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# MENTAL HEALTH BOARD July 25, 2013

# CALL TO ORDER

The meeting convened at 5:04 p.m. and was called to order by Chair Jack Waldorf.

Those in attendance introduced themselves.

Chip Langman led the Board and members of the audience in the Pledge of Allegiance.

# MEMBERS PRESENT

Charles Grom, Annie Henrich, Chip Langman, Vern Masse, Lynn Padlo, Ritta Sudnikoff, Catherine Szakmary, Karl von Spreckelsen, Jack Waldorf, Terry Withrow

### MEMBERS ABSENT,

Chris Cataline, Kimberly Kennard, Erin Lesan, Jerald Rhine

#### STAFF PRESENT

Veronica Ortiz-Valle, Madelyn Schlaepfer, Linda Torres, JoAnne Warner

#### **GUESTS PRESENT**

Diane Crayton, Roger Duke, Jamie Hoover, Vernon Price, Mike Shinkel, Noel Silva, Susan Trudell

<u>PUBLIC COMMENT/ANNOUNCEMENTS</u> – Vernon Price presented a flyer on a National Peer Support Conference that will be held August 27 and 28, 2013 in Anaheim.

<u>BOARD OF SUPERVISOR REPORT/COMMENTS</u> – Supervisor Terry Withrow shared that Monica Nino, CEO, has accepted a position with San Joaquin County. The Board of Supervisors is discussing options for her replacement. Supervisor Withrow reported the Psychiatric Health Facility (PHF) process is on schedule. Supervisor Withrow also reported that the County is currently in negotiations to renew the contract with Doctor's Behavioral Health Center.

CORRESPONDENCE – Linda Torres reported that an email was received from Herman DeBose, Ph.D., as a member of the California Association of Local Mental Health Boards and Commissions (CALMH/BC). He is in the process of developing a roster of Mental Health Boards/Commissions members in all 58 counties. Information being requested included names, email address, mailing address, telephone number, position on Board, date term expires, name and email address of member of BOS that appointed them, name and email address of staff person assigned to the Board/Commission. After discussion, and with Dr. Kennard not in attendance, Chip Langman requested this be put on the August agenda as an action item. An email will be sent to Dr. DeBose informing him of this timeline for a decision.

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# **APPROVAL OF MINUTES**

Action: Annie Henrich made the motion to approve the MHB minutes of June 27, 2013. Lynn Padlo seconded the motion and they were approved unanimously.

<u>CONSUMER REPORTS/COMMENTS</u> – Lynn Padlo reported on an 81-year old Cambodian man living on the steps of her church for 36 days. She spoke of her frustration calling several agencies trying to get housing and services for this person. The Senior Access Treatment Team will be assessing this individual.

<u>FAMILY MEMBER REPORTS/COMMENTS</u> – Noel Silva introduced Susan Trudell as the new Program Director at the Empowerment Center beginning July 1, 2013. Ms. Silva will be managing the Warm Line.

Vernon Price thanked the Board for visiting the Empowerment Center and seeing how the entity is improving lives, instilling hope and reducing stigma.

# PRESENTATION - OVERVIEW ON VETERANS ISSUES

Vern Masse presented on issues facing Veterans. Mr. Masse provided information on the Modesto Vet Center. To be eligible for services at the Vet Center, the individual must be a war zone veteran that includes all eras. The goal of the Vet Center program is to provide a broad range of counseling, outreach, and referral services to eligible veterans in order to help them make a satisfying post-war readjustment to civilian life. Post Traumatic Stress (PTSD) and possible problems were reviewed. Services provided includes individual counseling, group counseling, marital and family counseling, bereavement counseling, medical referrals, assistance in applying for VA benefits, employment counseling, guidance and referral, alcohol/drug assessments, information and referral to community resources, sexual trauma counseling and referral, and community education. This is all provided at no cost to the veteran or family. Pamphlets were distributed to the Board providing additional information.

#### **COMMITTEE REPORTS**

#### **Executive Committee**

The Committee set the agenda.

#### Retreat Ad Hoc Committee

Karl von Spreckelsen provided an update on the progress with finding a facilitator for the retreat. He indicated that Donna Mathews, of CIMH, was not available. Mr. von Spreckelsen has reached out to Sherri Gauger, of MHOAC, as a possible option. The two dates that are being considered are August 10 and 24, depending on Ms. Gauger's availability. If Ms. Gauger is not available, Lynn Padlo suggested someone from NAMI California.

#### Adult System of Care

Ruben Imperial has begun his new position as Chief of the Adult System of Care. The Committee will resume the meetings and confirm the date and time.

