

MENTAL HEALTH BOARD

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MENTAL HEALTH BOARD July 23, 2015

CALL TO ORDER

The meeting convened at 5:00 p.m. and was called to order by Chair, Kimberly Kennard, Ph.D.

Those in attendance introduced themselves.

Dr. Kennard led the Board and members of the audience in the Pledge of Allegiance.

MEMBERS PRESENT

Annie Henrich, Frank Ploof, Jack Waldorf, Jerald Rhine, Kimberly Kennard, Ritta Sudnikoff, Sheila Kendall, Terry Withrow, Vern Masse, Virginia Solórzano, Yvette McShan

MEMBERS ABSENT

Charles Grom, Tony Flores

STAFF PRESENT

Cherie Dockery, Veronica Ortiz-Valle, Teresa Garibay, Debra Buckles, Pam Esparza, Scott Lines

GUESTS PRESENT

Lateasha Watkins, Jerry Galeazzi, Lee Ann Glatt, David Bartlett, Christina Kenney, Melissa Hale

PUBLIC COMMENT/ANNOUNCEMENTS - None

CORRESPONDENCE

Veronica Ortiz-Valle reported a letter was sent to the Clerk of the Board requesting to change Frank Ploof Supervisorial District representation of the Mental Health Board from District 3 to District 4 to reflect correctly on where he resides. The request requires approval from the Board of Supervisors.

APPROVAL OF MINUTES

Action: Jerry Rhine made the motion to approve the Mental Health Board (MHB) minutes of June 25, 2015, Virginia Solórzano seconded the motion.

CONSUMER REPORTS/COMMENTS - None

FAMILY MEMBER REPORTS/COMMENTS - None

BOARD OF SUPERVISORS REPORT

Supervisor Withrow gave an update on the Focus on Prevention Project. This county-wide initiative aims to improve the quality of life of all Stanislaus residents and families. He stated the oversight for this effort is being provided by a Stewardship Council which consists of two leaders from each of the ten sectors. The sectors include government; business; non-profits; philanthropy; education; faith; neighborhoods; media; and arts; entertainments and sports. The project's first focus is on the homelessness issue.

PRESENTATION – MHSA Plan Update

ACTION: Approval of the MHSA Plan Update

Dan Rosas gave a presentation about Proposition 63, the Mental Health Services Act (MHSA), in Stanislaus County, which included background information of the five components and funding allocations. The presentation encompassed information about the MHSA FY2015-16 Plan Update which was posted for public review and comment July 22 – August 20, 2015. An informational meeting will be held on July 30, 2015. Dan shared recent funding proposals approved by MHSA stakeholders. The MHSA Plan Update was presented and approved by the Mental Health Board.

COMMITTEE GOALS DEVELOPMENT (STRATEGIC PRIORITIES)

The following committee leads/members gave an update on the five strategic priorities/goals:

- 1. <u>Promote Accountability and Outcomes Department & MHB</u> No update.
- Increase Visibility and Communication with the Community Elected Officials
 Ritta Sudnikoff reported the committee would like to share with elected officials the roles and
 responsibilities of the Mental Health Board. The committee is developing a list of questions for
 their meetings with elected officials. A meeting with Supervisor Withrow will be scheduled
 soon.
- Advocate for Mental Health Issues on the Local Level Ritta Sudnikoff reported the committee has started presenting at organizations in the community about the roles and responsibilities of the Mental Health Board members as well as describing the process on how someone can join the Board. The committee is currently presenting at MHSA programs and will be expanding to other organizations.
- 4. <u>Develop Board Competency</u> Vern reported the final version of the Member Information Packet has been completed. The packet was distributed to members. Updates to the packet will be distributed at MHB meetings.
- 5. <u>Embrace Diversity Internally and Externally</u> Strategic Priority completed in 2014.

COMMITTEE REPORTS

Managed Care Committee

Jack provided an update on DBHC. He reported DBHC is currently fully staffed with psychiatrists. He also indicated requests for Medi-Cal reimbursements are often denied due to lack of documentation. Kimberly Kennard will send Tony Vartan a letter inviting him to the Mental Health Board Meetings on a quarterly basis to provide an update on DBHC.

Veteran's Committee

Vern Masse reported the Superior Court received the grant to expand the Specialty Courts. Vern specified that with the grant, the Veterans Treatment Trac can now be created as part of the Mental Health Specialty Court. The committee is currently waiting for the Court to call a meeting to start planning the implementation of the Veterans Treatment Trac.

MHB/ABSAP LIAISON

Veronica Ortiz-Valle reported highlights from the July ABSAP meeting. Veronica indicated the Board did not have a Quorum until the second half of the meeting and the minutes were approved. Members had a discussion about merging both Boards. The presentation scheduled for the meeting was put on hold due to low attendance.

CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)

Veronica Ortiz-Valle provided highlights from the meeting on July 13, 2015 and the newsletter. She informed the Board the Cultural Competency Newsletter was included in their packets which featured an article on the Senior Access Treatment Team (SATT). The SATT team provides a wide range of specialized services for seniors, ages 60+ including housing. Madelyn presented the Cultural Champion Award to a community group, Manos Unidas (United Hands), for their work in building and strengthening the relationships within their community and promoting emotional health and wellbeing for their members. A presentation was conducted on B4Stage4: Changing the Way We Think About Behavioral Health. The presentation included discussion and exercises about the four stages. Veronica invited interested MHB members to attend the CCESJC meetings. The meetings are held on the 2nd Monday of each month from 9:00-10:30 in the Martin Conference Room.

DEPARTMENT REPORT

Cherie Dockery reported the following:

Legislation:

• Assembly Bill #SB614, Peer Certification is moving forward.

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ANNOUNCEMENTS

- Jack Waldorf announced he will be teaching the class Family to Family that will be held August 24 through November 9, 6:30pm – 8:30pm, at the Jana Lynn Room. There's still room for additional family members who would like to attend the class.
- Christina Kenney reported some members of the Empowerment Center's Leadership Advisory Council are participating on the County's Prevention Project regarding homelessness. The Advisory Council is conducting a meeting to generate feedback for the project. The meeting is open to the public for those who would be interested in learning more about the project, have questions, and want to advocate for themselves or support the project. The meeting will be held on Tuesday, July 28, 9:00-11:30 at the Empowerment Center, 1001 Needham Avenue.
- Kimberly Kennard announced school starts on August 20 at MJC. Agencies are welcome to attend the orientation 5:00-7:00pm.
- Annie Henrich announced she will be teaching a healthy diet cooking class at Healthy Families mid-August.
- Dave Bartlett, member of the National Alliance on Mental Illness (NAMI) announced he is now a member of Recovery International, a peer-led-self-help organization. Recovery International provides weekly peer-led-self-help meetings as well as telephone and web-based meetings, webinar meetings, online chat meetings, and online forums. It is a safe, confidential place to talk about life's challenges and receive support for self-help efforts. A brochure was distributed. For more information, go to <u>info@recoveryinternational.org</u> or <u>www.recoveryinternational.org</u>, 1-866-221-0302, or contact Dave Bartlett at 247-2620.

ADJOURNMENT

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting of the Mental Health Board will be held on Thursday, August 27, at 5:00 p.m., at Josie's Place, 1208 9th Street, Modesto.

Respectfully Submitted, Teresa Garibay Confidential Assistant III