





PARKS AND RECREATION
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■ Volunteer Opportunities

It's as easy as 1-2-3!

How to get started in volunteering for Parks and Recreation:

1. Complete a Volunteer Application and Job Certification form
 - [Volunteer Application](#) [PDF]
 - [Job Certification](#) [PDF]
2. Read the Policies and Procedures, and complete the Policies and Procedures Acknowledgement form
 - [Policies and Procedures](#) [PDF]
 - [Policies and Procedures Acknowledgement](#) [PDF]
3. Submit all ORIGINALS of forms under sections 1 and 2 to:
 - Parks and Recreation
 Attention: Volunteer Coordinator
 3800 Cornucopia Way, Suite C
 Modesto, CA 95358

OPTIONAL: You may also register at the Volunteer Center of United Way.

Please call for an appointment prior to your arrival.
 United Way of Stanislaus
 422 McHenry Ave.
 Modesto, CA 95354
 Phone: 209-524-1307
 E-mail: volunteer@uwaystan.org

Once we have received your application and forms, we will contact you to complete the process. Please ensure to complete in full each of the forms with as much detail as possible to avoid any delays.

Once enrolled, you may use this [Time Log](#) to track all your volunteer hours. Please submit this form to your on-site supervisor.

For further questions about volunteering or if you would like us to mail these forms to you, please contact us at parkie@parksrec.org or 209-525-6723 with your contact information and your request/question(s).

Thank you for your interest in volunteering with the Department of Parks and Recreation!

More Volunteer Information

- [Volunteer Program Guidelines](#) [PDF]
- [Volunteer Center of the United Way](#)
- Volunteer Openings - **Coming Soon!**
- List of All Volunteer Opportunities - **Coming Soon!**
- Volunteering in Groups or During Events - **Coming Soon!**

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"Fit for the Future"- Governor's Council Shines Spotlight on Stanislaus County

By SCOE Communications Staff



SCOE named County of the Year! Governor Arnold Schwarzenegger presents Superintendent Tom Changnon with gold medal.

It's official! Stanislaus County ranked number one in the state last year for its efforts to get students "Fit for the Future!" At the *Governor's Council on Physical Fitness and Sports Spotlight Awards* ceremony on September 16, Governor Arnold Schwarzenegger and Council Chairman Jake Steinfeld gave special recognition to the **Stanislaus County Office of Education** for supporting children's fitness and named Stanislaus County "**County of the Year!**"

"Stanislaus County led the way in participation in the Governor's Challenge last year with over 100,000 students recording more than a million active days," said Steinfeld.

Research shows that regular physical activity during childhood and adolescence helps build healthier bones

and muscles, increases self-esteem, and reduces the risk of obesity and type 2 diabetes. "In addition, students in Stanislaus County's top performing schools in the Governor's Challenge had more than twice the rate of improvement in English and Math than the rest of the state this year showing that physical activity not only increases students' health, confidence and self-esteem, it can help students academically too."

Last year SCOE, in partnership with Kaiser Permanente, kicked off the "Fit for the Future" campaign in an effort to reduce childhood obesity and increase the overall fitness of Stanislaus County youth. With the help of school districts throughout the county, SCOE emphasized and promoted healthy, active lifestyles for students and encouraged students to take the Governor's Challenge - requiring them to be active 30-60 minutes a day, three days a week over a 28-day period. Stanislaus County students logged over one million active days - representing 22% of the state's active days!

In addition to the "*County of the Year*" award, two schools received awards. **Tuolumne Elementary School** will receive a \$100,000 fitness center, donated by an elementary school in Livermore that actually won the prize but opted to give it to a deserving school with greater needs. **Hickman Elementary School** was selected as the *Gold Country Regional Award* winner and will receive a \$6,000 prize!

To learn more about the "Fit for the Future" campaign, which will continue this school year, visit:
www.stancoe.org/fitforthefuture.

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