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## A Healthy Start Begins With On-Time Vaccinations

National Immunization Awareness Month is a reminder that children need vaccines right from the start.

*Stanislaus County* - Immunization gives parents the safe, proven power to protect their children from 14 serious and potentially deadly diseases before age two (2).

To celebrate the importance of immunizations for a healthy start and throughout our lives – and to make sure children are protected with all the vaccines they need – the Stanislaus County Health Services Agency (SCHSA) is joining with partners nationwide in recognizing August as National Immunization Awareness Month. The first week of the month will focus on babies and young children and emphasize a healthy start for little ones begins with on-time vaccinations.

"Children who don't receive recommended vaccines are at risk of getting the disease or illness and of having a severe case," said Dr. Julie Vaishampayan, Stanislaus County Public Health Officer. "Every dose of every vaccine is important to protect your child and others in the community from infectious diseases. Talk to your doctor or other health care professional to make sure your child is up to date on all the vaccines he or she needs."

Today's childhood vaccines protect against serious and potentially life-threatening diseases, including polio, measles, whooping cough, and chickenpox. There are many important reasons to make sure your child is vaccinated:

- Immunizations can protect your child from 14 serious diseases before they turn two (2) years old.
- Vaccination is very safe and effective.
- Immunizations can protect others you care about.
- Immunization can save your family time and money.
- Immunization protects future generations by reducing the prevalence of serious diseases.

When children are not vaccinated, they are at increased risk and can spread diseases to others in their family and community – including babies who are too young to be fully vaccinated, and people with weakened immune systems due to cancer and other health conditions.

Parents can find out more about the recommended vaccines at <u>www.cdc.gov/vaccines/</u> or <u>http://www.schsa.org/PublicHealth/pages/immunization/html/recommendations.shtm</u> or call (209) 558-7700.

Information regarding immunizations is available at the Health Services Agency Public Health Clinic or at our website <u>www.hsahealth.org</u>.