



*MENTAL HEALTH BOARD*

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**MENTAL HEALTH BOARD  
September 24, 2015**

**CALL TO ORDER**

The meeting convened at 5:00 p.m. and was called to order by Chair, Kimberly Kennard, Ph.D.

Those in attendance introduced themselves.

Dr. Kennard led the Board and members of the audience in the Pledge of Allegiance.

**MEMBERS PRESENT**

Annie Henrich, Frank Ploof, Jack Waldorf, Jerold Rosenthal, Kimberly Kennard, Ritta Sudnikoff, Sheila Kendall, Tony Flores, Vern Masse, Virginia Solórzano, Yvette McShan

**MEMBERS ABSENT**

Jerald Rhine, Terry Withrow

**STAFF PRESENT**

Madelyn Schlaepfer Ph.D., Veronica Ortiz-Valle, Teresa Garibay, Cherie Dockery, Christi Golden, Kevin Panyanouvong, Uday Mukherjee

**GUESTS PRESENT**

Carmen Maldonado, Alexander Robinson, Sammy White, John Zacharias, Sidney Brewton, Elizabeth Flores, LouAnn Moore, Avjanae, Watkins, Marlana Neely, Lateasha Watkins, Melissa Hale, Lesa Johnson, Richard Salazar, Jerry Galeazzi, Stephanie Pierce, William Tumblin, Shantel Johnson

**PUBLIC COMMENT/ANNOUNCEMENTS**

A member of the audience complimented the Community Emergency Response Team for their services.

**CORRESPONDENCE**

Veronica Ortiz-Valle reported that the Board of Supervisors approved Jerold Rosenthal as a member of the Mental Health Board to fill a vacancy in District 3. Veronica also reported the resignation of Charles Grom, effective September 17, 2015. Currently there are two vacancies in District 1 and one in District 4.

## **APPROVAL OF MINUTES**

Action: Vern Masse made the motion to approve the Mental Health Board (MHB) minutes of August 27, 2015, Virginia Solórzano seconded the motion.

## **CONSUMER REPORTS/COMMENTS** - None

## **FAMILY MEMBER REPORTS/COMMENTS** - None

## **BOARD OF SUPERVISORS REPORT** - None

## **PRESENTATION – RAIZ Promotores Program**

Vanessa Lopez, RAIZ Promotora Coordinator, presented highlights of the program. Promotores are grassroots community leaders and workers who have a range of talents and skills and a unique ability to establish profound relationships with individuals based on mutual understanding, mutual equality, respect and empathy. They communicate in the language of the people and are accessible.. Promotores are trained leaders from the community where they live. They are natural advocates who are committed to social justice. They connect community to resources and influence policy and delivery of services. The program's commitments are: Building Community, Developing Leadership, and Supporting Well-Being. RAIZ Behavioral Health Promotores began in 2010 and has 9 centers in 9 cities of the County. Their scope of work includes the Stigma Reduction Project; Suicide Prevention Project; Mental/Emotional Health Awareness/Promotion, and Community Capacity Building. The program has adopted the practice of: Mental Health is defined as a person's ability to function and to be productive in life; to adapt to changes in his/her environment; to cope with adversity; and to develop positive relationships with others – by Dr. David Satcher.

## **COMMITTEE REPORTS**

### **Executive Committee**

- Annual Report - Veronica Ortiz-Valle provided a status update on the completion of the committee reports.. Veronica indicated that the annual report is coming together nicely.. Veronica is working with Kimberly Kennard on the Executive Report.
- Ad Hoc Nominating Committee - Ritta Sudnikoff and Virginia Solorzano volunteered to serve on the Ad Hoc Nominating Committee.
- Data Notebook – Dr. Schlaepfer reported that she met with Dr. Kennard, Jerry Rhine, Ritta Sudnikoff, and Frank Ploof to review and complete the Data Notebook. Dr. Schlaepfer stated that changes were made to the document after they met. The completed Data Notebook was sent online to all Board members. It will be submitted to the Planning Council on Friday, September 25.
- Local Mental Health Boards & Commissions Regional Training in Oakland on 10/24 – Ritta Sudnikoff and Sheila Kendall expressed interest in attending the training. Anyone who is interested in attending, let Teresa Garibay know. Travel reimbursement is restricted to one Board member. Other members may attend the training at their own expense.

