



August



Mon	Tue	Wed	Thu	Fri
		1 Self Esteem 9:00-10:00 <i>Peer Support 10:30-11:30</i> -Arts & Crafts- Mask Work Shop w/ Tania & Veda -1:00-2:00- Coping Skills-ISA- Canceled	2 <i>Employment Group</i> 9:00-10:00 Dual Recovery 10:00-11:00 CENTER CLOSED AT 2:00PM Peer Committee RECAP 2:30pm-3:30pm	3  Summer Fest 10:00am-2:00pm
6 Goal Setting/Check In Group 9:00-10:00 Conflict Resolution 11:00-12:00 PTSD/Loss Support 1:00-2:00	7 Women's Addiction 9:00-10:00 Wellness Group 10:30-11:30 Meditation & Journaling Group 1:00-2:00	8 Cinema Support 9:00-11:00 <i>Peer Support 10:30-11:30</i> Arts & Crafts 1:00-2:00 Men's Group 2:00-3:00 Coping Skills- ISA 1:30-3:00	9 <i>Housing Meeting</i> 9:00-10:00 Dual Recovery 10:00-11:00 Addiction Support 2:00-3:00 MODESTO NUTS GAME 7:05PM	10 NAMI 100V Presentation 9:00-10:00 (ECS attendance) Movies, 10:00- E.C.S. Meeting 11:30-1:00 Karaoke 12:00-2:00
13 Goal Setting/Check In Group 9:00-10:00 Conflict Resolution 11:00-12:00 Men's Group 12:00-1:00 PTSD/Loss Support 1:00-2:00	14 Women's Addiction 9:00-10:00 Wellness Group 10:30-11:30 Meditation & Journaling Group 1:00-2:00	15 Self Esteem 9:00-10:00 <i>Peer Support 10:30-11:30</i> Arts & Crafts 1:00-2:00 Coping Skills- ISA 1:30-3:00	16 CENTER CLOSED FOR STAFF TRAINING	17 <i>Anti Stigma Group</i> 8:00-9:00 Movies, 10:00- E.C.S. Meeting 11:30-1:00 Karaoke 12:00 - 2:00
20 Goal Setting/Check In Group 9:00-10:00 Conflict Resolution 11:00-12:00 PTSD/Loss Support 1:00-2:00	21 Women's Addiction 9:00-10:00 Wellness Group 10:30-11:30 Meditation & Journaling Group 1:00-2:00	22 Cinema Support 9:00-11:00 <i>Peer Support 10:30-11:30</i> Arts & Crafts 1:00-2:00 Men's Group 2:00-3:00 Coping Skills- ISA 1:30-3:00	23 Dual Recovery 10:00-11:00 Open House 12:00-2:00	24 Anti Stigma Group 8:00-9:00 Movies, 10:00- Karaoke 12:00-2:00
27 Goal Setting/Check In Group 9:00-10:00 Conflict Resolution 11:00-12:00 Men's Group 12:00-1:00 PTSD/Loss Support	28 Women's Addiction 9:00-10:00 Wellness Group 10:30-11:30 Meditation & Journaling	29 Self Esteem 9:00-11:00 <i>Peer Support 10:30-11:30</i> Arts & Crafts 1:00-2:00	30 <i>Advisory Committee</i> 9:30-11:00 OPEN In-Service Behaviors 11:00-12:30 Addiction Support	Social Hour 11-12 Monday- Thursday! Join us for activities!!



The Empowerment Center
 1001 Needham St, Modesto, CA
 209-544-1913



Behavioral Health and
 Recovery Services

Josie's Place Drop-in Center



August



Field trip sign-ups start the last week of each month. Field trip sign-ups are for the following month's field trip. If you haven't gone on the previous trip, then you're able to sign up the first week. However, if you've gone on the previous trip, then you can't sign up until the second week.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Oakdale Site Mon. and Wed. Center for Human Services 631 West F St. Oakdale, CA 95361 (209) 847-0420 <u>* We leave Josie's @ 2:30 and arrive back at the center @ 5pm</u></p>	<p>FREE FOOD ON THURSDAYS 1pm *Clothes Closet Hours Monday 9- 1 Wednesday & Friday 1- 5 *Accepting Donations</p>	<p>Gamer's Society 10-11am YAAC 11-12 COMIC BOOK 1-2pm A.R.T Group 2-3:30 *Creative Writing 3-4:30pm (Oakdale) Youth In Mind 3-5pm</p>	<p>Disk Golf 10-12 Men's Group 11-12am Gender Fluidity 1-2pm Anime Group 2-3pm Music for the soul 3-4pm (Session 1) 4-5pm (Session 2)</p>	<p>Parenting Support Group 11-12pm (No Children) Addiction Support Group 2-3pm Cinema Time 3-5pm</p>	<p>Open 10am-2pm</p>
<p>Spoken Word 10-11am DRUG Talks 11-12pm LGBTQ 1-2:30pm Life Skills 3-4pm *Men's Group 3-4:30pm(Oakdale)</p>	<p>Art Time 11-12pm Free Activity 2-3:30 A.R.T Group 2-3:30 Women's Group 3:30-4:30pm</p>	<p>Gamer's Society 10-11am COMIC BOOK 1-2pm A.R.T Group 2-3:30 *Music for the Soul 3-4:30pm (Oakdale) Youth In Mind 3-5pm</p>	<p>Biking 10-12 Men's Group 11-12am Gender Fluidity 1-2pm Anime Group 2-3pm Music for the soul 3-4pm (Session 1) 4-5pm (Session 2)</p>	<p>Parenting Support 11-12pm (No Children) Addiction Support Group 2-3pm Cinema Time 3-5pm</p>	<p>Open 10am-2pm</p>
<p>Spoken Word 10-11am DRUG Talks 11-12pm LGBTQ 1-2:30pm Life Skills 3-4pm *Poetry Group 3-4:30pm(Oakdale Library)</p>	<p>Art Time 11-12pm Free Activity 2-3:30pm A.R.T Group 2-3:30pm Women's Group 3:30-4:30pm</p>	<p>Gamer's Society 10-11am YAAC 11-12 COMIC BOOK 1-2pm A.R.T Group 2-3:30 *Women's Group 3-4:30pm (Oakdale) Youth In Mind 3-5pm</p>	<p>Disk Golf 10-12 Men's Group 11-12am Gender Fluidity 1-2pm Anime Group 2-3pm Music for the soul 3-4pm (Session 1) 4-5pm (Session 2)</p>	<p>Parenting Support 11-12pm (No Children) Addiction Support Group 2-3pm Cinema Time 3-5pm</p>	<p>Open 10am-2pm</p>
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