



MENTAL HEALTH BOARD
January 22, 2015

CALL TO ORDER

The meeting convened at 5:00 p.m. and was called to order by Co-Chair, Chris Cataline.

Those in attendance introduced themselves.

Chris Cataline led the Board and members of the audience in the Pledge of Allegiance.

MEMBERS PRESENT

Annie Henrich, Charles Grom, Chris Cataline, Frank Ploof, Jack Waldorf, Jerald Rhine, Kimberly Kennard, Ritta Sudnikoff, Sheila Kendall, Vern Masse, Virginia Solórzano, Yvette McShan

MEMBERS ABSENT

Linda Miller, Terry Withrow

STAFF PRESENT

Madelyn Schlaepfer, Veronica Ortiz-Valle, Cherie Dockery, Pam Esparza, Teresa Garibay, Cynthia Bocage

GUESTS PRESENT

Barbara Bracy, Tracy McCracklin, Anthony Burke, Shylo Smith, Lesa Johnson, Laurie Haller, Jerry Galeazzi, LeeAnn Glatt, Virginia Carney, Judy Kropp, Lynn Padlo, Joyce Plis, Duane McShan, Nelly Olvera, Stephanie Pierce, Samuel White

PUBLIC COMMENT/ANNOUNCEMENTS

- Lynn Padlo, on behalf of National Alliance for the Mentally Ill (NAMI) presented an award to Dr. Kimberly Kennard for partnering with California Association of Social Rehabilitation Agencies (CASRA) at Modesto Junior College (MJC). Dr. Kennard was recognized for enabling students to develop their potential to reach their goals.
- Joyce Plis from NAMI thanked Dr. Kennard for assisting in finding the best volunteers they have had and for referring people to NAMI classes. A Peer-to-Peer class will be held February 28 to May 3, 2015. The class will be held on Saturdays, 10:00 a.m. – 12:00 p.m., at 500 North 9th Street, Modesto, Jana Lynn Plaza Community Room.

CORRESPONDENCE - None

APPROVAL OF MINUTES

Action: Chris Cataline made the motion to approve the Mental Health Board (MHB) minutes of October 23, 2014, Yvette McShan seconded the motion. The motion was passed with the suggested addition.

CONSUMER REPORTS/COMMENTS - None

FAMILY MEMBER REPORTS/COMMENTS – None

BOARD OF SUPERVISORS REPORT - None

PRESENTATION – Psychiatry Health Facility (PHF)

A presentation about the Psychiatry Health Facility (PHF) was presented to the Board by Talal Alsaleem, Clinical Director for Telecare Corporation, and Cherie Dockery, Chief of Managed Care, Stanislaus Behavioral Health and Recovery Services. The PHF is a 16 bed locked inpatient facility. The clients are admitted due to one or more of the following: danger to self, danger to others, or gravely disabled.

The PHF has accomplished the following: provided comprehensive inpatient psychiatric care to 821 patients; total patient days provided was 3939 days; average daily census is 12.9; average length of stay is 48 days; voluntary conversion rate is 16.5%; readmission within less than 15 days is 4.3%, readmission within less than 30 days is 2.6%.

Challenges faced and resolved are prescriber shortage; explaining the role the PHF plays in the community; scope of practice; and limitations of the admission and exclusion criteria. The PHF is looking forward to the startup of the new Crisis Stabilization Unit which will fill the gap in the preexisting system of care and partnering with the local universities to start internship programs that would allow securing a local, well-trained workforce.

Committee Goals Development

Jack Waldorf discussed the importance for new Board members to choose and participate on one of the Strategic Priorities committees. Jack is now the lead for the Promote Accountability and Outcomes Committee. The Strategic Priorities handout was included in the packet.

COMMITTEE REPORTS

Executive Committee

- Veronica Ortiz-Valle reported a MHB applicant will be interviewed at the Executive Committee Meeting on February 5. Jack Waldorf stated all Board members are welcomed to attend.
- An action to approve the start time for the MHB Executive Meeting, from 5:00pm to 4:00pm was approved.

