



**MENTAL HEALTH BOARD
January 24, 2013**

CALL TO ORDER

The meeting convened at 5:05 p.m. and was called to order by Chair Jack Waldorf.

Those in attendance introduced themselves.

Chip Langman led the Board and members of the audience in the Pledge of Allegiance.

MEMBERS PRESENT

Jack Waldorf, Chris Cataline, Chip Langman, Erin Lesan, Lynn Padlo, Catherine Szakmary, Charles Grom, Jerald Rhine, Vern Masse

MEMBERS ABSENT,

Karl von Spreckelsen, Terry Withrow, Kimberly Kennard, Annie Henrich, Ritta Sudnikoff (LOA)

STAFF PRESENT

Madelyn Schlaepfer, Linda Torres, Adrian Carroll, Paul Gibson, Jeff Sabeau, Kirsten Jasek-Rysdahl, Chong Yang, Elaine Byrom

GUESTS PRESENT

Tony Spears (ABSAP), Noah Lor, Christopher Eason , Jamie Hoover

PUBLIC COMMENT/ANNOUNCEMENTS

- None

CORRESPONDENCE

- Linda Torres reported the recently appointed Board member, Diane Orem, has accepted a position out of state and has thus resigned from the Board.

APPROVAL OF MINUTES

Action: Lynn Padlo made the motion to approve the MHB minutes of October 25, 2012 and November 15, 2012. Jerald Rhine seconded the motion and they were approved unanimously.

Ayes – 11, No's – 0, Abstain - 0

CONSUMER REPORTS/COMMENTS

Lynn Padlo announced a NAMI Stanislaus Peer Class will begin on February 2, 2013 from 10:00 a.m. – 12:30 p.m. for 10 weeks. The class will be held in the Jana Lynn Room at 500 N. 9th Street.

FAMILY MEMBER REPORTS/COMMENTS

Lynn Padlo announced a NAMI Stanislaus Family Class will begin on March 4th, Monday from 6:00 -8:30 p.m. for 12 weeks. The class will be held in the Jana Lynn Room at 500 N. 9th Street..

INTRODUCTIONS

Jack Waldorf, Chair, introduced two new members to the Board; Jerry Rhine and Vern Masse.

Jerry Rhine recommended having a mentor assigned to new Board members. He thanked Lynn Padlo for her support and shared that it has been very beneficial to have someone to ask questions of and guide through the initial process.

BOARD OF SUPERVISOR REPORT/COMMENTS

Supervisor Withrow was unable to attend the meeting due to other commitments.

PRESENTATION – HMONG CULTURE

Jack Waldorf reported that a Board goal this year is to become more culturally aware. Presentations on different cultures will be scheduled every other month.

Jack Waldorf introduced Mr. Noah Lor, a Mental Health Clinician from Merced County, who shared information on Hmong Culture and how Hmong individuals perceive mental health. He shared his story of fleeing Laos during the Vietnam War at age 15 with his family once the communist took over the area. He shared how very important it is for the older generation to hold on to their beliefs and culture and how they pass this down to their children who in turn pass it down to theirs. Even though newer generations become more Americanized, the older generation still instills traditions and beliefs of their culture. He shared that working with the Sharman in the Hmong communities helps in getting people to see counselors. Chong Yang also shared some of the barriers that exist in reducing the stigma associated with Hmong individuals receiving mental health treatment.

COMMITTEE REPORTS

Executive Committee

Jack Waldorf reported the Executive Committee set the agenda for the Mental Health Board Meeting.

Karl van Spreckelsen has agreed to chair the Managed Care Mental Health Board Sub-Committee.

Adult System of Care

No report. The committee did not meet.

Older Adult System of Care

Jack Waldorf reported an intern from the Psychology Department from California State University Stanislaus is working out well.

Managed Care

No report. The committee did not meet.

Children's System of Care

Lynn Padlo reported the schedule for the year was completed.

Administrative and Financial Management Committee

Chip Langman reported:

- The budget sent to the Board of Supervisors was discussed.
- Discussed the opening of the PHF and the hope that it will reduce costs.

Impact Committee

Cathy Szakmary reported the committee visited Parents United. The committee was impressed with the visit.

Criminal Justice Oversight Committee

Charles Grom reported the committee discussed reporting out on the programs and how information is coming out so that it is relevant and how it can be used more effectively.

MHB/ABSAP LIAISON

Lynn Padlo reported the new jail and the distribution of medications to prisoners was discussed. The jail is currently transitioning to the new medical provider.

Linda Torres reported there was a presentation on the “Children are People Program.”

CULTURAL COMPETENCE REPORT

Linda Torres reported that second round of Cultural Competence Champion Award nomination forms are available. Information will be e-mailed to the Board members.

Dr. Madelyn Schlaepfer acknowledged Jack Waldorf as the past Cultural Competence Champion Award winner.

LEGISLATURE

- Dr. Madelyn Schlaepfer reported the Governor has issued the plan for Medicaid Expansion, which means childless adults who are at 138% of the Federal poverty level and are currently not covered under Medi-Cal will be covered under the Affordable Care Act. This could be a state run or county run expansion. Target date for implementation is January 2014.
- AB109 – Corrections partnership funding for those being released from prison and those going to jail will be approximately \$77 million in growth state wide. Central valley counties are advocating for a portion of this growth.
- The new legislative session is beginning with a much brighter picture of the budget. This is due to the increase in personal income tax, increase in taxes beginning January 1, 2013, and a retro tax that is in effect.
- Federal Level – Due to the Newtown massacre there is a spotlight on mental health and the needs of mental health. The President has said there will be money for training for K-12. A special mental health first aid training will be available. SCOE has an interest in sending teachers to this training.

DEPARTMENT REPORT

Administrative Changes -

- Cherie Dockery will oversee CERT/MCERT
- Liz Oakes, Adult System of Care Chief, will be retiring at the end of March
- The new Chief of the Adult System of Care will take on the responsible for Health High Risk and Senior Access Team.
- Glenn Hutsell will take on oversight of IMD's/ State Hospital Utilization as well as Wellness Recovery peer support and the Warm Line.

- Mental Health Services Act Plan Update is going to the Board of Supervisors on Tuesday for approval. The plan will include the addition of a Family Advocate and a discharge team to help reduce psychiatric hospitalizations of uninsured individuals.
- Linda Torres reported that recruitment for Board members will be discussed at the Executive Committee.

ANNOUNCEMENTS

- Lynn Padlo announced NAMI has signed on a Cambodian woman to participate in “ In Our Own Voice. “
- On January 28, 2013 NAMI’s Cultural Meeting will be held from 8- 3:30.
- The new VA clinic will be opening on February 15, 2013 on Oakdale Road.

ADJOURNMENT

There being no further business, the meeting adjourned at 6:40 p.m. The next meeting will be held on Thursday, March 28, 2013 in the Redwood Room, 800 Scenic Drive.

Respectfully Submitted,
Elaine Byrom
Confidential Assistant III