



**MENTAL HEALTH BOARD**  
**February 25, 2016**

**CALL TO ORDER**

The meeting convened at 5:00 p.m. and was called to order by Chair, Jack Waldorf.

Those in attendance introduced themselves.

Ritta Sudnikoff led the Board and members of the audience in the Pledge of Allegiance.

**MEMBERS PRESENT**

Annie Henrich, Frank Ploof, Elizabeth Ortiz, Jack Waldorf, Jerald Rhine, Jerold Rosenthal, Ritta Sudnikoff, Sheila Kendall, Terry Withrow, Vern Masse, Virginia Solorzano, Yvette McShan

**MEMBERS ABSENT**

Kimberly Kennard, DSW, Tony Flores

**STAFF PRESENT**

Madelyn Schlaepfer Ph.D., Debra Buckles, Veronica Ortiz-Valle, Teresa Garibay

**GUESTS PRESENT**

Jill Neifer, Jerry Galeazzi, John Poor, Lori Carhart, Carmen Maldonado, Linda Mayo, Rhonda Allen, Debra May, John Henrich, Birch Chinta

**PUBLIC COMMENT/ANNOUNCEMENTS**

A member of the audience shared her daughter's story, advocating Laura's Law. A member of the audience acknowledged Annie Henrich and Jack Waldorf for the presentation to the City Council in Ceres. Melissa Ayson, Director of the Volunteer Program, invited the Board to the 2016 Volunteer Celebration on April 26, 11:30-1:30, at the Sutter Health Education and Conference Center.

**CORRESPONDENCE**

Veronica Ortiz-Valle mentioned the Notice of Public Hearing and Notice of Exemption that was sent to the Board via email regarding the General Plan Amendment Application for Housing Element Update. The hearing will be held on Thursday, March 3.

**APPROVAL OF MINUTES**

Action: Jerry Rhine made the motion to approve the Mental Health Board (MHB) minutes of January 28, 2015, Virginia Solorzano seconded the motion.

**CONSUMER REPORTS/COMMENTS** - None

**FAMILY MEMBER REPORTS/COMMENTS**

Jack Waldorf informed the Board that the AB1194 legislative bill was signed into law effective January 1, 2016. The bill clarifies that the consideration of family input on the individual's psychiatric history is allowed when relevant to assessment of risk of harm to determine 5150 level.

**BOARD OF SUPERVISORS REPORT**

Supervisor Terry Withrow reported that an update was presented on February 2, 2016, regarding the Prevention Focus on Homelessness. The next prevention focus will be on Strengthening Families.

**PRESENTATION – MORAL RECONATION THERAPY (MRT)**

Mike Wilson, Program Coordinator, for Integrated Forensics Team, gave an overview of Moral Reconciliation Therapy (MRT). It's a cognitive-behavioral program for offender populations in custody or out of custody, that leads to enhanced moral reasoning, better decision-making, and more appropriate behavior. Reconciliation is a term to describe the point where the body, mind and spirit are aligned in decision making. Reconciliation refers to alter the process of how decisions are made. The program is a 4-day training by referral from the Sheriff and Probation Departments. The focus of the program are confrontation of beliefs, attitudes, and behaviors; assessment of current relationships; reinforcement of positive behavior and habits; position identify formation, enhance of self-concept; decrease in hedonism; development of frustration tolerance, and development of higher stages of moral reasoning. The correctional program goals for MRT are to decrease high program dropout rates; improve program completion rates; improve outcomes with minority populations; provide integration of programming across the continuum of treatment levels; and reduction of criminal recidivism. MRT's next steps are to track progress, gather recidivism data, and compare to other efforts within BHRS, the Sheriff's Office, and the Probation Department. Mike also shared the program's attributes, history, cost, and schedule.

