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Everybody's Health Matters

Vaccinations Offered at Beard Brook Park

Stanislaus County – Stanislaus County Health Services Agency/Public Health will be offering hepatitis A and flu vaccines at Beard Brook Park on Tuesday, October 30th from 10:00 am to 05:00 pm. People experiencing homelessness are at increased risk for a wide range of health problems, including the contraction of diseases such as gastrointestinal infections, like hepatitis A, Shigella and norovirus, and respiratory illnesses, including flu.

In 2017 there were hepatitis A outbreaks in many counties in California and across the nation, mainly in people experiencing homelessness. Currently there is no hepatitis A outbreak in Stanislaus County. The best way to prevent this infection is to get vaccinated. Washing hands after using the bathroom, changing diapers, and before preparing or eating food play an important role in preventing the spread of hepatitis A.

The best way to prevent flu is to get vaccinated each year. It is also essential to wash your hands properly and frequently to help prevent the spread of seasonal flu. Covering your mouth and nose with a tissue when coughing or sneezing may prevent those around you from getting sick.