



**BEHAVIORAL HEALTH BOARD
February 23, 2017**

CALL TO ORDER

The meeting convened at 5:00 p.m. and was called to order by Chair, Jack Waldorf.

Jack welcomed everyone to the first Behavioral Health Board Meeting. A cake in honor of the new Board was presented. Those in attendance introduced themselves.

Vern Masse led the Board and members of the audience in the Pledge of Allegiance.

MEMBERS PRESENT

Gregg Clifton, Tony Flores, Annie Henrich, Carmen Maldonado, Vern Masse, Yvette McShan, Charmaine Monte, Jill Neifer, Frank Ploof, Jerold Rosenthal, Kathy Rupe, Mike Shinkel, Virginia Solorzano, Jack Waldorf, Terry Withrow

MEMBERS ABSENT

Jeff Gullo, Susan Kirk, Thomas Olsen

STAFF PRESENT

Rick DeGette, Veronica Ortiz-Valle, Cherie Dockery, Debra Buckles, Dawn Vercelli, Teresa Garibay, Cynthia Bocage, Charles Yarnell, Tiffany Gordon, Elaine Byrom

GUESTS PRESENT

Loretta Carhart, Eva-Mari Thomas, Susan K. Jones, Lynn Padlo, Chris Cataline, Christina Kenney, Jordan Jordan, Eric Jackson, Cheryl Williams-Jackson

PUBLIC COMMENTS/ANNOUNCEMENTS

Lynn Padlo, NAMI Executive Director, announced that a strategy meeting on Laura's Law will be held on Monday, February 27, 2017, at 6:30 p.m. in the Jana Lynn Room at 500 N 9th Street. Lynn distributed a flyer with information on NAMI Family Support Groups and the Connection Support Groups. The NAMI Speaker Fundraiser will be held on Saturday, March 18, 2017, 5:30-7:30 pm, at the Congregational Church, 1341 College Avenue, Modesto. Featured speaker, Leeann Jefferies, author of the book "The Bipolar Experience".

CORRESPONDENCE

Veronica Ortiz-Valle reported that the Behavioral Health Board By-Laws were approved by the Board of Supervisors on February 14, 2017. The By-Laws were included in the members packet. A letter from the Clerk of the Board was sent to former MHB and ABSAP members thanking them for serving on their respective Boards. In addition, the Clerk of the Board sent a letter to the

members of the new Behavioral Health Board congratulating them on their appointment to the Board. Veronica announced that Officer Thomas H. Olsen has replaced Officer Eric Parsons. Board members were sent an e-mail informing them of the mandatory Ethics AB-1234 Training that will be held on Wednesday March 1, 2017, from 6:30-8:30 p.m. at 1010 10th Street. Names of board members who were interested in attending on March 1, 2017, were submitted. The training is also available online. The link to the online training will be sent via e-mail to board members. This training is mandatory every two years. Members were informed that they are responsible in staying current and sending a copy of their certification of completion to BHRS Administration.

APPROVAL OF MINUTES

Action: Virginia Solorzano made the motion to approve the Mental Health Board (MHB) minutes of January 26, 2017. Mike Schinkel made motion to approved the Advisory Board on Substance Abuse Programs minutes of January 19, 2017.

CONSUMER REPORTS/COMMENTS - None

FAMILY MEMBER REPORTS/COMMENTS - None

BOARD OF SUPERVISORS REPORT

Supervisor Withrow reported that the Board of Supervisors approved the new Stanislaus County Behavioral Health Board on February 14, 2017. Supervisor Withrow congratulated board members on the new board.

PRESENTATION – Mental Heath Programs in Sweden

Eva-Mari Thomas from Stockholm, Sweden, gave a presentation on mental health programs in Sweden. It's based on the Disa-method (Depression in Swedish Adolescents), a school-based approach rooted in Cognitive Behavioral Therapy to prevent stress and depression among secondary school students. The method is prevention and promotion, it is not used for treatment purposes. Participating in Disa instruction helps students become more aware of how thoughts and behaviors affect how they feel, exploring both how happy thoughts and activities can lift their mood, and how negative thoughts and activities can lower their mood.

COMMITTEE REPORTS

Executive Committee

Jack Waldorf discussed the form to select their choice to participate on a BHB committee. Jack asked members that have not submitted their selection to do so by the end of the meeting. Jack informed the board that the next steps will be to review the forms, determine committee participation, and inform members which committee(s) board members will be assigned to. Jack informed members that one of the responsibilities of a committee chair, for those who are interested in chairing, is to write a committee report as part of annual report that is presented to the Board of Supervisors.

Administrative, Fiscal Management Committee

No report.

Managed Care Committee

No report.

Prevention and Community Education/Outreach Committee

No report.

Impact – Department Run Services Committee

No report.

Impact – Contract Run Services Committee

No report.

CULTURAL COMPETENCY, EQUITY AND SOCIAL JUSTICE COMMITTEE (CCESJC)

Carmen Maldonado gave highlights from the February meeting that included the featured article on the newsletter entitled Father Involvement, a learning initiative at Center for Human Services presented by Sergio Lara. The committee discussed goals and objectives; stigma reduction/welcoming environment; and upcoming Champion Awards.

It was agreed that Carmen Maldonado will continue to be the main representative for CCESJC meetings and Officer Gregg Clifton will serve as alternate.

DEPARTMENT REPORT

Rick DeGette reported on the following:

- Welcomed everyone to the first Behavioral Health Board Meeting. Rick acknowledged all those that participated in this effort.
- SUD Waiver 1115 update
- Community meetings on Laura's Law
- CARF certification for three years
- Central Valley Suicide Prevention update
- Upcoming Senior Leadership Retreat
- Cherie Dockery provided a report summary on the EQRO Audit and Triennial Review

ANNOUNCEMENTS

None.

ADJOURNMENT

There being no further business, the meeting was adjourned at 6:30 p.m. The next meeting will be on March 23, 2017, 5:00 p.m., at 800 Scenic Drive, Redwood Room.

Respectfully Submitted,
Teresa Garibay
Confidential Assistant III