**COMMITTEE REPORTS**

**Executive Committee**

Jack Waldorf informed committee members that a Site Visit Questionnaire template was included in their packet. The purpose is for committees to use this questionnaire when visiting programs. The information gathered on the questionnaire can be summarized for the annual report. Veronica will send an electronic version of the questionnaire to the members and to the committee support person. Jack reported the ad hoc committee developed committee descriptions that will be circulated at a later meeting. Jack informed the Board all committee chairs will begin reporting at the meeting every month. A recommendation was made for Board members to bring their Member Information Packet to the meeting to replace updated information distributed. A flyer was included in the packets regarding the CIBHS statewide training for local Mental Health Board/Commissions held on Saturday, April 2, 2016, in Sacramento. The training is entitled Responsibility and Reality: How Does a Mental Health Board Exercise Its Authority? Travel expenses will be reimbursed for one member. Other members may attend at their own expense. Sheila Kendall, Elizabeth Ortiz, and Vern Masse expressed interest in attending.

### Adult/Older Adult System of Care Committee

Annie Henrich reported the committee met on February 10, 2016. The committee conducted their first site visit. They visited Modesto Recovery Services (MRS) and Telecare. The committee plans to conduct a site visit every other month. The next program they will visit is Turlock Recovery Services.

### Managed Care Committee

Jack Waldorf reported the committee discussed DBHC and PHF denied days. Jack and Ritta Sudnikoff attended the DBHC Advisory Committee to discuss denied days and goals.

### Children System of Care Committee

Ritta Sudnikoff reported the committee visited the School Based Services, a PEI program. The program serves ages 5 to 21 years. Their staff includes a Psychiatrist, Nurse, and a Mental Health Clinician. The program includes activities regarding bullying.

### Administrative and Fiscal Management Committee

No report.

### Impact Committee

Jack Waldorf reported the committee is scheduling more site visits.

### Criminal Justice Oversight/Forensic Committee

Vern Masse reported the committee did not meet. Vern reported 15 veterans were scheduled for Treatment Court on March 7, 2016. A training for mentors will be held tomorrow.

### **MHB/ABSAP LIAISON**

Jill Neifer and Yvette McShan were the liaisons for ABSAP. Yvette reported highlights of the presentation by Debra Buckles on the impacts of Proposition 47 at the local level. Debra explained the results of the impacts at the local level according to the number served in the Drug Court 13-month program, an effective evidenced-based practice program. Since the enactment of AB109 and Prop 47, the data comparison by caseload from fiscal year 2008-2009 was 173, compared to 65 for fiscal year 2015/2016. Jill asked the MHB for their support on the potential merge of the Boards.

### **CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)**

Veronica Ortiz-Valle shared highlights from the meeting held on January 28, 2016, as well as the Cultural Update Newsletter. The newsletter, included in the handout packet, featured an article entitled LGBT Crew Reaching Out. The article is about the new group, Gender Fluidity, at Josie's Place Drop in Center. Veronica shared that the committee continues to review the State Culturally and Linguistically Appropriate Services Standards (CLAS). The committee also continues to review the meaning of the committee's name and how it applies to their program and/or organization. Continuing work on stigma reduction. Next meeting is March 14, 2016.

## **DEPARTMENT REPORT**

Dr. Schlaepfer reported the following:

- The Crisis Stabilization Unit (CSU) opens February 29, 2016. The Community Emergency Response Team (CERT) and the Warmline will be relocating to the same location.
- MHSR Representative Stakeholder Meeting regarding the Annual Update will be held on February 26, 2016. The meeting will consider new ideas and program expansions. The Annual Update will go to the Board of Supervisors for approval in June 2016.
- Continuing to focus on the possible merge of the Boards. Supervisor Withrow supports the idea. Consulting with County Counsel for any legal issues in this process. Christy Almen from CSA will facilitate the discussion at both board meetings in March.

Legislation:

- The Department of Health Care Services (DHCS) is not fully on board with Assembly Bill #SB614, Peer Certification Standards. DHCS is on board with mental health peers but not with substance use peers. Dr. Schaefer will be testifying for this bill.
- Discussed a legislation bill that's considering MHSR funding to create a college mental health service trust.
- Discussed a bill that would prohibit construction of a 5150 facility near a child care facility or a school.

## **ANNOUNCEMENTS**

- A member of the audience gave praise to the Warmline, commenting that people can call just to talk.

## **ADJOURNMENT**

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting will be held on Thursday, March 24, 2016, at 5:00 p.m., at 800 Scenic Drive Redwood Room.

Respectfully Submitted,  
Teresa Garibay  
Confidential Assistant III