




SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<h1>December 2018</h1>		 <p>STANISLAUS COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES' CULTURAL COMPETENCE, EQUITY, AND SOCIAL JUSTICE COMMITTEE INVITES YOU TO</p> <p>CELEBRATE, HONOR AND OBSERVE</p> <p>A DIVERSE DECEMBER</p>	<p>The Holiday Season can be a joyous and challenging time. Please seek any needed support and care.</p> <p style="text-align: center;">* * *</p> <p>24- Hour Mental Health Crisis and Access Line 209.558.4600 Suicide Prevention 1.888.506.5991 Emergency Assistance – Dial 9-1-1</p>		<p>1</p> <p><i>ROSA PARKS DAY</i></p>  <p>1913 - 2005 WORLD AIDS DAY</p>	
<p>2</p> <p>INTERNATIONAL DAY FOR ABOLITION OF SLAVERY <u>BEGINS AT SUNDOWN</u> CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS ADVENT BEGINS</p>	<p>3</p> <p>INTERNATIONAL DAY OF DISABLED PERSONS</p> <p>CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>	<p>4</p> <p>FELICES FIESTAS!</p> <p>CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>	<p>5</p> <p>INTERNATIONAL VOLUNTEER DAY</p> <p>CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>	<p>6</p> <p>ST. NICHOLAS DAY</p> <p>CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>	<p>7</p> <p>PEARL HARBOR REMEMBRANCE DAY</p> <p>CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>	<p>8</p> <p>BODHI DAY FEAST OF THE IMMACULATE CONCEPTION CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>
<p>9</p> <p>CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>	<p>10</p> <p>HUMAN RIGHTS DAY</p> <p><u>ENDS AT SUNDOWN</u> CHANUKAH/HANUKKAH FEAST OF DEDICATION FESTIVAL OF LIGHTS</p>	<p>11</p> 	<p>12</p> <p>FEAST OF OUR LADY OF GUADALUPE DAY</p> 	<p>13</p> <p>즐거운 휴일 보내세요</p>	<p>14</p> <p>Nghỉ Lễ Vui Vẻ</p>	<p>15</p> <p>BILL OF RIGHTS DAY</p> 
<p>16</p> <p>Las Posadas</p> 	<p>17</p> <p>Las Posadas</p>	<p>18</p> <p>Las Posadas</p>	<p>19</p> <p>Las Posadas</p>	<p>20</p> <p>Las Posadas</p>	<p>21</p> <p>Las Posadas</p> <p>WINTER SOLSTICE</p>	<p>22</p> <p>Las Posadas</p>
<p>23</p> <p>Las Posadas</p>	<p>24</p> <p>Las Posadas</p> <p>NOCHE BUENA</p> <p>ADVENT ENDS</p>	<p>25</p> <p>CHRISTMAS DAY</p> 	<p>26</p> <p>KWANZAA UMOJA UNITY</p>	<p>27</p> <p>KWANZAA KUJICHAGULIA SELF-DETERMINATION</p>	<p>28</p> <p>KWANZAA - UJIMA COLLECTIVE WORK AND RESPONSIBILITY</p>	<p>29</p> <p>KWANZAA UJAMAA - COOPERATIVE ECONOMICS</p>
<p>30</p> <p>RIZAL DAY</p> <p>KWANZAA NIA PURPOSE</p>	<p>31</p> <p>KWANZAA KUUMBA CREATIVITY</p>	<p>January 1, 2019</p> <p>KWANZAA IMANI FAITH</p>				

