



**MENTAL HEALTH BOARD  
October 24, 2013**

**CALL TO ORDER**

The meeting convened at 5:04 p.m. and was called to order by Chair Jack Waldorf.

Those in attendance introduced themselves.

Chip Langman led the Board and members of the audience in the Pledge of Allegiance.

**MEMBERS PRESENT**

Chris Cataline, Charles Grom, Kimberly Kennard, Chip Langman, Erin Lesan, Lynn Padlo, Jerald Rhine, Karl von Spreckelsen, Jack Waldorf

**MEMBERS ABSENT**

Annie Henrich, Vern Masse, Ritta Sudnikoff, Catherine Szakmary, Terry Withrow

**STAFF PRESENT**

Madelyn Schlaepfer, Veronica Ortiz-Valle, Ruben Imperial, Patricia Pasqualone, Elaine Byrom

**GUESTS PRESENT**

Mike Henderson, Mark Herbst, Diane Crayton, Susan DeSouza, Tony Vartan, Jerry Galeazzi, Dawn Zumara, Josh Umsted

**PUBLIC COMMENT/ANNOUNCEMENTS** – None.

**CORRESPONDENCE**

Veronica Ortiz-Valle reported that a letter was sent to a potential Mental Health Board applicant indicating there were currently no openings in their district. The individual was encouraged to participate on other Mental Health Board committees.

**APPROVAL OF MINUTES**

Action: Charles Grom made the motion to approve the Mental Health Board (MHB) minutes of September 26, 2013. Dr. Kimberly Kennard seconded the motion. The motion passed.

**CONSUMER REPORTS/COMMENTS**

Susan DeSouza announced she is in the process of setting up a NAMI group at Modesto Junior College. The mission is to advocate, educate and support students on campus as well as within the community.

## **FAMILY MEMBER REPORTS/COMMENTS**

- Lynn Padlo announced a Family-to-Family Education course that is scheduled to begin on October 29, 2013 through January 14, 2014. This is a 12-week course which focuses on Schizophrenia, Bipolar Disorder (manic depression) Clinical Depression, Panic Disorder and Obsessive Compulsive Disorder (OCD).
- NAMI also presented, Ending the Silence, a new program at Enochs High School, Wilson Elementary School and Gurnick Medical Academy.
- Modesto City Schools is an advocate for NAMI.

## **PRESENTATION – Modesto City School District – Expulsion Rates and Efforts Made**

Mike Henderson and Mark Herbst provided information on how Modesto City Schools are making an effort to reduce expulsion rates. They discussed the decrease in suspensions/expulsions from 2009 to present. Modesto City Schools are now working on behavioral modification rather than immediate suspension/expulsion. This approach works better for the student, school and the community at large. All Modesto City Schools will be trained on positive behavior, intervention and support by the end of the year. The \$875,000 grant will be expiring and Modesto City Schools is looking at what type of commitment will they have to continue to have a good effect on children.

## **COMMITTEE REPORTS**

### **Mental Health Board (MBH) Committee Presentations**

Jack Waldorf discussed a new approach for 2014. MHB sub-committees will rotate committee reports to focus more on the outcomes.

### **Executive Committee**

Jack Waldorf announced that Chip Langman is resigning from the Mental Health Board. Chip will be moving out-of-state. Mr. Waldorf expressed his gratitude for all Mr. Langman's involvement with the board.

### **Annual Report**

Veronica Ortiz-Valle reported the draft annual report was sent out electronically to all Board Members for final review. She requested any changes be sent to her by noon, October 28, 2013. The final report will be sent out for printing on Tuesday, October 29, 2013. Hard copies of the draft report were available at the meeting for Board Members. Dr. Madelyn Schlaepfer thanked the Board Members and staff for all their work in preparing this information.

### Retreat Outcomes

Karl von Sprecklenson reported he attended the training session for Results Based Accountability (RBA). As the lead for the Promote Accountability and Outcomes, one of the five strategic priorities, Karl arranged a condensed two hour training on Tuesday, November 12, 2013 and invited all Mental Board Members to participate.

### Business Cards

Veronica Ortiz-Valle asked Mental Health Board members if they are interested in business cards to contact her.

