



MENTAL HEALTH BOARD

800 Scenic Drive, Modesto, CA 95350  
Phone: 209.525-6225 Fax: 209.558-4326

**MENTAL HEALTH BOARD**  
**June 25, 2015**

**CALL TO ORDER**

The meeting convened at 5:00 p.m. and was called to order by Chair, Kimberly Kennard, Ph.D.

Those in attendance introduced themselves.

Dr. Kennard led the Board and members of the audience in the Pledge of Allegiance.

**MEMBERS PRESENT**

Annie Henrich, Frank Ploof, Jack Waldorf, Jerald Rhine, Kimberly Kennard, Ritta Sudnikoff, Terry Withrow, Tony Flores, Vern Masse, Virginia Solórzano, Yvette McShan

**MEMBERS ABSENT**

Charles Grom, Sheila Kendall

**STAFF PRESENT**

Cherie Dockery, Veronica Ortiz-Valle, Teresa Garibay, Pam Esparza, Tim White, Melissa Hale, Lee Ann Glatt

**GUESTS PRESENT**

Birch Chinta, Gary Nicholas, Jerry Galeazzi

**PUBLIC COMMENT/ANNOUNCEMENTS** - None

**CORRESPONDENCE**

Veronica Ortiz-Valle reported she received a thank you letter from Lynn Padlo thanking the Board for supporting NAMI for the past 9 years and for the Boards commitment to helping families in Stanislaus County.

**APPROVAL OF MINUTES**

Action: Vern Masse made the motion to approve the Mental Health Board (MHB) minutes of May 28, 2015, Jack Waldorf seconded the motion.

**CONSUMER REPORTS/COMMENTS** - None

**FAMILY MEMBER REPORTS/COMMENTS** – None

## **BOARD OF SUPERVISORS REPORT**

Supervisor Withrow reported the County budget was approved. The Homeless Action Council held their first meeting.

### **PRESENTATION – Behavioral Health Advocate (Family Advocate)**

Melissa Farris, Tim White, and Denise Dillon, gave a presentation about their roles as Family Advocates. Their role includes assisting families with accessing, understanding, and utilizing mental health, alcohol and drug services. In addition, support and information is provided to family members to help cope with the illness of loved ones. The Family Advocates work independently of all service providers in order to help improve and facilitate relationships.

### **PRESENTATION – CIBHS (California Institute for Behavioral Health Solutions) Training Update**

Annie Henrich reported that she, Tony Flores, and Yvette McShan attended the above referenced training on June 6, 2015, in Sacramento. The training consisted of two parts: 1) How to be a Great Board and 2) Community Outreach and Advocacy. Annie shared the training made her a better member and recommends the training. Tony said the training was informational. Yvette said the training had valuable information and provided structure. Annie will e-mail the website address to the Board members.

## **COMMITTEE GOALS DEVELOPMENT (STRATEGIC PRIORITIES)**

The following committee leads/members gave an update on the five strategic priorities/goals:

1. Promote Accountability and Outcomes - Department & MHB  
No update.
2. Increase Visibility and Communication with the Community – Elected Officials  
No update.
3. Advocate for Mental Health Issues on the Local Level  
No update.
4. Develop Board Competency  
Vern presented a draft of the Member Information Packet developed for Board Members. Vern asked members for input by Friday, July 17. The final packet will be distributed at the July 23 meeting. Updates to the packet will be distributed at MHB meetings.
5. Embrace Diversity Internally and Externally  
Strategic Priority completed in 2014.

Kimberly Kennard reviewed the list of members currently not on a committee. Kimberly asked those members to join a committee by the next meeting.

## **COMMITTEE REPORTS**

### **Executive Committee**

Veronica reported the Board approved the LOA Request for C. Grom. Annie Henrich offered to mentor Tony Flores. Veronica reported the invoice for membership dues for CALMHBC FY15/16 (July 15, 2015 – June 30, 2016) will be received at the beginning of the year.

### **Veteran's Committee**

Vern briefly mentioned the consideration of merging the Criminal Justice Committee with the Veterans Committee. Veronica indicated that this would need to be addressed at the Executive Meeting for any type of action. Vern reported that the Superior Court resubmitted its grant to expand the Specialty Courts in order to create a Veterans Treatment Track. The committee will find out tomorrow if the grant was approved. If the grant is not approved, Vern already talked with the County's CEO's Office and they have agreed to post a meeting to see if it can be done without a grant.

### **MHB/ABSAP LIAISON**

Kimberly Kennard reported the following from June's ABSAP meeting:

Janet Nunez-Pineda, Manager for Prevention and Early Intervention Programs, presented a PowerPoint presentation introducing the Each Mind Matters Campaign. Jennifer Marsh provided an update on Occupational Health Services. The homepage for the ABSAP Board is now posted on the Stanislaus County website. An applicant interested in joining the ABSAP Board was interviewed.

### **CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)**

Veronica Ortiz-Valle reported the Community Hospice gave a presentation that included information on the services and support groups. Community Hospice is dedicated to providing compassionate and quality care, education and support to terminally ill patients and their families. The types of services range from Individual grief support, grief support groups, educational workshops, and caregiver support. It was said that Stigma Reduction has been added as a standing agenda item. This is a California Mental Health movement. Discussed how to keep the movement going, what everyone can do personally, and what can be shared. Veronica encouraged everyone to visit the websites Each Mind Matters at [www.eachmindmatters.org](http://www.eachmindmatters.org) and Walking In Our Own Shoes at [www.walkinourshoes.org](http://www.walkinourshoes.org).

### **DEPARTMENT REPORT**

Cherie Dockery reported the following:

- Department budget was approved by the Board of Supervisors. The budget includes 20 new staff positions.
- MHSA Plan Update was approved by the Board of Supervisors. Dan Rosas will give a presentation at the next Mental Health Board Meeting in July.
- Department of Health Care Services (DHCS) is requiring documentation of interactions with clients to show evidence of progress in behavior. Documentation of interactions is needed to show there is medical necessity that will support billing for services. Currently, the percentage

of denials is 49% due to lack of documentation. Training on how to document interactions will be offered in August, September and October. Quality Services, Utilization Management, and Contracts will be attending.

- Developed a new contract with Milhous Children's Services for the provision of intensive day treatment services for adolescents with Serious Emotional Disorders. Crisis Stabilization Unit (CSU) will open mid-November. It's for individuals who may benefit from the CSU. Peers will provide support, navigation, and information. The CSU will have 4 recliners.

Legislation:

- Assembly Bill #SB614, Peer Certification, is going to the Assembly for approval.

**ANNOUNCEMENTS**

- A member of the audience commented on the article published in the Modesto Bee in January 2015 in regards to Prop 63 (Mental Health Services Act) outcomes.
- Tim White announced the Out of the Darkness Walk will be held on September 19 at Graceada Park. Teams for the walk are forming. If anyone is interested in joining a team or starting a team, google "Out of the Darkness/Modesto" and click on the link "Join Us September 19<sup>th</sup>" to register, then select "BHRS Bravehearts Team" in Step 1 of the registration process. Tim also announced that he was elected to the Board of the American Foundation Suicide Prevention for the Central Valley. October 15 is International Association of Peer Support Day. At noon on October 15, celebrations across the country will be held for those individuals who work as peer support.

**ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting of the Mental Health Board will be held on Thursday, July 23, at 5:00 p.m., in the Redwood Room, 800 Scenic Drive, Modesto.

Respectfully Submitted,  
Teresa Garibay  
Confidential Assistant III