



MENTAL HEALTH BOARD

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**MENTAL HEALTH BOARD
September 25, 2014**

CALL TO ORDER

The meeting convened at 5:00 p.m. and was called to order by Chair Jack Waldorf.

Those in attendance introduced themselves.

Chris Cataline led the Board and members of the audience in the Pledge of Allegiance.

MEMBERS PRESENT

Annie Henrich, Charles Grom, Chris Cataline, Frank Ploof, Jack Waldorf, Jerald Rhine, Kimberly Kennard, Linda Miller, Ritta Sudnikoff, Terry Withrow, Vern Masse, Virginia Solórzano, Yvette McShan

MEMBERS ABSENT

None

STAFF PRESENT

Madelyn Schlaepfer, Veronica Ortiz-Valle, Teresa Garibay

GUESTS PRESENT

Vickie Looney, Kimberlee Hamilton, Karen Snyder, Karen Reid, Virginia Carney, Noel Rivas, Shane Barcus, Lisa Sanchez, Jessica Ramos, Edgar Orozco, Richard Salazar

PUBLIC COMMENT/ANNOUNCEMENTS - None

CORRESPONDENCE - None

APPROVAL OF MINUTES

Action: Vern Masse made the motion to approve the Mental Health Board (MHB) minutes of August 28, 2014, Charles Grom seconded the motion.

CONSUMER REPORTS/COMMENTS - None

FAMILY MEMBER REPORTS/COMMENTS - None

BOARD OF SUPERVISORS REPORT

Supervisor, Terry Withrow, reported the FY2014-15 Budget was submitted for approval.

PRESENTATION – Older Adult Program Focusing on the Program, Changes, and Volunteers

Vickie Looney, Program Coordinator, gave a presentation about the older adult programs, Senior Access and Treatment Team (SATT) and High Risk Health and Senior Access (HRHSA).

Senior Access and Treatment Team (SATT)

SATT, located at 303 Downey Avenue, Modesto, 209-525-4921, is an entry point for older adults seeking mental health services. A wide variety of services are available to eligible seniors who are aged 60 and up. Some of the services offered include:

- Consultation and assessment
- Medication support services utilizing a Psychiatrist and RNs
- Mental Health and rehabilitation groups
- Case management services

Care is enhanced by working collaboratively with families and/or caregivers.

In addition, the team works in partnership with each other, other agencies, and service providers in the Stanislaus County area and can assist clients with linkage to other agencies as needed.

High Risk Health and Senior Access (HRHSA)

HRHSA is located at 303 Downey Avenue, Modest, 209-525-4920, is a Full Service Partnership program funded through the Mental Health Services Act, designed to offer a “whatever it takes” approach to helping eligible clients. People who are homeless or at risk of homelessness, at risk of institutionalization, hospitalization or nursing home care or who are frequent users of emergency room services as a result of their mental illness are prioritized for services. The program’s focus is to clients who’s mental illness is impairing their ability to manage their health issues, specifically diabetes and/or hypertension.

Services include 24/7 access to a known service provider, individualized service plan, multidisciplinary treatment approach, wellness and recovery focused group and peer support, linkage to existing community support groups, peer support and recovery groups for individuals with co-occurring health and mental health disorders. Both service recipients and family members receive education regarding the management of both health and mental health issues as well as benefits advocacy support and housing support.

HRHSA is comprised of two levels of care, ACT (Assertive Community Treatment) and ICS (Intensive Community Services), with clients being served by a team approach. Each team is comprised of a psychiatrist, RN, clinician and Behavioral Health Specialist. Clients are assigned to the different teams based on level of need and age. Last year the program offered enough services to reduce psychiatric hospitalization by 91.1% and 96.9% in homelessness.

Karen Reid, Karen Snyder, and Kimberlee Hamilton, staff at HRHSA and SATT shared client success stories and a slide show of pictures of activities the program has conducted. They shared information about the multiple support groups and activities the program offers. Fifteen (15) support groups are conducted per week. Clients who graduate from the programs are encouraged to come back to participate as volunteer staff. One group the program started was a paint group. The paint group helps clients engage with others. Karen shared some examples of the items clients painted.

The program conducts depression screenings annually at senior centers and the summit. Senior centers who are interested in having depression screenings can also call to request it. Two hundred six (276) depression screenings were conducted last year in the community.

A new volunteer participating in the program shared that he has had a rewarding experience and was able to help someone else and that person left with a big smile.

COMMITTEE GOALS DEVELOPMENT

Annie Henrich presented a report from the Embrace Diversity Internally and Externally Committee. The committee is an ad hoc committee whose members are Kimberly Kennard, Ritta Sudnikoff, Jack, and herself. The committee began meeting in November 2013 to develop the MHB roles and responsibilities which are now completed. Annie explained that the roles and responsibilities will be used when the committee recruits out in the community and is also helpful for the Board member to refer to. Annie also stated the roles and responsibilities can be provided to new members. The roles and responsibilities also include helpful information such as links to the websites for Stanislaus County Mental Health Board and The Brown Act, and contact information. Annie thanked Veronica for her assistance with the roles and responsibilities. Annie also shared a copy of the responses received for the survey conducted to all MHB members. Annie said the survey will help when they recruit new members.

