



**BEHAVIORAL HEALTH AND RECOVERY SERVICES**  
A Mental Health, Alcohol and Drug Service Organization

**Madelyn Schlaepfer, Ph.D., CEAP**  
Director

**ADVISORY BOARD ON SUBSTANCE ABUSE PROGRAMS**  
**MENTAL HEALTH BOARD**

Thursday, November 21, 2013

4:00 p.m. – 5:30 p.m.

Stanislaus Recovery Center, 1904 Richland Ave., Ceres, CA

## MINUTES

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### ABSAP MEMBERS PRESENT:

Gregg Clifton  
Jeff Gullo  
Randy Heldt

John Robin  
Michael Shinkel

Eric Parsons

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### ABSAP MEMBERS ABSENT:

Lynn Goldstein  
Lenore Maurice  
Troy Spears

John Wohler  
Stephanie Gruskiewicz  
Charmaine Monte

Kathy Rupe

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### MHB MEMBERS PRESENT:

Chris Cataline  
Annie Henrich  
Kimberly Kennard  
Lynn Padlo

Jerald Rhine  
Ritta Sudnikoff  
Karl von Spreckelsen  
Charles Grom

Jack Waldorf  
Terry Withrow

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### MHB MEMBERS ABSENT:

Catherine Szakmary  
Vern Masse

Erin Lesan  
Chip Langman

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### BHRS STAFF PRESENT:

Adrian Carroll  
Veronica Ortiz-Valle  
Cynthia Bocage

Jennifer Marsh  
Charles Yarnell  
Dawn Vercelli

Debra Buckles  
Jeff Sabean

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### GUESTS PRESENT:

Staci Ricci  
Samuel Mendoza  
Juan Mendoza  
Jessica Van Tuinen

Cheryl Williams-Jackson  
Jerry Galeazzi  
Norma Anaya

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## I. CALL TO ORDER & INTRODUCTIONS

John Robin, ABSAP Chair, called the meeting to order at 4:05 p.m.

John Robin led the ABSAP Board, Mental Health Board and members of the audience in the Pledge of Allegiance.

Those in attendance introduced themselves.

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**II. PUBLIC COMMENTS/ANNOUNCEMENTS**

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Dr. Kimberly Kennard announced that MJC is having a Children's Book Drive. Donations are accepted through December 6<sup>th</sup>.

**III. ELECTION OF OFFICERS – MENTAL HEALTH BOARD (MHB)**

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The slate of officers was presented: Jack Waldorf for Chair and Lynn Padlo for Vice Chair. Nominations were asked for from the floor. Hearing none, the motion was made by Jerry Rhine to close the nominations and it was seconded by Charles Grom.

A motion to elect Jack Waldorf as Chair and Lynn Padlo as Vice Chair was made by Jerry Rhine, seconded by Charles Grom and carried unanimously.

**IV. ELECTION OF OFFICERS – ADVISORY BOARD ON SUBSTANCE ABUSE PROGRAMS (ABSAP)**

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The slate of officers was presented: John Robin for Chair and Jeff Gullo for Vice-Chair. Nominations were asked for from the floor. Hearing none, the motion was made by Randy Heldt to close the nominations and it was seconded by Michael Shinkle.

A motion to elect John Robin as Chair and Jeff Gullo as Vice Chair was made by Randy Heldt, seconded by Michael Shinkle and carried unanimously.

**V. PRESENTATION – YOUTH IN MIND**

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Jeff Sabean, Program Coordinator for Juvenile Justice and Juvenile Drug Court Program introduced Samuel Mendoza, Juan Mendoza, and Jessica Van Tuinen who are active members of the Youth In Mind program. Jessica led the presentation by providing an overview of the Youth In Mind program. Samuel and Juan Mendoza followed by sharing their personal stories and how Youth In Mind has helped them be resilient in accomplishing their goals.

Youth In Mind is a statewide nonprofit organization founded and steered by youth affected by the mental health system ages 12 – 28 years of age. Youth In Mind members participate in multiple levels of leadership and advocacy, including member leadership summits, mental health conferences, and local advocacy activities with the purpose of promoting positive change through authentic youth engagement. Youth In Mind actively gives back to the community by practicing and cultivating leadership skills through different service projects, and leadership conferences such the annual CMHACY/Youth Leadership Academy where youth gain opportunities to speak on policy issues, attend over 30 workshops, hear cutting edge keynotes, and attend substance-free social activities. In addition, Youth In Mind puts out an annual Youth Leadership Summit, where young people across the state attend. Youth In Mind's YLS focuses on positive youth development practices, and empowers members to develop and deliver workshops, conferences and social events. Youth In Mind specializes in popular and experiential education, enabling members to build a better future for the mental health system.

