



**MENTAL HEALTH BOARD**  
**August 22, 2013**

**CALL TO ORDER**

The meeting convened at 5:04 p.m. and was called to order by Chair Jack Waldorf.

Those in attendance introduced themselves.

Chip Langman led the Board and members of the audience in the Pledge of Allegiance.

**MEMBERS PRESENT**

Chris Cataline, Annie Henrich, Kimberly Kennard, Chip Langman, Erin Lesan, Vern Masse, Lynn Padlo, Catherine Szakmary, Karl von Spreckelsen, Jack Waldorf

**MEMBERS ABSENT,**

Charles Grom, Jerald Rhine, Ritta Sudnikoff, Terry Withrow

**STAFF PRESENT**

Debra Buckles, Adrian Carroll, Melissa Farris, Ruben Imperial, Veronica Ortiz-Valle, Madelyn Schlaepfer, JoAnne Warner

**GUESTS PRESENT**

Alicia Crawford, Barbie Cummins, Gregory Habib, Whitney Hansen, Jamie Hoover, Jessica Jimenez, Priti Patel, Julie Rice, Jerald Rosenthol, Samantha Sison, Troy Spears, Rita Youanis

**PUBLIC COMMENT/ANNOUNCEMENTS** – None.

**CORRESPONDENCE** – An email was previously received from Herman DeBose, Ph.D., as a member of the California Association of Local Mental Health Boards and Commissions (CALMH/BC). Dr. De Bose is developing a roster of Mental Health Boards/Commissions members in all 58 counties and is requesting personal information on Stanislaus County MHB members. After discussion, response to the Action Item is as follows:

Action Item: To Provide information to Dr. Herman De Bose, CALMHBC.

A motion was made by Chris Cataline that Dr. De Bose not be provided with the personal information requested on Board members. If Dr. De Bose has another request, he is to contact Veronica Ortiz-Valle. Ms. Ortiz-Valle will notify Board members of any requests. Vern Masse seconded the motion and it passed unanimously.

Vern Masse requested his personal information be deleted from the Board's sign in sheet.

## **APPROVAL OF MINUTES**

Action: Karl von Spreckelsen made the motion to approve the MHB minutes of July 25, 2013. Lynn Padlo seconded the motion. Aye's-8, No's-0, Abstain-2. The motion passed.

**CONSUMER REPORTS/COMMENTS** – Troy Spears reported a free self-help group, SMART Recovery (Self Management And Recovery Training) is meeting Wednesdays from 6:30 – 7:30 p.m., Center for Human Services Building, 1700 McHenry Village Way, Modesto. This is a scientific alternative for people who are seeking independence from alcohol, drugs, gambling and other addictive behaviors. Pamphlets were circulated with additional information.

**FAMILY MEMBER REPORTS/COMMENTS** – Lynn Padlo reported that she has completed her 13<sup>th</sup> Family-to-Family class. Several people have now been trained to teach the class so she will be putting her efforts toward school programs. Through MHSA, Ms. Padlo thanked the Department for empowering over 50 consumers and employing many family members.

**BOARD OF SUPERVISOR REPORT/COMMENTS** – None.

## **PRESENTATION – AFFORDABLE CARE ACT (ACA)**

Adrian Carroll provided a PowerPoint and information on Health Care Reform (ACA – Affordable Care Act) related to Mental Health and Substance Use Disorder Treatment. In California, signing up begins in October 2013 and California coverage begins January 2014. ACA expands access to affordable health coverage through modification of the Medi-Cal and Children's Health Insurance programs and the establishment of Affordable Insurance Exchanges. The income limit for parents and childless adults will rise to 138% of the Federal Poverty line in 2014 under the Medi-Cal expansion. Stanislaus County has 135,000 Medi-Cal beneficiaries. It is estimated that 25,000 currently are eligible to sign up and 30,000 will be newly eligible to sign up. Currently, there are 9,000 Indigent Care recipients who will be automatically converted. January 1, 2014, eligible Medi-Cal beneficiaries may receive expanded mental health benefits through Medi-Cal Managed Care Plans (MCPs), Fee-For-Service (FFS) delivery systems, and county-administered specialty mental health services (SMHS). Mr. Carroll reviewed MCP/FFS Mental Health Services and Specialty Mental Health Services, including outpatient and inpatient. Mr. Carroll also reviewed the Substance Use Disorder (SUD) Benefits. Voluntary inpatient detoxification will be available to the general population. Screening and brief intervention will be available to the general adult population for alcohol misuse, and if threshold levels indicate, a brief intervention is covered. This service would occur in primary care settings. Mr. Carroll reviewed current reimbursement and 2014 reimbursement rates. New Drug Medi-Cal will be reimbursed at 100% for the first three years where in past years it was reimbursed at the rate of 50%. Mr. Carroll reviewed the process for people to sign up for coverage. Medi-Cal providers are Health Plan of San Joaquin, Health Net (PCP and specialty physical health and non-specialty MH and basic level SUD), Stanislaus County Behavioral Health & Recovery Services (Specialty MH and SUD). Covered California Exchanges are: Anthem BlueCross, Blue Cross of California, Kaiser Permanente, and Health Net (Physical health and PCP, including non-specialty MH and basic level SUD and specialty MH and SUD).