DECEMBER

The Empowerment Center
1001 Needham Street, Modesto, CA 95354

Open Monday-Friday 7:30am-3:00pm
Call us at 209-544-1913

MON	TUE	WED	THU	FRI
3 Goal Setting/Check In 9:00-10:00 Conflict Resolution 10:30-11:30 Men's Group 12:00-1:00 PTSD/Loss Support 1:00-2:00	4 Women's Addiction 9:00-10:00 Wellness Group 10:30-11:30 Game Day! 11:00-12:00 Meditation & Journaling 1:00-2:00	5 Self Esteem 9:00-10:00 Arts & Crafts 11:00-12:00 Coping Skills –ISA 1:30-3:00	6 Seasonal Support 9:00-10:00 Dual Recovery 10:00-11:00 Addiction Support 2:00-3:00	7 Anti-Stigma 9:00-10:00 Movies 10:00- E.C.S Meeting 11:30-1:00 Housing Meeting 1:30-2:30
10 Goal Setting/Check In 9:00-10:00 Conflict Resolution 10:30-11:30 PTSD/Loss Support 1:00-2:00	11 Women's Addiction 9:00-10:00 Wellness Group 10:30-11:30 Game Day! 11:00-12:00 Meditation & Journaling 1:00-2:00	12 Self Esteem 9:00-10:00 Arts & Crafts 11:00-12:00 Coping Skills –ISA 1:30-3:00	13 Seasonal Support 9:00-10:00 Dual Recovery 10:00-11:00 Addiction Support 2:00-3:00	14 NAMI Presentation 9:00-9:30 Movies 10:00- E.C.S Meeting 11:30-1:00 Housing Meeting 1:30-2:30
17 Goal Setting/Check In 9:00-10:00 Conflict Resolution 10:30-11:30 Men's Group 12:00-1:00 PTSD/Loss Support 1:00-2:00	18 Women's Addiction 9:00-10:00 Wellness Group 10:30-11:30 Game Day! 11:00-12:00 Meditation & Journaling 1:00-2:00	19 <p style="text-align: center;">Christmas</p> <p style="text-align: center;">Party</p> <p style="text-align: center;">10:00-2:00</p>	20 Seasonal Support 9:00-10:00 Dual Recovery 10:00-11:00 Addiction Support 2:00-3:00	21 Anti-Stigma 9:00-10:00 Movies 10:00- E.C.S Meeting 11:30-1:00 Housing Meeting 1:30-2:30
24 <p style="text-align: center;"><u>CLOSED FOR</u></p> <p style="text-align: center;"><u>CHRISTMAS</u></p> <p style="text-align: center;"><u>HOLIDAY</u> </p>	25 <p style="text-align: center;"><u>CLOSED FOR</u></p> <p style="text-align: center;"><u>CHRISTMAS</u></p> <p style="text-align: center;"><u>HOLIDAY</u></p>	26 Self Esteem 9:00-10:00 Arts & Crafts 11:00-12:00 Coping Skills –ISA 1:30-3:00	27 Advisory Council 9:00-10:00 Dual Recovery 10:00-11:00 Behaviors Group 12:00-1:30 Addiction Support 2:00-3:00	28 Anti-Stigma 9:00-10:00 Movies 10:00- E.C.S Meeting 11:30-1:00 Housing Meeting 1:30-2:30
31 Goal Setting/Check In 9:00-10:00 Conflict Resolution 10:30-11:30 Men's Group 12:00-1:00 PTSD/Loss Support 1:00-2:00	<p><u>Meetings/Celebrations/Closures</u></p> <p>12/14 NAMI Presentation</p> <p>12/19 Christmas Party</p> <p>12/24 CLOSED FOR HOLIDAY</p> <p>12/25 CLOSED FOR HOLIDAY</p> <p>12/27 Advisory Council</p>		 <p><u>Graciously Accepting Donations</u></p> <p>Jackets Blankets</p> <p>Shoes Socks</p> <p>Gloves Winter Items</p> 	

Josie's Place Drop-in Center



December



Field trip sign-ups start the last week of each month. Field trip sign-ups are for the following month's field trip. If you haven't gone on the previous trip, then you're able to sign up the first week. However, if you've gone on the previous trip, then you can't sign up until the second week.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Open 10am-2pm
Spoken Word 10-11am DRUG Talks 11-12pm LGBTQ 1-2:30pm Life Skills 3-4pm	Art Time 11-12pm A.R.T. Group 2-3:30pm Women's Empowerment 3:30-4:30pm	Gamer's Society 10-11am Anime Group 11-12pm COMIC BOOK 1-2pm A.R.T. Group 2-3:30pm *Life Skills 3-4:30pm (Oakdale) Youth In Mind 3-5pm	Disk Golf 10-12 Men's Group 11-12am Gender Fluidity 1-2pm YAAC 2-3pm Music for the Soul 3-4pm (Session 1) 4-5pm (Session 2)	Parenting Support 11-12pm (No Children) Addiction Support Group 2-3pm Cinema Time POPcorn 3-5pm	Open 10am-2pm
Spoken Word 10-11am DRUG Talks 11-12pm Open Activity 3-4:30pm (Oakdale Library) LGBTQ 1-2:30pm Life Skills 3-4pm	Art Time 11-12pm A.R.T. Group 2-3:30pm Women's Empowerment 3:30-4:30pm	Gamer's Society 10-11am Anime Group 11-12pm COMIC BOOK 1-2pm A.R.T. Group 2-3:30pm *Open Activity 3-4:30pm (Oakdale) Youth In Mind 3-5pm	Biking 10-12 Men's Group 11-12am Gender Fluidity 1-2pm YAAC 2-3pm Music for the Soul 3-4pm (Session 1) 4-5pm (Session 2)	Parenting Support 11-12pm (No Children) Addiction Support Group 2-3pm Cinema Time POPcorn 3-5pm	Open 10am-2pm
Spoken Word 10-11am DRUG Talks 11-12pm LGBTQ 1-2:30pm Life Skills 3-4pm	Art Time 11-12pm A.R.T. Group 2-3:30pm Women's Empowerment 3:30-4:30pm	Winter Bash 10am - 4pm Come Join us as we spread some holiday cheer and bring joy into the New Year	Disk Golf 10-12 Men's Group 11-12am Gender Fluidity 1-2pm YAAC 2-3pm Music for the Soul 3-4pm (Session 1) 4-5pm (Session 2)	Parenting Support 11-12pm (No Children) Addiction Support Group 2-3pm Cinema Time POPcorn 3-5pm	Open 10am-2pm
Closed in Observance of Christmas	Closed in Observance of the Holidays	Gamer's Society 10-11am Anime Group 11-12pm COMIC BOOK 1-2pm A.R.T. Group 2-3:30pm *A.R.T. 101 3-4:30pm (Oakdale) Youth In Mind 3-5pm	Biking 10-12 Men's Group 11-12am Gender Fluidity 1-2pm YAAC 2-3pm Music for the Soul 3-4pm (Session 1) 4-5pm (Session 2)	Parenting Support 11-12pm (Children Welcome) Addiction Support Group 2-3pm Cinema Time POPcorn 3-5pm	Open 10am-2pm
Spoken Word 10-11am DRUG Talks 11-12pm LGBTQ 1-2:30pm Life Skills 3-4pm		*Coffee Available Daily 	*CLOTHES CLOSET HOURS MONDAY 9-1 WEDNESDAY & FRIDAY 1-5 *ACCEPTING DONATIONS	OAKDALE SITE WEDNESDAYS CENTER FOR HUMAN SERVICES 631 WEST F ST. OAKDALE, CA 95361 (209) 847-0420	* We leave Josie's @ 2:30 and arrive back at the center @ 5pm