COMMITTEE REPORTS

Executive Committee

- Nominating Committee – Jack Waldorf ask for volunteers to serve on the nominating committee. Yvette McShan and Ritta Sudnikoff volunteered.
- Annual Report – Jack reported four (4) report sections have been completed. Jack thanked those who submitted their reports.
- Committee Chairs – Jack indicated the Executive Committee met and agreed that that Frank Ploof, a new MHB member has demonstrated expertise of issues relevant to this committee. Per the MHB Bylaws, the Executive Committee voted to have Frank chair the Administrative and Fiscal Management meeting.

Veterans Committee

Vern Masse reported the committee's efforts to create a veterans treatment track. Vern announced that contact has been made with the court and that the court was very supportive and volunteered to contact the DA's office and the Public Defender's office to develop a committee.

Impact Committee

Jack reported the Impact Committee visited a mentorship program at the West Modesto King Kennedy Neighborhood Collaborative that primarily focuses on the African American population. At the mentorship program, there was discussion about bullying and the problems teenagers and young adults face.

MHB/ABSAP LIAISON

Kimberly Kennard reported the committee met at Aegis. Aegis provides a combination of medical treatment and counseling. Aegis has individual counselors from BA's to doctorate and a post doctorate fellowship programs. Aegis has 25 different sites. They provide four (4) types of services: maintenance, second short term detox which is 21 days, harm reductions, methadone abstinence, and long term detox which is less than 90 days. Aegis is located at a new site. Kimberly will be attending Aegis's next meeting.

CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)

Jack Waldorf informed the Board the Cultural Competency Newsletter was included in their packets. Teresa indicated the August Cultural Competency, Equity and Social Justice Committee meeting was cancelled, therefore, there were no meeting highlights to report.

Veronica announced Diversity Week will be held the 1st week of October. BHRS and HSA are working together and the theme is "Health Around the World". There will be activity and communication throughout the week. The will be held on Friday, October 3 from 2:00-6:00pm between the BHRS and HSA campus, in the parking area. The main event will be in conjunction with BHRS' Children's System of Care Fall Festival. Veronica encouraged everyone to join the event.

DEPARTMENT REPORT

Dr. Madelyn Schlaepfer reported the following:

- The department budget was submitted to the Board of Supervisors (BOS) for approval two weeks ago. The budget is a public document.
- The MHSA Plan Update is going to the BOS for approval. The plan includes the proposal

for a number of expansions of county operated and provider operated programs. The plan also includes the proposal for numerous Requests for Proposals. It also includes the construction funding for the Crisis Stabilization Unit in Ceres. The total amount of funding for consideration is approximately \$5.6M.

- New hires since the beginning of September:
 - Patricia Ortega-Ruiz is the new IT manager. She is a member of the Senior Leadership Team.
 - Phal Ou was promoted from a BHS to a Clinician. He received his master's degree and works at Integrated Forensics Team.
 - Michael Miller, BHS, Extra Help Staff, was hired into a full time position
 - Yoeun Yan, BHS, transferred to a new position
 - Terrie Vince, MHC, transferred
 - LeAnn Wesner-Donaldson was promoted from Community Services Agency
 - New Clinicians: Michelle Culver, Andrew Baker, and Sandra Perez
 - New Admin. Clerk: Deborah Guido

- Legislation:
 - The Governor has until the 30th to sign or veto legislation. There are still a number of mental health related bills pending to be signed. One of the bills that has been signed is the senate bill regarding requiring emergency medical service authority to develop training, and standards and regulations for all pre-hospital emergency medical personnel regarding the use and administration of naloxone (like Opiate).
 - Another bill chaptered (governor signed the bill) last week, was a bill about bullying that required the state to provide training education, online training module to assist all school staff, school administration, parents, community members to increase their knowledge of the dynamics of bullying and cyber bullying.
 - Another bill pending to be signed will require establishment of performance outcomes in the Department of Health Care Services (DHCS). It will require counties to report measures of performance including evaluating outcomes and cost effectiveness of mental health services provided. It will need to be reported annually to the Director of DHCS and to local Mental Health Boards. Outcomes will be published on the Internet. Counties will be able to compare with other counties how they perform on these measurements. The measures are unknown at this time; it's yet to be decided. This will be the focus at the state level because there's concern that some counties don't track these measures.
 - The mentally ill offender crime reduction grants were chaptered last week. They are dividing the funding equally between adults and youth juvenile.

ANNOUNCEMENTS

A member of the audience thanked the Board members for what they do.

Kimberly Kennard and Virginia Solórzano attended NAMI picnic event in the community. They encouraged board members to attend events in the community whenever possible.

Jack Waldorf reminded those who are committee chairpersons that they are also members of the Executive Committee. The Executive Committee meetings are held on the 1st Thursday of each month at 5:00pm in the Redwood Room.

ADJOURNMENT

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting of the Mental Health Board will be held on Thursday, October 23, 2014, 5:00 p.m., Redwood Room, 800 Scenic Drive, Modesto.

Respectfully Submitted,
Teresa Garibay
Confidential Assistant III