



News Release

For Immediate Release
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Can ten people really fit on a giant scale? *Find out at the Healthy Communities Summit this Thursday in Newman, California.*

Stanislaus County, CA – Since the closure of hospitals on the west side of Stanislaus County, local residents have been working hard to preserve much needed health services in a troubled economy. A three-year old task force has been helping to plan for the future of the community and to bring health prevention programs that are needed now.

The West Side Health Care Advisory Task Force is presenting its second annual "Healthy Choices Summit" at the West Side Theatre, 1331 Main Street, in downtown Newman, California from 11 a.m. - 2 p.m. on Thursday, August 12. The Summit will feature the extremely lively "weigh - in" of the local biggest loser contest on a giant 10 - person scale under a massive balloon arch. The weigh-in starts at 11:15 a.m. Teams of ten people are battling for the title in an eight-week weight loss program. The event will also feature vendor demonstrations, speakers and a free healthy box lunch. The Summit is open and free to the public.

The keynote speaker at 1 p.m. will be Dr. Kwabena Adubofour, the Medical Director of Fifth Street Medical Center in Stockton. Dr. Adubofour is an expert in diabetes and will talk about this growing issue in the valley.

"Healthcare in underserved areas can't be ignored," stated Jim DeMartini, a Stanislaus County Supervisor and the Chairman of the West Side Health Care Advisory Task Force. "Communities need to band together to meet the challenge of obesity, diabetes and lack of resources. The Summit is an important way to highlight what can be done when people come together."

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