- CSU Invitation as Guest Speaker – Dr. Kennard reported she was invited to be a guest speaker at Stanislaus CSU to talk to students, who are taking a course on community mental health, about the Mental Health Board. Jack Waldorf, Ritta Sudnikoff, and Annie Henrich will be joining Kimberly on November 3.

#### Adult System of Care

- Action Item: Merge Older Adult & Adult System of Care Committees

The Mental Health Board approved merging the two committees.

- Tony Flores and Jerry Rosenthal will be joining the new combined committee.

#### Criminal Justice Oversight/Forensic

- Vern Masse announced he recently became a member of the committee. Yvette McShan expressed interest in joining the committee.

#### **MHB/ABSAP LIAISON**

Dr. Kennard shared highlights from the ABSAP Meeting held on September 17, 2015. She reported that Dr. Schlaepfer provided an overview of the Outcome of State Monitoring of Substance Use Desk Audit. Dr. Schlaepfer shared that this year's overall results of the desk audit went well; that there were very few findings that required additional information. The information provided was accepted.

#### **CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)**

Veronica Ortiz-Valle shared highlights from the meeting held on September 14, 2015, as well as the Cultural Update Newsletter. The newsletter, included in the handout packet, featured an article on Community Capacity Building: An ongoing commitment to Prevention & Early Intervention. The article was written by the PEI Manager, Janet Nunez-Pineda. Janet shared how it works and who's involved. Links and resources were provided on the statewide movement to reduce stigma of mental health and suicide prevention. An announcement was made that the authors will now present their articles at the meeting. A presentation was conducted on Housing First which explained the approach on providing homeless people with housing quickly and then providing services. The focus is on individuals and families access and the sustain of rental housing. Housing is not time limited. A discussion was held about suicide prevention. Last week was World Suicide Prevention Week, 9/7 – 9/11. The 6<sup>th</sup> Annual Out of the Darkness Walk in Modesto is on 9/19 at 7:30a.m. Information about the walk is on the website which also includes information on other communities.

## **DEPARTMENT REPORT**

Dr. Schlaepfer reported the following:

- The Board of Supervisors delayed approval of the MHSA Plan Update on September 1, 2015, for further consideration. Two of five elements in the plan were modified for approval approval on September 29, 2015. The two elements are a Full Service Partnership (FSP) for children and youth, and Supportive Employment Program as well as Housing. The element regarding the Crisis Intervention Program for youth will be resubmitted to the Board of Supervisors approval at the end of October with more information on how to fund the program. The element regarding the \$30K contribution to CalMHSA will not be included in the plan after all. Instead, an Innovation Project with Suicide Prevention Intervention will be added to the plan for Board of Supervisors approval in December.
- Dr. Schlaepfer asked for four volunteers to serve on an ad hoc committee to discuss the possibility of merging ABSAP and MHB Boards. Yvette McShan, Ritta Sudnikoff , Jack Waldorf, and Kimberly Kennard volunteered. An initial meeting will be scheduled..

Legislation:

- Assembly Bill #SB614, Peer Certification, is pending to be signed.
- Discussed a bill that would allow the judge to recommend LPS Conservatorship for individuals on probate.
- Provided an update on bills regarding Foster Children.
- Discussed a bill that recommends 15 hours of training for Crisis Intervention Training for law enforcement.
- Provided information on bills regarding medications for juveniles.

## **ANNOUNCEMENTS**

- Dr. Kennard indicated that members of the Board will be conducting a Mental Health 101 at MJC.
- Ritta Sudnikoff reported she has contacted six City Councils to schedule presentations about the Mental Health Board. Terry Withrow will join the presentations when available.
- Vern announced that the Veterans Court will begin in January.
- Kimberly Kennard will be posting an upcoming AA for Social Rehabilitation course.
- Annie Henrich thanked Veronica Ortiz-Valle for sending out the invitation about the 1<sup>st</sup> Stanislaus Asian American Social Mixer. The event will be held on September 25, 2015 6:00-8:00pm., at Minnies Restaurant in Modesto.

**ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting of the Mental Health Board will be held on Thursday, October 22, 2015, at 5:00 p.m., in the Redwood Room, 800 Scenic Drive.

Respectfully Submitted,  
Teresa Garibay  
Confidential Assistant III