Youth in Mind Program meets twice a month on Wednesdays, 3:30 p.m. at Juvenile Justice. Youth In Mind is open to anyone ages 12 – 28 years of age. The Youth Leadership meeting is held on Wednesdays at Prevention and Early Intervention.

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**VI. PRESENTATION – RECOVERY POSTER CONTEST**

SRC clients participated in a poster contest with the theme “What Recovery Means to Me.” Several participants told the story of what they were portraying in their poster. ABSAP Board members donated gift cards for the winners. Chair John Robin, Michael Shinkle, and Randy Heldt served as the Judges.

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**VII. JOINT VETERANS COMMITTEE - ACTION**

Jack Waldorf brought forth the motion to approve the addition of the Veterans Committee as a Joint meeting of the MHB and ABSAP boards.

Action: Add Veterans Committee as a Joint meeting of the MHB and ABSAP - Motion was made by Randy Heldt to have the Veterans Committee as a joint effort between MHB and ABSAP. Michael Shinkle seconded the motion and it passed unanimously.

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**VIII. MHB ANNUAL REPORT**

Annual Report to the Board of Supervisors – Jack Waldorf reported that the Mental Health Board’s Annual Report was presented to the Board of Supervisors on November 5, 2013. The MHB Retreat and the efforts being done by the IMPACT and Veteran’s Committee were also highlighted. Mr. Waldorf shared that the Board of Supervisors acknowledged the MHB for a job well done.

Supervisor Withrow also expressed his appreciation for all BHRS efforts in supporting the community.

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**IX. DEPARTMENT REPORT**

Adrian Carroll highlighted the following:

- Crisis Intervention Program (CIP) is up and running, temporarily co-located at 1444 Florida Avenue across from Doctors Medical Center. This is a 23 hour triage site available to patients experiencing a psychiatric crisis. The remodel of the Psychiatric Health Facility (PHF) building at the Stanislaus Recovery Center site is moving on schedule. The CIP will transition to a more intensive program called Crisis Stabilization Unit once it is relocated to its permanent location at Psychiatric Health Facility (PHF) in Ceres.
- Affordable Care Act - AOD Treatment Services: It is still unclear from the State on determining what services will be covered under the Affordable Care Act. They are currently ironing out issues related to AOD certification requirements. Efforts to expand AOD treatment services are currently underway in collaboration with other counties and departments at the State level.

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**X. ANNOUNCEMENTS**

- Lynn Padlo thanked Adrian Carroll for providing a clear understanding of the Affordable Care Act during the NAMI public meeting.
- Lynn Padlo announced the following courses: NAMI Family-to-Family Education 12-week Course will begin Monday, 2/10 – April 28, 2014 6:00 p.m. – 8:30 p.m. at Jana Lynn Plaza, 500 N. 9<sup>th</sup> Street, Modesto. The NAMI Peer to Peer, 10 Week Classes will begin January 14 – March 18, 6:00 p.m. – 8:30 p.m. at Good Shepherd Lutheran Church in Turlock. Flyers distributed.
- Lynn Padlo invited members to attend the NAMI Holiday Potluck for food and entertainment.
- Dr. Kennard mentioned the CASRA Children and Family class will be offered at Modesto Junior College.
- Fellowship meetings during the holiday will be offered 24/7 at Fellowship Center on 2<sup>nd</sup> and 9<sup>th</sup> Street.
- Supervisor Withrow praised those in recovery and how resiliency is an important quality in a person’s life.

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**XII. ADJOURNMENT**

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There being no further business, the meeting was adjourned at 5:00 p.m.

The next ABSAP Board meeting will be held on Thursday, January 16, 2014 at 4:00 p.m., Redwood Room, 800 Scenic Drive, Modesto. The next MHB meeting will be held on Thursday, January 23, 2014, 5:00 p.m., Redwood Room, 800 Scenic Drive, Modesto.

Respectfully Submitted,  
Cynthia Bocage  
Confidential Assistant III