



STANISLAUS COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES

CULTURAL COMPETENCY UPDATE

...a newsletter to address cultural issues that enable us to effectively work in cross cultural situations.

Garden of Eat'n

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Consumer Empowerment Center*

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Turning Point Community Programs is honored to provide another article for the Cultural Competency, Equity and Social Justice Committee Newsletter. The focus of the Kitchen is to provide services through meal sales and catering events. Our business hours are: Lunch hours on Wednesday from 10:30 a.m.-1:30 p.m. and Breakfast hours on Fridays from 7:30 a.m.-10:30 a.m. We are truly fortunate to provide our “home-cooked” style of cooking to cover the many tastes that have included American, Mexican, and Italian fare. Each week for our lunch special, we tap into our creativity and offer a series of diverse meals to challenge our routine and enhance the experience of those training at the Garden of Eat'n.

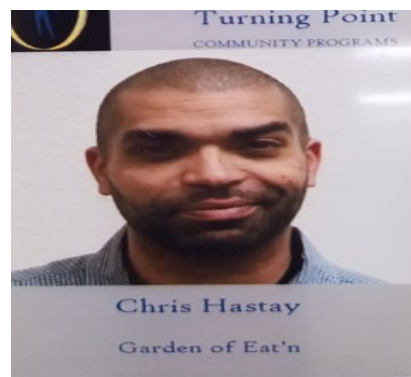


BHRS Cultural Competence, Equity and Social Justice Committee meets on the 2nd Monday of each month from 9:00 a.m. to 10:30 a.m. in the Martin Conference Room, 830 Scenic Drive

The principle foundation of the Garden of Eat'n is to provide a space of learning and growth for our consumers. Many do not realize the transitions that take place in our little kitchen. Folks who have come through may have had the expectation of just obtaining a food handler's card and some up to date food safety experience; however, they learn early on that these skills are just part of what the kitchen has to offer.

We ourselves, as the kitchen, are currently experiencing our own transitions! Our founding cook, Christina Torres, has passed the “silver spoon” after an amazing 9 years with our program. Ms. Torres has shared so much of herself to support others in their learning and has set the path to allow our newest member, Mr. Christopher Hastay, to continue in guiding others looking to strengthen their skills.

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Our program's mission is to offer an opportunity for folks to raise their accountability while continuing to strengthen their confidence and progress in recovery. The Garden of Eat'n opens the door to this practice by accepting referrals from Department of Rehabilitation (DOR) and members of the ECS program (Empowerment Center Supports program). Guidance and training is offered by concentrating on areas of concern and tracking the progress and challenges they may face while sharing appropriate tools for success.



Many of our consumers have used Garden of Eat'n as a stepping stone in their journey of life and have successfully transitioned back into school, jobs with the county and within Turning Point Community Programs and most importantly to becoming more confident in their role in recovery.



**Pictured back row: Jaime, Amanda and Jonathan
Front row: Christina and Kim**

*For more information you can contact The Empowerment Center at:
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Highlights of January Cultural Competency, Equity and Social Justice Committee (CCESJC) Meeting



Community-Hope-Recovery

Community-Hope-Recovery is a component of High Risk Health and Senior Access Team newly developed which provides community service and peer support creating a safe place to meet. Peer groups are open to the public. Open Monday thru Friday 9-3:30. The volunteers who presented shared their story of becoming involved and how welcomed they felt. Recovery Values & Service Guidelines handout was distributed to the committee. Reviewed what High Risk Health and Senior Access Team has to offer for example:

- Senior Access Team has a geriatric specialist doctor
- Senior Log Project-Scams that focus on seniors
- HICAP -Provides free and objective information and counseling about Medicare
- Special Medical Program -Help seniors find a program that can reduce their share of cost
- LGBTQ Senior Group-Meets Mondays at 3pm

Volunteer celebration is held the 2nd Friday of the month at The Alano Club at 1:00 p.m. Transportation is available if needed.

CCESJC Goals and Objectives 2017

CCESJC plays a very intricate role into what's called the Cultural Competency Plan Requirement required by the State. Reviewed the objectives that were developed in 2010 for example:

- Monitor different penetration rates
- Look at anti stigma related activities
- Consumer and family culture
- CSOC-0-18 years of age
- Understanding consumer and family member focus on 18-21 age group -TAYA
- Focus on the Recovery model
- Monitor cultural competency action plans
- Monitor cultural supervision

Ideas for Goals and Objectives for 2017 for example: Develop a team to go out and visit the different teams to observe the welcoming environment and provide feedback to this committee.

**If you have questions or suggestions regarding Cultural Competency, please e-mail:
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