



# CULTURAL COMPETENCY UPDATE

...a newsletter to address cultural issues that enable us to effectively work in cross cultural situations.

March 2014  
Volume 10, Issue 3

## Garden of Eat'n

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**BHRS Cultural Competence Oversight Committee meets on the 2nd Monday of each month from 9:00 a.m. to 10:30 a.m. in the Redwood Room, 800 Scenic Drive**



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Turning Point Community Programs would like to introduce you to a program that is near and dear to many hearts (and stomachs) that have had the pleasure of crossing paths. The Garden of Eat'n is a program within our Drop in Center (The Empowerment Center) located at 800 Scenic Drive, Building 4 in Modesto. The hours of the "Garden" are Wednesday's lunch hours from 10:30am-1:30pm and the Breakfast hours from 7:30am-10:30am. We also provide catering services during special events such as our Friendship Party to take place on February 20<sup>th</sup>, our Holiday meals and specials that happen periodically during the month, and also focused caterings for our many community members within different trainings, meetings and get-togethers. We are truly fortunate to provide our



"home-cooked" style of cooking to cover the many taste of cuisines covering American, Mexican, and Italian fare. We also are ready to challenge ourselves with unique preferences and requests. Our delectable choices are budget friendly and satisfying to our avid followers!

The truly inspirational piece of history our "Garden" has to offer is about the staff that commits themselves to a higher standard of empathy, support, and quality of life to their fellow peers. Our "Garden" crew is 100% consumer and family member driven and pleased to bring vibrancy with their lived experiences and learned skills. Many of our folk's humble beginnings have started with a choice to want recovery and "pay it forward" through their ability to cook great meals, serve with enthusiasm, and continue their road to recovery in mental health. Our crew inspires others to continue to serve their community and fellow peers while committing to standards and values expected within a professional atmosphere.

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The Garden of Eat'n also provides effective training to folks in our mental health community that are

learning life skills and gaining employable certification through state recognized programs. We have had several graduates that have continued into the community with life skills that inspire them to continue to make good decisions, understand challenges and barriers that life brings, and build healthier relationships in their lives.

Our Garden of Ea'tn atmosphere is much more than a great meal at a good price, but a great opportunity to support each other around a great meal and a job well done!



## Highlights of February Cultural Equity and Social Justice Committee (CESJC) Meeting

- \* Dr. Madelyn Schlaepfer presented certificates to the winner and nominee of the Cultural, Equity and Social Justice Champion Award for 1st Quarter 2014. The winner of the award was Rosemary McFadden and the nominee was Edwin Rivera.
  - > Edwin Rivera was recognized for his outreach work with the Spanish speaking Community.
  - > Rosemary McFadden was recognized for her assistance in the Cultural Competency Training.
- \* Ruben presented a PowerPoint presentation regarding the initial planning process for the updated CLAS Standards Plan. Ruben suggested the CESJC Committee form a work group to develop, process and overall framework the Cultural Competency Plan Development. Ruben informed the committee to contact him if anyone was interested in volunteering.
- \* John Black presented a PowerPoint on the history of the Peer Movement in Stanislaus County from 1990 - 2013.
  - Peer Movement Highlights:
    - > Wellness Recovery Center
    - > Day of Hope
    - > Telecare
    - > Sunshine Place

If you have questions or suggestions regarding Cultural Competency, please forward them by e-mail to:

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