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## **Stanislaus County Announces Fifth Case of COVID-19**

**Stanislaus County** - Stanislaus County Public Health received confirmation that an adult male resident of the county has tested positive for the novel (new) coronavirus. Investigation is ongoing to identify if there is a known source of exposure. Further information about the individual will not be released for reasons of medical privacy.

This is the third case reported so far this week. The situation continues to change rapidly and guidance for increasing mitigation measures will be issued if new cases continue to be identified at this rate. Press releases will no longer be issued for each new positive test result. Please check our webpage frequently for the most up-to-date numbers.

Stanislaus County residents, students, workers, and visitors should practice good health hygiene. Healthy people should not be excluded from activities based on their race, country of origin, or recent travel. Anyone with respiratory symptoms, such as a cough, sore throat, or fever, should stay home, practice proper cough etiquette and hand hygiene, and limit their contact with other people. If your symptoms become more severe and you need medical attention, call your provider first.

The best way to reduce your risk of getting sick, as with seasonal colds or the flu, still applies to prevent COVID-19:

- Wash hands with soap and water for at least 20 seconds;
- Cover your cough or sneeze;
- Stay home if you are sick;
- Get your flu shot to protect against flu or symptoms similar to COVID-19;
- Try alternatives to shaking hands, like an elbow bump or wave; and
- If you have recently returned from a country with ongoing COVID-19 infections, monitor your health and follow the instructions of public health officials.

For the most up to date information, please visit

Centers for Disease Control and Prevention: <https://www.cdc.gov/coronavirus/2019-nCoV/index.html>.

California Department of Public Health: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/Immunization/ncov2019.aspx>

Stanislaus County: <http://stanemergency.com/>