### Nomination Committee – Slate of Officers

Jerald Rhine presented the Slate of Officers. The recommendations are as follows: Jack Waldorf to serve as the Chair and Lynn Padlo to serve as the Vice-Chair. This will be presented at the November 21, 2013 Joint Board meeting.

### Doctors Behavioral Health Center (DBHC)

Tony Vartan thanked Chip Langman for his support throughout the years. Doctors Medical Center (DMC) will be undergoing remodeling preparing for the Affordable Care Act (ACA). Working on expediting psychiatric clients from the ER to the Behavioral Health Center. The current process will remain the same, law enforcement will drop off clients at the ER for assessment to be either released or admitted. If medically cleared, clients will be moved to the intake area and assessed at Doctor Behavioral Health Center (DBHC). The DBHC intake area will be open once again as 24/7 facility.

### **MHB/ABSAP LIAISON**

Dr. Kimberly Kennard reported on the presentation at the ABSAP Board meeting on the “Last Resort”, which is a treatment facility for adolescents. The Last Resort provides adolescents with individualized care delivered by an integrated team of experienced professionals. The Last Resort is a six bed facility that offers detoxification and residential treatment as well as day treatment, intensive outpatient and aftercare services.

### **CULTURAL COMPETENCE REPORT**

Dr. Madelyn Schlaepfer reported Ruben Imperial, BHRS and Jorge Fernandez, CHS will be co-chairing this committee.

The October 2013 issue of the Cultural Competency Update was included in the packets.

## **DEPARTMENT REPORT**

- Dr. Schlaepfer reported that the Board of Supervisors approved a request to change the Supervisorial District representation for seven members of the Mental Health Board to their correct District. Currently there are three vacancies, Districts 1, 2 and 5.
- Dr. Schlaepfer announced that Dan Wirtz is the newly appointed Assistant Director replacing Linda Downs. Kevin Panyanovong has been promoted to Program Manager III under Ruben Imperial in the Adult System of Care. Ruben will be recruiting for a new Modesto Recovery Services (MRS) coordinator. Dawn Vercelli was also promoted as the new program manager at Stanislaus Recovery Center (SRC replacing Debbie Vieira).
- Dr. Schlaepfer announced that the Drop the Drugs event is scheduled for Saturday, October 26, 2013 at the Court House.
- Dr. Schlaepfer reminded members that November 21, 2013 is the Joint Board meeting. The location has not yet been determined.

## **LEGISLATIVE REPORT**

- Dr. Schlaepfer reported that most of Senator Steinberg's bills went through. SB 82 is the funding for Crisis Stabilization Unit and Triage Personnel, which is assisting people into aftercare. BHRS will be applying for both grants.
- SBN 364 was passed which provides consistent standards for protection of personal rights of individuals who are subject to 5150 or an involuntary extension.
- SB 105 is a law that deals with the release of 500 inmates by the end of the year. Governor Brown is proposing to delay the release to the local level and focus on intervention on mental health and substance abuse. Status not yet decided upon.
- SB 585 allows for Mental Health Services Act funding to be used for outpatient services, without eliminating funding from current services. This will be part of a stakeholder process
- SB 720 allows MediCal enrollment for inmates.

## • **ANNOUNCEMENTS**

Chip Langman suggested asking Mike Henderson and Mark Herbst if they would like a letter of support from the Mental Health Board to Modesto City Schools in support of their program.

Lynn Padlo announced that Adrian Carroll will provide a presentation on the Affordable Care Act at NAMI on Wednesday, October 30, 2013 at 6:30 at 500 N. 9<sup>th</sup> Street.

Karl von Sprecklenson informed the committee that Cathy Szakmary is out for medical reasons.

Veronica Ortiz-Valle discussed the Ethics Training that is required every two years. Those who need to complete this requirement can do so on-line.

**ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:35 p.m. The next meeting of the Mental Health Board will be held on Thursday, January 23, 2014, 5:00 p.m., Redwood Room, 800 Scenic Drive, Modesto.

Respectfully Submitted,  
Elaine Byrom  
Confidential Assistant III