Impact Committee

Jack Waldorf reported on two site visits, Nurtured Heart at La Rosa Elementary School in Ceres and the Golden Valley Program in West Turlock. Virginia Solórzano, member of the committee, reported on the Nurtured Heart visit. Virginia shared they had the opportunity to speak with a child and the trainers, and felt the schools are doing great work with the children. The schools' approach is using positive reinforcement with the children and focusing on their greatness. The teachers even practice this approach for themselves, taking a step back to take a breather so they can be more positive with the children. Jack reported he and Vern Masse visited Golden Valley where clients are referred if counseling is needed when receiving medical services. Seventy percent (70%) of the people referred are Hispanic. Half hour sessions are scheduled and referrals are made if more intensive care is needed. They discussed the increase in those being served.

MHB/ABSAP LIAISON

Jerry Rhine attended the ABSAP Meeting on January 15, 2015. Jerry reported a presentation from First Step Perinatal Substance Abuse Program was presented by Nicole Bowen. The highlights of the presentation were the eligibility & priorities; their mission; treat entry necessities; program structure, a week at a glance; and area of focus which is Phase I (sobriety), Phase II (recovery), Phase 3. Additional information was given on parent education, staff, the child development center, and milestones and outcomes.

CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)

Teresa Garibay referred the Board to the Cultural Competency Update Newsletter for the December meeting highlights. Dr. Madelyn Schlaepfer reported the Cultural Competency Champion Awards were presented at January's meeting and for the first time an award was presented to an organization. It was awarded to the Assyrian Americans Civic Club of Turlock. They are heavily invested in reducing stigma and they are very supportive of the Assyrian Wellness Collaborative working with BHRS Prevention Early Intervention to develop resources in the Assyrian community to reduce stigma and discrimination for people who have mental health issues.

DEPARTMENT REPORT

Dr. Madelyn Schlaepfer reported the following:

- The External Quality Review Organization (EQRO) audit began today and will continue through tomorrow. EQRO evaluates the Managed Care plans in each county on quality of services. EQRO reviews quality, access, and timeliness.
- The Mental Health Services Act (MHSA) Stakeholder Meeting will be held on January 30, 12:30 p.m. - 3:30 p.m. at Sutter Gould Education Center located on McHenry Avenue. Dr. Schlaepfer encouraged anyone who is interested to attend.
- Supervisor Withrow is the new Chairman for the Board of Supervisors. Supervisor Withrow will continue to participate in the Mental Health Board Meetings.
- The legislative calendar is currently being reviewed. There is talk that personal income tax is coming in higher than expected which could have an impact on the MHSA funds.
- Senior Leadership is currently recruiting for a new Assistant Director and Associate Director. Dan Wirtz who was the Assistant Director took another position within the county. Linda Downs, who is retired, is covering in the interim until the position is filled. Adrian Carroll, Associate Director, is retiring at the end of March. Senior Leadership is also recruiting for a psychiatrist position; Dr. Dao Tran is also retiring.

ANNOUNCEMENTS

- Lynn Padlo announced the NAMI on Campus Walk "Walking Away the Blues" will be held on May 2 at 9:00 a.m. in Sacramento, William Land Park.
- Teresa Garibay informed the Board their packets included updated information e.g. the 2015 MHB meeting calendar, 2015 committee schedule, roster, and brochure. The calendar and committee schedule will be updated again and distributed at the next meeting due to the new time and location for the Executive Committee Meetings. The brochure will also be updated to include the Veterans Committee.
- Kimberly Kennard announced Tim White will be teaching the Toward Effective Self-Help: A Group Facilitator Training on how to facilitate a community support group offered at MJC National Alliance on Mental Illness (NAMI) Club. A free workshop will be held over three Thursdays - February 12, February 26, and March 12 from 5 p.m. to 7 p.m. in Forum 110 on East Campus, located at 435 College Avenue. The course will be open to students, faculty, and staff.
- A member of the audience made reference to a newspaper article that gave recognition to the Mental Health Board for what they do.
- Madelyn thanked the audience for attending the Mental Health Board Meeting, contributing, and asking good questions.

ADJOURNMENT

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting of the Mental Health Board will be held on Thursday, February 26, 5:00 p.m., Redwood Room, 800 Scenic Drive, Modesto.

Respectfully Submitted,
Teresa Garibay
Confidential Assistant III