



*MENTAL HEALTH BOARD*

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**MENTAL HEALTH BOARD  
August 27, 2015**

**CALL TO ORDER**

The meeting convened at 5:00 p.m. and was called to order by Chair, Kimberly Kennard, Ph.D.

Those in attendance introduced themselves.

Dr. Kennard led the Board and members of the audience in the Pledge of Allegiance.

**MEMBERS PRESENT**

Annie Henrich, Frank Ploof, Jack Waldorf, Jerald Rhine, Kimberly Kennard, Sheila Kendall, Terry Withrow, Vern Masse, Virginia Solórzano, Yvette McShan

**MEMBERS ABSENT**

Charles Grom, Tony Flores, Ritta Sudnikoff

**STAFF PRESENT**

Madelyn Schlaepfer, Veronica Ortiz-Valle, Teresa Garibay, Debra Buckles, Shannyn McDonald, Carla Skiles

**GUESTS PRESENT**

Marlene Neely, Vanessa Alfaro, Johnathan Daniel McCurtain, Joshua Taylor Essman, Zachary Carrier Zarcohe; Monica Alvarez, Ruben Zion Vignau, Melissa Hale

**PUBLIC COMMENT/ANNOUNCEMENTS** - None

**CORRESPONDENCE**

Veronica Ortiz-Valle reported the Board of Supervisors approved the Supervisorial District move for Frank Ploof from District 3 to District 4 to reflect correctly where he resides.

**APPROVAL OF MINUTES**

Action: Vern Masse made the motion to approve the Mental Health Board (MHB) minutes of July 23, 2015, Virginia Solórzano seconded the motion.

**CONSUMER REPORTS/COMMENTS** - None

## **FAMILY MEMBER REPORTS/COMMENTS**

Jack Waldorf announced that the 1<sup>st</sup> Family to Family class started on Monday, July 20, 2015. Space is still available if anyone is interested in attending. Contact NAMI at 558-4555.

## **BOARD OF SUPERVISORS REPORT**

Supervisor Withrow reported that he had a meeting with Ritta Sudnikoff, Annie Henrich, and Jack Waldorf to discuss on the MHB strategic goal, which is to Increase Visibility and Communication with the Community elected officials. They discussed conducting outreach to city and school boards to present a Powerpoint on the roles and responsibilities of the Mental Health Board.

## **PRESENTATION – Josie’s Place**

Carla Skiles and staff gave a presentation on Josie’s Place. Josie’s Place is a drop-In Center that offers a variety of services to young adults ages 16 – 25 diagnosed with a mental illness who have the goal of independent living. Josie’s serves approximately 300 unique clients, 20-50 daily. With a primary focus of peer, family/significant other, and community support, Josie’s team provides a supportive and young adult centered environment for community youth in need of mental health services such as assessment; service coordination, mental health treatment, substance abuse treatment; medication support service; housing support; benefits assistance; life skills education & coaching; physical health & wellness; and opportunities to serve the community. Josie’s Place provides peer support groups, computers access, activities, crafts; a place to gather, recreation, and young adult leadership groups. Their focus centers on reducing stigma, instilling hope, and producing positive health outcomes. New at Josie’s is a new transgender group. Josie’s team is also working on parenting young people with small children. The program’s philosophy is to find natural strengths in young adults. Josie’s is partnering with Center for Human Services Resource Centers as well as Prodigal Sons & Daughters in Turlock and are expanding outside Modesto and Stanislaus County. Two members of the program spoke about their lived experiences, the challenges they encountered, and how the program has embraced them as well as how they have been able to contribute. Josie’s is open Monday through Friday, 9:00 A.M. -5:00 P.M.. A calendar of the August 2015 activities and program information was provided.

## **COMMITTEE GOALS DEVELOPMENT (STRATEGIC PRIORITIES)**

Kimberly Kennard reported that all of the committees have completed their priorities/goals. Kimberly thanked everyone for their efforts.

1. Promote Accountability and Outcomes (Annual Report) - Department & MHB  
Strategic Priority completed November 2014 (ongoing).
2. Increase Visibility and Communication with the Community – Elected Officials  
Strategic Priority completed July 2015 (ongoing).
3. Advocate for Mental Health Issues on the Local Level  
Strategic Priority completed July 2015 (ongoing).
4. Develop Board Competency  
Strategic Priority completed July 2015.
5. Embrace Diversity Internally and Externally  
Strategic Priority completed September 2014.

## **COMMITTEE REPORTS**

### **Executive Committee**

- ACTION: Eliminate the Veteran's Committee

The Mental Health Board approved eliminating the Veterans Committee.

- The 2015 MHB Annual Report was discussed. Committee leads were asked to have their section of the report to veronica by September 24.

### **MHB/ABSAP LIAISON**

Yvette McShan gave highlights of the ABSAP Meeting held on August 20, 2015. The meeting included a presentation on Detention Services in Custody – Substance Use Disorder Program (formerly known as Women of Wisdom) presented by Lutricia Milton. Yvette also reported that Gregg Clifton gave an overview of the presentation on Each Mind Matters Suicide Prevention presented at the Cultural Competency, Equity and Social Justice Committee held on August 10, 2015.

### **CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)**

Veronica Ortiz-Valle shared highlights from the meeting held on August 10, 2015, and the Cultural Update Newsletter. The newsletter, included in the handout packet, featured an article on the Substance Use Disorder Intensive Outpatient Treatment Program. Michael Greenlee is the program coordinator and he discussed the three core values that makes this program successful; results, respect, and responsiveness. A presentation was conducted on Life Path by staff from Sierra Vista. The presentation included information about services they provide, how they help transitional age youth and adults ages between 14 and 25 experiencing early symptoms of psychosis. Veronica also reported the committee discussed stigma reduction, a California movement, and talked about how to keep it in the forefront, finding creative ways to keep it alive, using different methods to engage the committee, and ways to stop stigma. Names of websites on reducing stigma were provided such as In Our Own Shoes and Each Mind Matters.

### **DEPARTMENT REPORT**

Madelyn reported the following:

- The Mental Health Services Oversight Accountability Commission (MHSOAC) visited Modesto today. The visit included a meeting with BHRS leadership followed by site visits and a MHSOAC Executive Director Meeting with Stanislaus County CEO/Board of Supervisors. The site visits included touring the Stanislaus Recovery Center - Community Emergency Response Team; Crisis Intervention Program; and the Crisis Stabilization Unit. The MHSOAC approved the Co-Occurring Full Service Partnership Innovation Project.
- MHSA Plan Update is going to the Board of Supervisors for approval on Tuesday, September 1, 2015.

Legislation:

- Trying to get Assembly Bill #SB614, Peer Certification passed.
- Legislation is in process to make it a formal requirement for peace officers to attend the Crisis Intervention Training, especially for Highway Patrol.
- Discussed the bill regarding Foster Care and the rules about medications.

**ANNOUNCEMENTS**

- Annie shared she conducted a cooking class for residents at Bennett Place. She will continue to conduct cooking classes monthly including going grocery shopping.
- Carla Skiles offered to anyone interested in receiving Josie's monthly calendar to contact Teresa Garibay. Teresa will then forward the information to Carla.

**ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting of the Mental Health Board will be held on Thursday, September 24, 2015 at 5:00 p.m., in the Redwood Room, 800 Scenic Drive.

Respectfully Submitted,  
Teresa Garibay  
Confidential Assistant III