Wellness Recovery Center

DECEMBER 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Movie Group 10am-12pm Living Sober AA 11:45am-1:30pm <i>Women's Group</i> 1pm-2:30pm LGBTQ GROUP 3pm-4pm</p>	<p>4</p> <p>Spanish Peer Support 11am-12pm MEDITATION 11am-12pm Peer Support 1pm-2pm</p>	<p>5</p> <p>ART GROUP 10am-12pm Narcotics Anonymous 11:30am-1:30pm MUSIC GROUP 1pm-2pm CO-OCCURRING 2pm-3pm</p>	<p>6</p> <p>Peer Committee 12pm-1pm LIFE SKILLS 10am-11am <i>Self-Esteem Group</i> 11am-12pm Men's Group 1pm-2pm</p>	<p>7</p> <p>Bingo 10am-11am Game On 1pm-2pm</p>
<p>10</p> <p>Movie Group 10am-12pm Living Sober AA 11:45am-1:30pm <i>Women's Group</i> 1pm-2:30pm LGBTQ GROUP 3pm-4pm</p>	<p>11</p> <p>Spanish Peer Support 11am-12pm MEDITATION 11am-12pm Peer Support 1pm-2pm</p>	<p>12</p> <p>ART GROUP 10am-12pm Narcotics Anonymous 11:30am-1:30pm MUSIC GROUP 1pm-2pm CO-OCCURRING 2pm-3pm</p>	<p>13</p> <p>LIFE SKILLS 10am-11am <i>Self-Esteem Group</i> 11am-12pm Men's Group 1pm-2pm</p>	<p>14</p> <p>Bingo 10am-11am Alano Club 11:45am-3pm Game On 1pm-2pm</p>
<p>17</p> <p>Movie Group 10am-12pm Living Sober AA 11:45am-1:30pm <i>Women's Group</i> 1pm-2:30pm LGBTQ GROUP 3pm-4pm</p>	<p>18</p> <p>Spanish Peer Support 11am-12pm MEDITATION 11am-12pm Peer Support 1pm-2pm</p>	<p>19</p> <p>ART GROUP 10am-12pm Narcotics Anonymous 11:30am-1:30pm MUSIC GROUP 1pm-2pm CO-OCCURRING 2pm-3pm</p>	<p>20</p> <p>HOLIDAY CELEBRATION 11AM-3PM ONE ON ONE PEER SUPPORT AVAILABLE</p>	<p>21</p> <p>Bingo 10am-11am Game On 1pm-2pm</p>
<p>24</p> <p>CLOSED FOR THE Holidays</p>		<p>25</p> <p>ART GROUP 10am-12pm Narcotics Anonymous 11:30am-1:30pm MUSIC GROUP 1pm-2pm CO-OCCURRING 2pm-3pm</p>	<p>26</p> <p>LIFE SKILLS 10am-11am <i>Self-Esteem Group</i> 11am-12pm Men's Group 1pm-2pm</p>	<p>27</p> <p>Bingo 10am-11am Game On 1pm-2pm</p>
<p>31</p> <p>Movie Group 10am-12pm Living Sober AA 11:45am-1:30pm <i>Women's Group</i> 1pm-2:30pm LGBTQ GROUP 3pm-4pm</p>	<p>Café and Computer Lab Hours: Mon-Fri: 8:00am-4:30pm Computer tutor available: Monday: 10am-4pm Thursday: 8:30am-4pm</p>			<p>31</p> <p>Movie Group 10am-12pm Living Sober AA 11:45am-1:30pm <i>Women's Group</i> 1pm-2:30pm LGBTQ GROUP 3pm-4pm</p>

