, toaster, coffee maker, drink dispenser, broiler, steam kettle, steamer, dish/pot washer, vehicle) when utilizing equipment and controls (e.g. preparing food, washing, pots/dishes; driving van). Foot controls are utilized to operate equipment (e.g. driving van; 21-foot delivery truck with lift gate).

23) UPPER AND LOWER EXTREMITY COORDINATION:

Simple Cree

	MAXIMUM REQUIREMENT	
sning:	Continuous	

Simple Grasping:	Continuous
Firm Grasping:	Occasional
Fine Manipulation:	Occasional
Eye/Hand Coordination:	Occasional
Hand/Foot Coordination:	Seldom

Comments: Grasping and coordination activities are performed when adjusting, and/or moving product, equipment, controls and supplies (e.g. dials, switches, food; utensils, money).

Simple grasping is utilized to perform job tasks (e.g. lifting objects weighing less than 5 pounds; lightweight lifting, food serving, cleaning, food preparation).

Firm grasping is utilized to perform job tasks (e.g. heavyweight lifting, slicing, cutting; open/close door; cleanng, push/pull carts; food preparation, machine operation).

Fine manipulation is utilized to perform job tasks (e.g. knife work, control push button pads, garnishing, food preparation).

Eye/hand coordination is utilized to perform job tasks (e.g. knife work, slicing, cutting, pouring, measuring, machine operation).

Hand/foot coordination is utilized to perform job tasks (e.g. driving van).

Depending on individual hand dominance, one hand may be used more frequently than the other when performing job tasks.

24) NECK RANGE OF MOTION:

	MAXIMUM REQUIREMENT
Static neutral position:	Frequent
Flexing:	Frequent
Rotating:	Frequent
Extending:	Seldom

Comments: Neck movement is required when performing job tasks (e.g. food preparation, cleaning, washing, stocking). *Participating in observation of work environment allowing for safe working conditions. Full cervical range of motion is required to safely perform the job tasks.*

END OF REPORT

STANISLAUS COUNTY JOB TASK ANALYSIS

Enclosed are the results of the Essential Functions Job Task Analysis that were obtained for the position of **Food** Service Worker and Lead Food Service Worker.

Please note the specific summary of maximum weight and frequency requirements:

Stanislaus County		
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Job Task Analysis Summary		
Lead Food Service Worker		
Functional Activities	Maximum Requirements	
Push $(Force)^1$	40 pounds	
Pull (Force) ¹	40 pounds	
Stand Up Lift ¹	40 pounds	
Level Lift ¹	40 pounds	
Weight Carry ¹	25 pounds	
Overhead Lift/Pull Down ¹	10 pounds	
Overhead Reach ¹	Occasional	
Forward Reach ¹	Continuous	
Stooping ¹	Occasional	
$Squatting (Unloaded)^1$	Occasional	
<i>Repetitive Bending</i> ¹	Occasional	
<i>Twisting</i> ¹	Occasional	
<i>Turning</i> ¹	Occasional	
Kneeling ¹	Seldom	
Crawl	Not Required	
Stair Climb ¹	Seldom	

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Job Task Analysis Summary (Continued)		
Lead Food Service Worker		
Functional Activities	Maximum Requirements	
Ladder Climb ¹	Seldom	
Walking ¹	Frequent	
Sitting	Seldom	
Standing (Static) ¹	Frequent	
Balance ¹	Continuous	
Operation of Hand Controls ¹	Occasional	
Operation of Foot Controls ¹	Seldom	
Simple Grasping ¹	Continuous	
Firm Grasping ¹	Occasional	
Fine Manipulation ¹	Occasional	
Eye/Hand Coordination ¹	Occasional	
Neck Range of Motion ¹	Seldom	

Lyle Andersen, PT, CWCE Preparer Signature

Contact Person

____ Date:

_ Date:

Title

Contact Person

Title

Date:

Date:

Contact Person Title

¹ The critical demands of the job. LA/cm

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