



**STANISLAUS COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES**

# CULTURAL COMPETENCY UPDATE

*...a newsletter to address cultural issues that enable us to effectively work in cross cultural situations.*

**February 2018**  
**Volume 14, Issue 2**



## The Last Resort



*A Place to "get away" for recovery and change!*

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**BHRS Cultural Competence, Equity and Social Justice Committee meets on the 2nd Monday of each month from 9:00 a.m. to 10:30 a.m. in the Martin Conference Room, 830 Scenic Drive**

Adolescent Last Resort is a non-profit organization that treats each young adult with consideration for their individual needs and problems. We develop a treatment plan that is uniquely tailored to each adolescent. While the primary focus will be sobriety, there are other issues we address for the greatest success of our residents and their families. Our program utilizes common 12 step programs. We offer in-patient and out-patient treatment. All of our treatment work and therapy is evidence based and client centered. Our counselors are highly trained and practice continued education in; substance use and abuse, cognitive and behavioral therapy, and nutritional wellness. We work with an array of resources to properly facilitate our young adults in all areas of their life.

Our program utilizes an approach directed toward the attention to the child's emotional growth and development, physical health, psychological health, family relations and social support. Our primary focus is geared toward maintaining sobriety. Other issues such as dual-addictions, self-esteem, anger management, eating disorders and family dysfunction will be assessed on an individual basis. Our in-patient, residential facility, provides services to anyone in California who is between the ages of 13-17, male or female. Our out-patient treatment program facilitates two different age groups. We offer evening classes for teens, between the ages of 13-17. Also, day treatment is offered to young adults between the ages of 18-24. We are honored to serve the youth and strive to provide them with the tools and skills necessary for on-going self-care and recovery, including direct involvement in 12-step community and finding a sponsor.

### Announcement:

#### MHSA Document

The MHSA Housing Application—Supportive Services Plan is available for 30-day public review and comment beginning February 12, 2018. To access the document, go to: [www.stanislausmhsa.com](http://www.stanislausmhsa.com)

For further information please contact our office at the number listed below. We are more than happy to allow tours of our in-patient facility and out-patient office. Thank you for your time.



Sponsored by  
Stanislaus County  
Board of Supervisors

218 E Orangeburg Avenue, Modesto CA. 95350  
3125 McHenry Avenue Suite D, Modesto CA. 95350  
209-523-6910 office 209-523-6912 fax

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## Highlights of January Cultural Competency, Equity and Social Justice Committee (CCESJC) Meeting



### **Reviewed CLAS Standards 9, 10, 11 and 12 with the committee.**

Committee members broke up into groups to discuss each CLAS Standard and provide feedback.

**CLAS Standard 9:** Establish culturally and linguistically appropriate goals policies and management accountability, and infuse them throughout the organization's planning and operations.

Feedback from committee members:

- \*Management process/hiring/new employee orientation
- \*Websites in different languages
- \*Trainings-Culturally competent
- \*How we welcome and receive individuals in a non-judgmental way
- \*Utilizing internal resources to provide best level of services possible

**CLAS Standard 10:** Conduct ongoing assessments of the organization's CLAS-related activities and integrate CLAS-related measures into measurement and continuous quality improvement activities.

Feedback from committee members:

- \*Making sure that the client satisfaction surveys are updated
- \*Client satisfaction surveys are conducted twice a year and data is reviewed to see how services can be improved
- \*CCESJC monthly presentations are resourceful
- \*Information that is presented at this meeting is important to take back to your team
- \*No show reports being reviewed on how to address why individuals not keeping appointments

**CLAS Standard 11:** Collect and maintain accurate and reliable demographic data to monitor and evaluate the impact of CLAS on health equity and outcomes and inform service delivery. Feedback from committee members:

- \*Feedback was discussed in CLAS Standard 10.

**CLAS Standard 12:** Conduct regular assessments of community health assets and needs and use the results to plan and implement services that respond to the cultural and linguistic diversity of populations in the service area. Feedback from committee members:

- \*Data collected – how is it shared with contractors? Information is presented in two ways:  
1) Dashboards and 2) Packets are printed out for each subunit. This is always available to contractors through their contract monitor or Senior Leader that represents that system of care.



**If you have questions or suggestions regarding Cultural Competency, please e-mail:  
Abraham Andres, [aandres@stanbhrs.org](mailto:aandres@stanbhrs.org)  
Jorge Fernandez, [jfernandez@gvhc.org](mailto:jfernandez@gvhc.org)**