

Find Your **THRIVE**



Stanislaus County EQ Training & Supports

WHO: Supervisors, Managers & Senior Leadership

WHEN: May 2021 — June 2022

PARTICIPATE IN THE TRAININGS



Leading with EQ & Leading with EQ Mini

Complete your EQ profile.
Assess and grow your EQ competencies.



Dare to Lead™

Lead with bravery and authenticity.
Develop a culture of courage on your team.



Leader as Coach*

Leverage EQ to optimize team performance.
Build your team's EQ capabilities.

*MUST COMPLETE LEADING WITH EQ (OR MINI) BEFORE LEADER AS COACH



ACCESS THE PLATFORM & SUPPORT RESOURCES

Access EQ training materials, sustain your EQ practice (tools, articles, podcasts, etc.) and join Stanislaus County's EQ conversation — all via one online platform.



“ The [training] has really helped me in doing my work during the pandemic. Allowing myself to be vulnerable, being self aware, and ‘embracing the suck’ I think has made me a better leader during this time of uncertainty.”

- Kathryn Harwell