

THE BOARD OF SUPERVISORS OF THE COUNTY OF STANISLAUS
ACTION AGENDA SUMMARY

DEPT: Behavioral Health And Recovery Services

BOARD AGENDA # *A-4a

Urgent

Routine

AGENDA DATE April 29, 2014

CEO Concurs with Recommendation YES NO

4/5 Vote Required YES NO

(Information Attached)

SUBJECT:

Approval to Proclaim May 2014 as Mental Health Month in Stanislaus County

STAFF RECOMMENDATIONS:

Approve the proclamation of May 2014 as Mental Health Month in Stanislaus County.

FISCAL IMPACT:

There is no fiscal impact associated with this item.

BOARD ACTION AS FOLLOWS:

No. 2014-172

On motion of Supervisor Chiesa, Seconded by Supervisor Monteith
and approved by the following vote,

Ayes: Supervisors: O'Brien, Chiesa, Withrow, Monteith, and Chairman De Martini

Noes: Supervisors: None

Excused or Absent: Supervisors: None

Abstaining: Supervisor: None

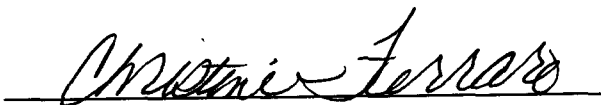
1) X Approved as recommended

2) _____ Denied

3) _____ Approved as amended

4) _____ Other:

MOTION:



ATTEST: CHRISTINE FERRARO TALLMAN, Clerk

File No.

DISCUSSION:

This year's theme of May is Mental Health Month, *Mind Your Health*, calls attention to the strategies and approaches that help individuals achieve overall health and wellness. Wellness is much more than the absence of disease. Wellness is essential to living a full and productive life. Overall well being is tied to the balance that exists between emotional, physical, and spiritual aspects of our lives.

Acknowledging and understanding these connections allows us to maximize our full potential. The earlier that we learn to protect and enhance our mental health; the better we become at promoting whole body health. Learning and using strategies that promote resiliency and that encourage taking positive actions and protective measures will strengthen mental health and well-being.

By requesting the designation of May as Mental Health Month, Behavioral Health and Recovery Services and the Stanislaus County Mental Health Board are promoting, with the assistance of local community efforts, a more global approach to mental health and wellness. This is an approach that focuses on prevention and early intervention, that recognizes the strengths in individuals and communities, and that relies on partnerships with our communities to achieve wellness, resilience, and recovery outcomes.

POLICY ISSUES:

Approval of the recommended action supports the Board's priorities of A Healthy Community.

STAFFING IMPACT:

There are not staffing impacts associated with this item.

CONTACT:

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