## **COMMITTEE REPORTS**

### **Executive Committee**

Minutes of the August 1, 2013 meeting were included in the packets and briefly reviewed by Mental Health Board

Jack Waldorf. The Committee set the agenda, discussed the Retreat, Annual Report, adding a Forensic Subcommittee, and Board members' participations and how to increase involvement. Chair Waldorf recognized Chip Langman and Lynn Padlo for having perfect attendance.

### Retreat Ad Hoc Committee

Karl von Spreckelsen reported the retreat is scheduled for Saturday, August 24, 2013, 10:00 a.m. – 3:00 p.m., at Harvest Hall. Christy Almen, Senior Management Consultant in the CEO's office, will facilitate. The Retreat's agenda was included in the packets along with an order form for lunch. Troy Spears, ABSAP liaison, requested to attend.

### Annual Report

The Board is planning on presenting the Annual Report to the Board of Supervisors at their October meeting. All Committees need to have their reports to Veronica Ortiz-Valle by September 27, 2013. Ms. Ortiz-Valle will be emailing last year's report to the Board.

### Recommendation for Forensic Subcommittee

The Criminal Justice Oversight Committee meets on a quarterly basis and has broadened to include several Criminal Justice Departments. There is a recommendation to form a Forensic Subcommittee to meet monthly and would continue to meet quarterly with the current Criminal Justice Oversight Committee.

Action: Recommendation for Forensic Subcommittee

Dr. Kimberly Kennard made the motion to establish a Forensic Subcommittee. Chris Cataline seconded the motion and it was approved unanimously.

The Board will ask Charles Grom for his interest in Chairing the Committee. Dr. Kennard would like to sit on the committee as well.

### Adult System of Care

Minutes of the August 14, 2013 Committee were included in the packets and briefly reviewed by Chris Cataline. A general review of the Adult System of Care was provided along with an organizational chart. The next MHB ASOC Committee will be held Wednesday, September 11, 2013, 500 N. 9<sup>th</sup> St., Modesto.

### Older Adult System of Care

Minutes of the August 14, 2013 Committee meeting was included in the packets and briefly reviewed by Jack Waldorf. Annie Henrich introduced Jerry Rosenthal as a guest and potential Board member. Results Based Accountability was a topic of discussion. Mr. Waldorf reported the 81-year old Cambodian man that Lynn Padlo brought to the Board's attention is being seen at Modesto Recovery Services (MRS) rather than the Senior Access Treatment Team due to Cambodian speaking staff at MRS. It was also reported the man now has housing. The next meeting of the MHB Older Adult System of Care will be held Wednesday, September 11, 2013, 4:30 p.m., High Risk Health & Senior Access, 303 Downey Avenue, Modesto.

### Managed Care

Karl von Spreckelsen reported the Committee did not meet. The next MHB Managed Care Committee will be held Thursday, September 5, 2013, 4:00 p.m., Administration Office, 800 Scenic Drive, Modesto.

Doctors Behavioral Health Center (DBHC) - There was no report.

### Children's System of Care

Lynn Padlo reported the Committee made a site visit to SED/School Based Services. Jerry Rhine and Ritta Sudnikoff are members of the Committee and other Board members are always welcome. The next meeting of the Children's System of Care will be held Tuesday, September 10, 2013, 3:30 p.m., Fireside Room, 800 Scenic Drive, Modesto.

### Administrative and Fiscal Management

Chip Langman reported most of the discussion was around the Affordable Care Act. Mr. Langman added that the fiscal year 2013/14 proposed budget has been submitted to the CEO.

### Impact Committee

Catherine Szakmary reported that site visits have been scheduled. The next Impact Committee meeting is scheduled for Friday, September 13, 2013, 12:00 p.m., Main Conference Room, 800 Scenic Drive, Modesto.

### Criminal Justice Oversight

The agenda and minutes from the July 24, 2013 meeting were included in the packets. Dr. Madelyn Schlaepfer shared that Probation has hired a Criminal Analyst and BHRS will be hiring a Software Developer. This will assist with monitoring AB 109 recidivism and how this population is impacting the community. The next quarterly meeting will be held Wednesday, October 23, 2013, 4:00 p.m., Adult Probation, 2<sup>nd</sup> Floor Training Room, 801 11<sup>th</sup> Street, Ste. B-100, Modesto.