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# Older Adult System of Care

Jack Waldorf reported that due to changes in personnel, there were no minutes. The next meeting of the MHB Older Adult System of Care will be held Wednesday, August 14, 2013, 4:30 p.m., High Risk Health & Senior Access, 303 Downey Avenue, Modesto.

# Managed Care

The July meeting was canceled. The next MHB Managed Care Committee will be held Thursday, August 1, 2013, 4:00 p.m., Administration Office, 800 Scenic Drive, Modesto.

<u>Doctors Behavioral Health Center (DBHC)</u> - There was no report.

# Children's System of Care

Lynn Padlo reported that she and Jerry Rhine made a site visit to Juvenile Drug Court. They met with Jeff Sabean, Program Coordinator, and Carlos Falcon, Youth Leadership Coordinator. The next meeting of the Children's System of Care will be held Tuesday, August 13, 2013, 3:30 p.m. at SED/School Based Services, 707 14<sup>th</sup> Street, Modesto.

#### Administrative and Fiscal Management

Chip Langman reported Supervisor Withrow covered everything in his report.

# **Impact Committee**

Catherine Szakmary shared that as many Board members as possible should visit Promotores programs. The next meeting is scheduled for Friday, August 2, 2013, 12:00 p.m., Main Conference Room, 800 Scenic Drive, Modesto.

#### Criminal Justice Oversight

Charles Grom reported that the meeting was held July 24, 2013, but he was unable to attend. The next quarterly meeting will be held Wednesday, October 23, 2013, 4:00 p.m., Adult Probation, 2<sup>nd</sup> Floor Training Room, 801 11<sup>th</sup> St., Modesto.

#### Veterans Committee

Vern Masse reported dates and times are being finalized. There should be a meeting in September.

Karl von Spreckelsen requested Veronica Ortiz-Valle to bring last year's Annual Report to the August Executive meeting. Committees can begin working on their reports. Last year, the presentation to the Board of Supervisors was done in October.

#### MHB/ABSAP LIAISON

Mike Shinkel was in attendance as ABSAP's liaison.

Karl von Spreckelsen attended the July ABSAP Board meeting as the MHB liaison. Mr. von Spreckelsen reported there was a presentation on sober living environment status in Stanislaus County. Linda Torres added that the ABSAP Board now has two new youth members.

# **CULTURAL COMPETENCE REPORT**

The Agenda from the July 8, 2013 meeting was included in the packets, along with the minutes of June 10, 2013. Linda Torres reported the Committee continues to work on the Cultural Competency Mental Health Summit being held October 2 & 3, 2013 at the Modesto Doubletree Hotel. Stanislaus, Merced and San Joaquin counties are co-sponsoring the summit. Stanislaus County's part in the planning is to provide entertainment. CCOC meets the 2<sup>nd</sup> Monday of the month at 9:00 a.m., in the Redwood Room, 800 Scenic Drive, Modesto.

Dr. Madelyn Schlaepfer announced that Linda Torres was awarded the CC Champion Award for the second quarter of 2013. Ms. Torres was also presented a certificate of appreciation for her years of service and dedication as a member and Co-Chair of the CCOC.

Jack Waldorf shared that at Linda Torres' retirement reception, food was provided from many different cultures.

# **DEPARTMENT REPORT**

- Dr. Madelyn Schlaepfer announced that Veronica Ortiz-Valle will be taking over Linda Torres' position after she retires.
- Dr. Schlaepfer spoke briefly on the Department's interest in a Crisis Stabilization Unit.
- Dr. Schlaepfer shared that it is still unknown what the impact of the Affordable Care Act will be on Medi-Cal and California. Medi-Cal expansion will provide benefits for newly eligible childless adults. The hope is to receive an estimate of the number of new beneficiaries so the Department can prepare.
- It was announced that Chong Yang has left the Department to pursue other opportunities. Currently, WET is leaderless.
- AB 109 programs are now fully staffed. There's a trailer and staff for the medication clinic and the Department's waiting for the pharmacy license.

Jack Waldorf, on behalf of the Mental Health Board, presented Linda Torres with a plaque and gift for her support to the Board.

Linda Torres thanked the Board and stated that it has always been a pleasure working with the members. Ms. Torres also shared that she admired and respected the commitment of the Board members to the Department and citizens of Stanislaus County.

### **ANNOUNCEMENTS**

Lynn Padlo announced that there will be a six-week class for parents with young children beginning August 20, 2013, 6:30 p.m., Jana Lynn Room, 500 N. 9<sup>th</sup> St., Modesto. This will be similar to the Family-to-Family class.

# **ADJOURNMENT**

There being no further business, the meeting adjourned at 6:14 p.m. The next meeting of the Mental Health Board will be held on Thursday, August 22, 2013, 5:00 p.m., Redwood Room, 800 Scenic Drive, Modesto.