



BEHAVIORAL HEALTH BOARD

800 Scenic Drive, Modesto, CA 95350
Phone: 209.525-6225 Fax: 209.558-4326

**BEHAVIORAL HEALTH BOARD
June 27, 2019**

CALL TO ORDER

The meeting convened at 5:02 p.m. and called to order by Chair, Carlos Hernandez.

Those in attendance introduced themselves.

Carlos Hernandez led the board members and the audience in the pledge of allegiance.

MEMBERS PRESENT

Rebecca Clover, Carlos Hernandez, Carmen Maldonado, Jill Neifer, Kathy Rupe, Mike Shinkel, Virginia Solorzano, Amy Thomas, Jerrold Rosenthal, Annie Henrich, Peter Dean, Jack Waldorf, Frank Ploof, Supervisor Terry Withrow

MEMBERS ABSENT

Thomas Olsen, Gregg Clifton, Charmaine Monte

STAFF PRESENT

Rick DeGette, Veronica Ortiz-Valle, Pam Esparza, Cynthia Bocage

GUESTS PRESENT

John Black, John Aguirre, Bill Floyd, Billie Jo Climer, Yvonne Berenger, Marney Henry, Anita Say, Karen Snyder, David Norton, Brian Medearos, Jamie Hoover, Ruben Imperial, Patricia Hill Thomas, Leng Power, Analisa Zamora, Jody Hayes

PUBLIC COMMENTS/ANNOUNCEMENTS

Karyn Snyder announced the opening of a new peer run program in the community. Currently working to secure space at the Granger Project community center.

John Black announced Peer Recovery Project will be hosting an Each Mind Matters event on July 13th from 6:00 – 9:00 p.m. at the 10th Street plaza in Modesto. Those interested in holding a booth at this event are welcome at no cost.

CORRESPONDENCE

Veronica Ortiz-Valle received correspondence from the Clerk of the Board of Supervisors regarding the vacancy in District 2 vacated by Amy Thomas. Veronica acknowledged Amy for her contributions and dedication to the Behavioral Health Board.

APPROVAL OF MINUTES

Action: Virginia Solorzano made a motion to approve the Behavioral Health Board minutes of May 23, 2019, Jerrold Rosenthal seconded the motion.

CONSUMER REPORTS/COMMENTS

John Black reported the Peer Recovery Art Project has completed their contracts successfully with NorCal MHSA. The Workforce Integration Support, and Education (WISE) Conference will take place on July 2, 2019 in Los Angeles. Plans to identify a location for Peer Recovery Art Project art, music shows are in the works.

Pam Esparza commented that plans to discuss community space at the Granger Project will be held soon. Also shared that the application for the No Place Like Home grant was recently approved.

FAMILY MEMBER REPORTS/COMMENTS

No Report.

BOARD OF SUPERVISORS REPORT

Supervisor Withrow reported the following:

- Stanislaus Homeless Alliance comprised of elected officials from outlining cities and the Board of Supervisors met for the second time. City officials working to identify efforts to combat homelessness in their areas.
- Continue to make great progress at the Modesto Outdoor Emergency Shelter (MOES).
- Salvation Army 180-bed facility is still in progress.
- A pilot program to address the issue on hemp is currently underway.
- EMS contract was awarded to America Medical Response, Inc.
- Stanislaus County Health Services clinics in Turlock, Ceres, and Hughson will be taken over by Golden Valley, and Livingston health organizations. A public hearing regarding the reduction or elimination of these clinics will be held on July 16, 2019 at 6:30 p.m., Board Chambers, 1010 10 Street, Modesto.

PRESENTATION – Tools for Wellbeing

Yvonne Berenguer, MSW with the California State University Stanislaus Social Work Department presented a PowerPoint presentation on Tools for Well-Being: A Mindfulness-based Intervention. A mindfulness-based stress reduction curriculum with a goal to promote and support an organizational culture of well-being and resilience. Yvonne provided an overview of the Tools for Wellbeing pilot-study results involving Merced County programs, implications and limitations. The curriculum consists of three workshops of 5 – 8 weeks of training. Workshop One: Introduces mindfulness, compassion, gratitude, recovery art and positive psychology; Workshop Two: Community Capacity, motivation, looking at the components that shift cultures and how to develop culture awareness; Workshop Three: Building more depth around mindfulness practice.

Jody Hayes, Chief Executive Officer shared that Stanislaus County recently conducted two learning sessions on Leading with Emotional Intelligence for Department Heads and Senior Leaders. Stanislaus County is in the beginning stages of its journey to organizational well-being and is very interested to being committed into this arena.

COMMITTEE REPORTS

Executive Committee

Carlos Hernandez reported the committee set the agenda for June.

Administrative, Fiscal Management Committee

No report.

Managed Care Committee

No report.

Prevention and Community Education/Outreach Committee

No report.

Impact - Department Run Services Committee

Peter Dean reported the committee conducted two site visits in June which included the Care Coordination Team (CCT) and the Family Advocacy Program. Peter mentioned the committee discussed areas of improvement within the Family Advocacy Program around promotional opportunities, enforcing family rights.

Impact – Contract Run Services Committee

Amy Thomas reported the committee met in June with a focus on planning future program site visits, which include contractor agencies. Amy suggested on the possibility of combining the Contract and Department run committees to consolidate more members.

CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)

Carmen Maldonado shared the following highlights from the June meeting that included the featured article on the newsletter entitled BHRS Detention Services by Karl Meabrod, Behavioral Health Specialist. John Aguirre announced June as LGBTQ Awareness month. David Norton extended an invitation to attend the Stanislaus Peer Advocacy Network (SPAN) held every Wednesday at 2:00 p.m., 500 N. 9th Street., Modesto.

DEPARTMENT REPORT

Rick DeGette reported the following:

- Rick announced his departure from BHRS and thanked the Behavioral Health Board for the opportunity to serve.
- Announced Keri Magee, LCSW as the new Chief of Children's System of Care.
- The Department continues to engage with County officials in efforts to alleviate and prevent 5150 hospitalizations.

ANNOUNCEMENTS

None reported.

ADJOURNMENT

There being no further business, the meeting adjourned at 6:10 p.m. The next meeting will be on July 25, 2019, 5:00 p.m. – 6:30 p.m., in the Redwood Room, 800 Scenic Drive, Modesto.

Respectfully Submitted by Cynthia Bocage, Confidential Assistant IV