### Veterans Committee

Vern Masse reported the Committee should begin meeting in September. The date and time is being finalized. Interested Board members are encouraged to attend. Mr. Masse shared that he met with Supervisor Terry Withrow to look at ways for a one stop shop for Veterans' services. He also shared two events scheduled for veterans that included a swim from Alcatraz on October 12 and a camp out over Labor Day weekend.

### **MHB/ABSAP LIAISON**

Troy Spears was in attendance as ABSAP's liaison.

Dr. Kimberly Kennard attended the August ABSAP Board meeting as the MHB liaison. Ruben Imperial presented the AOD Prevention Plan. Dr. Kennard will continue to be the MHB's liaison at the ABSAP Board meetings.

## **CULTURAL COMPETENCE REPORT**

The Agenda from the August 12, 2013 meeting and minutes from the July 8, 2013 meeting were included in the packets. Christina Kenney presented on the Empowerment Center. Dr. Madelyn Schlaepfer reported the Mental Health Cultural Competence Summit is being held October 2 and 3 at the Modesto Doubletree. The Department will have registrations paid for 36 slots. In the event there are slots available, Dr. Schlaepfer will notify Board members to see if anyone is interested in attending. Entertainment and speakers have been identified. Troy Spears inquired about having a booth at this event. Dr. Schlaepfer will find out the process and if there is a cost involved. Veronica Ortiz-Valle added that this will be the same week as the International Festival and there will be activities and booths at 1010 10<sup>th</sup> Street. The September CCOC meeting has been canceled while identifying a new Chair. The CCOC meets on the 2<sup>nd</sup> Monday of the month at 9:00 a.m. in the Redwood Room.

The August 2013 issue of the Cultural Competency Update was included in the packets.

## **DEPARTMENT REPORT**

- Dr. Madelyn Schlaepfer officially introduced Veronica Ortiz-Valle as her Executive Assistant.
- Patient Dignity Act – This came from the recent incident where Nevada was sending people to California when released from the Psychiatric Hospital. This legislation speaks to continuity of care and what hospitals can do on discharging a patient.
- Eliminating the exception rule to medicating. If someone is incarcerated, their benefits would be suspended, not lost. Eliminate the IMD exclusion. If there are more than 16 psychiatric beds, you can't bill Medi-Cal unless it's an acute psychiatric hospital connected to a medical hospital.
- Incentives to physician to develop electronic health records, but does not include mental health providers.
- Dr. Madelyn Schlaepfer reported the State audited the MHSA programs in four counties. Even though Stanislaus County was not one of the four, Stanislaus County's stakeholder process was exceptional compared to some of the others.
- September is National Recovery Month. A proclamation will be going to the Board of Supervisors. Dr. Schlaepfer shared that she will be making a presentation to the Board of Supervisors in September.
- The Psychiatric Health Facility (PHF) is moving forward with a target date to open on March 1, 2014. Two items went to the Board of Supervisors on August 13, 2013: Telecare Corporation to operate the PHF and approval to renovate. Bids to renovate will be considered in September.

## **ANNOUNCEMENTS**

Cathy Szakmary thanked JoAnne Warner for her many years of service to the Board as she retires after 30 years with BHRS.

Dr. Kimberly Kennard announced that the fall semester at MJC begins on Monday, August 26<sup>th</sup>. A Human Services orientation was held to orient students on available classes. The Gerontology course will also begin on Monday. The first CADE student has passed the test. Dr. Kennard thanked Madelyn for hiring students. Dr. Kennard announced that she will be serving on the Civil Grand Jury.

Lynn Padlo distributed a flyer on two NAMI programs for schools. Ending the Silence is a program designed for middle school or high school students in health or science classes. Also, Parents and Teachers as Allies (PTAA) is a one-hour presentation that addresses the different Mental Health Board

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perspectives on mental illness with a four person panel: a parent, a person who was ill at a young age, and someone with an educational and professional background.

Ms. Padlo shared that there are two newly trained Family-to-Family providers. A brochure was provided explaining the NAMI Basic six-session course for parents and other primary caregivers of children and adolescents living with mental illness.

Melissa Farris was introduced as the new Family Advocate.

## **ADJOURNMENT**

There being no further business, the meeting adjourned at 6:31 p.m. The next meeting of the Mental Health Board will be held on Thursday, September 26, 2013, 5:00 p.m., Redwood Room, 800 Scenic Drive, Modesto.

Respectfully Submitted,  
JoAnne Warner  
Confidential Assistant III