



**HEALTH SERVICES AGENCY**  
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## Protect Yourself and Others from Mosquitos

**STANISLAUS COUNTY** – The Fourth of July is upon us, bringing fun times in pools, outside grilling, and mosquito bites. The recent finding in Stanislaus County of a dead bird that tested positive for West Nile Virus (WNV) is an indication that WNV season is here. Stanislaus County Health Services Agency Public Health Division along with the Turlock and East Side Mosquito Abatement Districts want to provide tips to help you declare independence from those pesky blood-suckers.

Make your home a mosquito free zone by doing the following:

- Install screens on windows and doors and keep them in good repair.
- Eliminate all sources of standing water on your property, including in flower pots, old tires, and buckets.
- Repair leaking faucets and broken sprinklers.
- Clean rain gutters clogged with leaves.
- Report neglected swimming pools and daytime-biting mosquitoes to your local mosquito and vector control agency.

You should also take personal care to protect yourself and family members by (1) applying insect repellent including DEET, picaridin, oil of lemon eucalyptus, or IR3535 and (2) dressing in long sleeve shirts and pants.

Summer is a time for traveling. If you're planning a trip either in the United States or out of the country, don't forget to pack your insect repellent. The Centers for Disease Control and Prevention recommend that women who are or may become pregnant consider postponing travel to any location with active Zika virus transmission. Maps of affected areas can be found at: <https://www.cdc.gov/zika/geo/index.html>. Currently, the mosquitoes that carry Zika have not been detected in Stanislaus County.

Daytime-biting mosquitoes should be reported to local abatement districts. The East Side Mosquito Abatement District (209-552-4098) serves residents in Modesto and north of the Tuolumne River. Residents in the remainder of the county can call the Turlock Mosquito Abatement District at 209-634-1234.

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