

School Based Services

**Presented by Monica Heather Bahr, LMFT
Clinical Coordinator**

Overview of Clients and Services

- Specialty Mental Health Services to Medi-Cal beneficiaries (inc. Health Net and HPSJ) ages 5-18 with severe emotional disturbance in Stanislaus County.
- Approx. 20 staff regionalized at school sites (incl. Patterson/Newman, Oakdale, Ceres, Hughson/Waterford & Modesto Clinic)
 - Assess and Diagnose, Individual & Family Therapy, Collaborate with School Staff
 - Parent Partner and Case Manager
- Referrals come from schools and directly from consumers.

How has Covid changed our program?

- We continue to accept referrals and provide services.
 - How we do it is slightly different
- We've done a lot of targeted outreach to school sites including presentations to engage the school systems in understanding MH and the resources (collaboration with BHRS and other agencies).

School and Community Outreach



Center for
Human Services
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COUNSELING SERVICES FOR CHILDREN

- For ages 5 - 18
- Recipients of Stanislaus County Medical and no other insurance
- Call (209) 526-1440 ext. 208 or request services through your child's school



Center for
Human Services
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Counseling Services Available



Phone or Video
(209) 526-1476

COUNSELING SERVICES FOR CHILDREN

For ages 5 - 18 who are
experiencing moderate to severe
mental health issues and for
recipients with Stanislaus County
Medical and no other insurance.

Call (209) 526-1440 ext. 208
or request services through
your child's school

How our program has shifted...

- Majority of staff are working remotely/from home.
- More flexible/evening scheduling
- Adopted more phone and telehealth sessions (zoom)
 - Examples of using zoom with children.
- Medication services provided through telehealth



Covid Challenges

- Initial challenges-low referrals and lower client engagement
- Supporting staff with work/life balance
- Currently very busy; challenges around accommodating new referrals (staff retention of the recent)

Demographics

Based on **773 unique clients** in 2019-2020

Race	% of Clients
African American	7.50%
Asian/Pacific	1.68%
Caucasian	25.74%
Hispanic	62.11%
Multiple	0.26%
Other	2.71%

Languages

Spanish	Chinese (Language Line)	ASL	Total
1,751 hrs	0.50 hrs	3.0 hrs	1,754.50 hrs

Equity and Social Justice Challenges

- Data/Reporting based SOGIE
- Employing diversified staff (race, ethnicity, language, gender)
- Providing interpreting outside of our threshold languages (Spanish)
- Access to trainings (we have established an agency “Culture Club” and creating more groups as we speak).



Questions???

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